


PEPNet iTransition It's all about me!





It's My Plan!  
Be the One!  
It's My Life!  
My Online Portfolio!

# iTransition

It's all about me!

A free, online transition curriculum available at [www.pepnet.org](http://www.pepnet.org)

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- ❖ PEPNet-Midwest
- ❖ PEPNet-Northeast
- ❖ PEPNet-South
- ❖ PEPNet-West

*The Regional Centers are supported by contracts with the U.S. Department of Education, Office of Special Education and Rehabilitative Services, Office of Special Education Programs.*

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PEPNet's mission is to improve transition services and educational access for students who are deaf or hard of hearing including those with co-occurring disabilities, thus enhancing educational opportunities.



Advancing educational opportunities for people who are deaf or hard of hearing

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**Project Mission**  
*To improve postsecondary retention rates across the nation for learners who are deaf or hard of hearing by implementing an online transition curriculum, iTransition, for use by staff and students at secondary and postsecondary schools.*

**Outcomes**

- Increased knowledge of postsecondary options and processes.
- Improved planning and confidence about attending a postsecondary school.

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**Concerns About Transition:**




- Career planning
- Postsecondary options
- Academic skills
- Life management skills
- Access and accommodations
- Self-assessment
- Self-determination
- Rights and responsibilities

**"Academic competence is critical, but not sufficient for successful transitioning to adulthood."**


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**Why Online Training?**




- ✓ Large numbers of institutions
- ✓ Large populations
- ✓ Geographically dispersed
- ✓ Cost Effective
- ✓ Online data collection
- ✓ Convenient for users

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*iTransition* supports students' transition planning, from middle school through the first years of college.



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The *iTransition* curriculum has four trainings that can be completed in any order.




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iTransition Trainings :

- Career Interests and Education Choices: **It's My Plan!**
- First Year College Success: **Be the One!**
- Essential Skills for College Living: **It's My Life!**
- eFolio: My Online Portfolio!



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The *iTransition* trainings are located on the PEPNet website.

**www.pepnet.org**

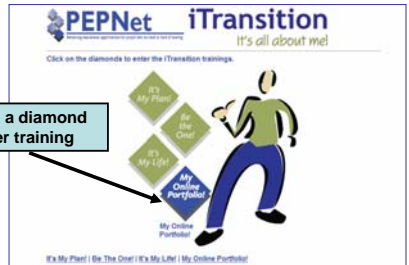
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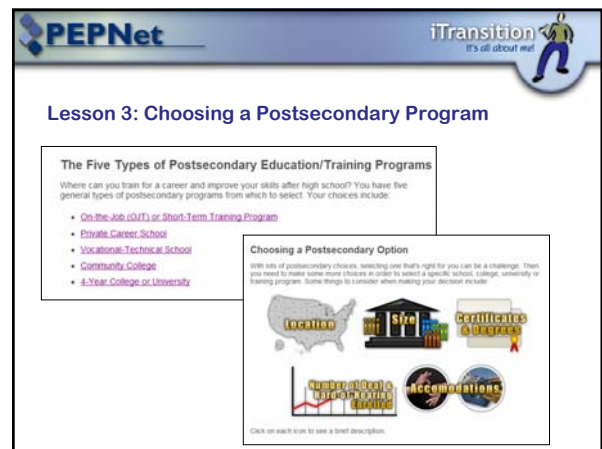
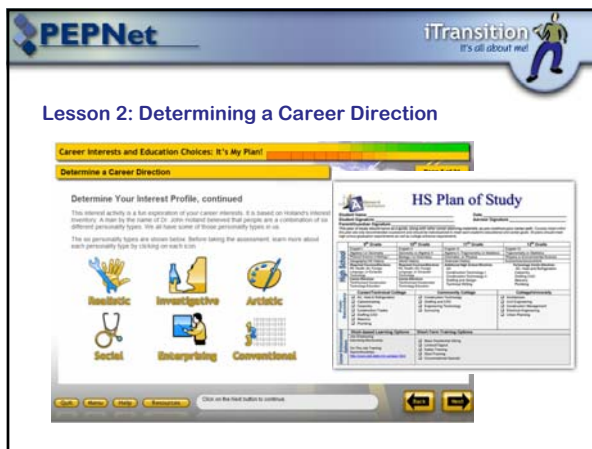
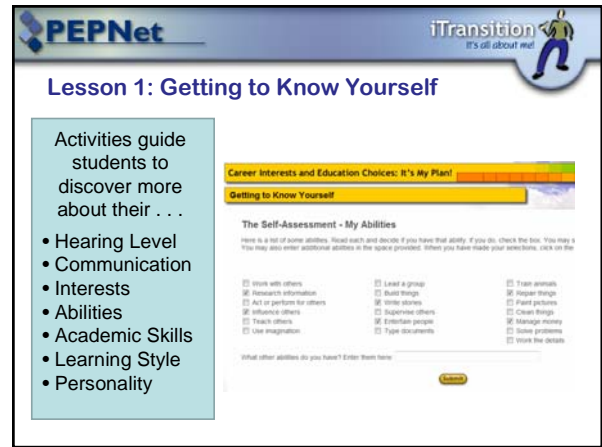
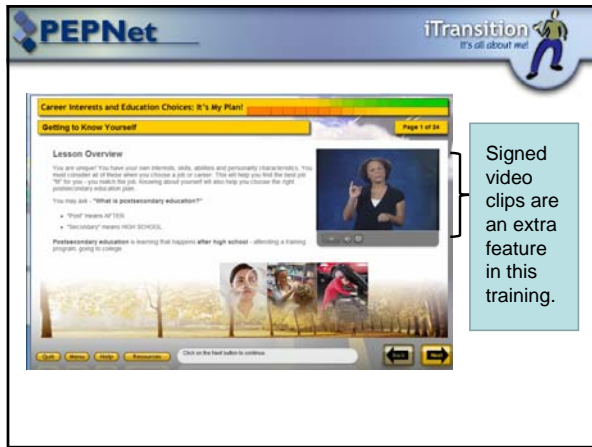
Students can sign into the *iTransition* training at [www.pepnet.org/itransition](http://www.pepnet.org/itransition) .



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Web Entry Page for *iTransition*:





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### Lesson 4: Planning & Applying to Your Postsecondary Option

**Career Interests and Education Choices: It's My Plan!**

**Planning & Applying to Your Postsecondary Option**

**Planning Steps: In High School - Introduction**

Getting ready for your future means doing something EACH YEAR of high school. Click on each grade level to see the list of steps that you should complete.

Let's take a more detailed look at what you should do at each step. We'll begin with taking the right classes.

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**Career Interests and Education Choices: It's My Plan!**

**Getting to Know Yourself**

**My Self-Assessment Report**

GREAT! You have completed all of the sections of the self-assessment. You can:

- Print your report
- Save your report
- Email your report and/or
- Copy your report to your e-Blog account

To view your report, click on the report icon.

At the end of each lesson, students will receive a report based on their answers to the lesson activities.

Report →

**My Interest Profile & Plan of Study**

User ID: 90000  
Today's Date: Sunday, March 05, 2006

**Part 1: Things That I Like To Do**

Here are the things that I selected as things that I like to do:

Work independently	Be creative
Work in teams	Help people
Organize things like files, offices, activities	Take things through before making decisions
Get paid for my work	Have discussions about issues like politics or current events
Help other individuals to follow	Keep records of my work
Influence or persuade people	Do a leader
Teach or train people	Do creative writing

There are some other things that I like to do:

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It's My Plan!

Be the One!

It's My Life!

My College Portfolio!

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**Welcome to the four-day freshman orientation at State College!**

Experiencing the first week on this fictional campus, students learn about differences between K-12 and higher education, typical services and departments on campus, and tips for life as a freshman.

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**Overview**

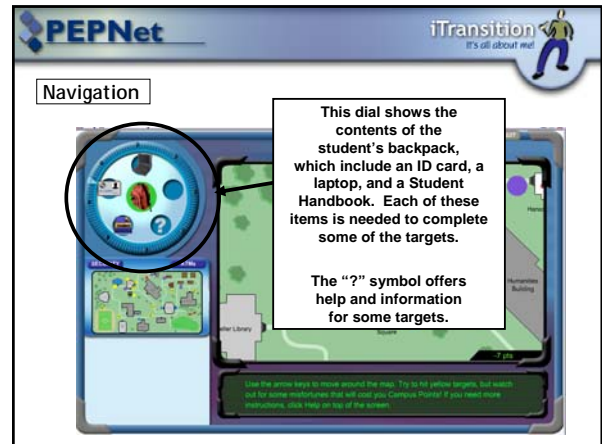
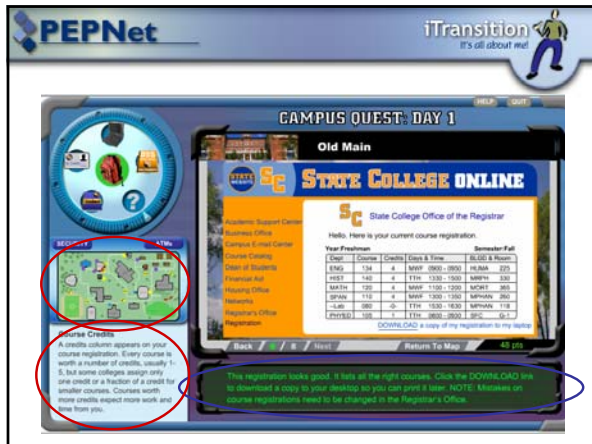
This is the map of the fictional "State College" campus.

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**Navigation**


Yellow targets need to be completed.

Purple or blue targets have been completed.




**Some of the orientation activities:**

- Open a school e-mail account
- Obtain a school ID and class schedule
- Use a student ID card and the ATM machines
- Learn about Disability Services
- Request accommodations
- Take a quiz on the laws covering disability accommodations
- Meet with academic advisors
- Learn to use a syllabus.



Tatiana	Hard of hearing, uses FM system	Attends a state college, majoring in business	Single, lives off campus with roommates
Josh	Culturally Deaf, works with interpreters	Attends a 2-year college, to be a veterinary technician	Married, lives off campus with his wife and children
Chris	Deaf, uses speech-to-text services, like CART or C-Print	Attends a 4-year university, major undeclared	Single, lives on campus in a dorm




Three fictional students named Tatiana, Josh, and Chris provide examples of how college students approach similar tasks or problems in different ways.

**What's in the "Goal Setting" lesson?**

- ❖ Think about current and future goals
- ❖ Learn how to set reasonable, achievable goals
- ❖ Identify campus resources to achieve goals

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What's in the "Time Management" lesson?




- ❖ Why time management is important
- ❖ Techniques, equipment, and campus resources to improve time management
- ❖ Differences between high school and college scheduling

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Time Management

Students consider all of the things affecting their schedules: academic, personal, and extracurricular.



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What's in the "Study Skills" Lesson?

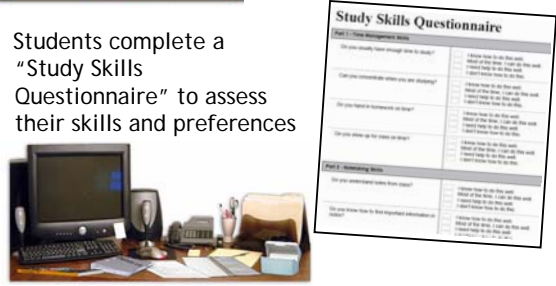


- ❖ Differences between high school and college academics
- ❖ How to read a course syllabus
- ❖ Study tips

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Study Skills

Students complete a "Study Skills Questionnaire" to assess their skills and preferences



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What's in "Working with Disability Services" lesson?



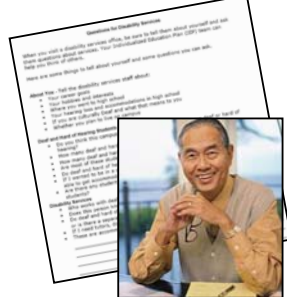
- ❖ Differences between high school special education and college disability services
- ❖ Differences among college DS offices
- ❖ Resources and services available at DS
- ❖ Preparing for the first visit to DS

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Working with Disability Services

Students tour a fictional DS office and prepare a list of questions to ask DS staff.

They also see a sample DS intake form, so they know what DS staff may ask them about accommodations, their disability, and more.



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**eFolio: My Online Portfolio!**

- It's My Plan!
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**My Transition Planning Process**

Welcome To Your Transition eFolio. Please see the links on the left side of the page for more information.

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**PEPNet eFolio Contents:**

- Future Goals
- Support Staff
- Transition Areas
- Self Knowledge for Career Direction
- Postsecondary Planning
- Accommodations
- College Living Skills
- College Resources
- Resume Information

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This is an example of an eFolio.

Sites can contain a wide variety of designs and information.

**Nicky Thompson**  
Making the transition to the rest of my life.

- Community Participation**  
I want to be independently in my community.
- Recreation/Leisure Goal**  
I want to continue to involve with friends and go out with friends. I would like to travel more around the United States and perhaps other countries some day!
- Independent Living Goal**  
When I am ready to move out, I want to live in an apartment on my own. I want to be able to cook, clean, pay my own bills, and much more!
- Postsecondary Education Goal**  
Advance Education

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**Viewing Your Site**

- To view your site:  
<http://yourname.epepnet.org>
- To work on your site type:  
<http://yourname.epepnet.org/admin>

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Entering content is a breeze.

The easy-to-use text box is consistent throughout.

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**My Transition Portfolio**

**Independent Living Skills**

My "to do" list of skills I need to learn before graduation:

- Balance my checkbook
- Learn to use an ATM/Debit card
- Learn to bank online
- Knows how to find affordable housing
- Keep a budget of important items
- Pay bills on time
- Insurance
- Taxes
- Start a filing system for important paperwork
- Keeps a personal calendar
- Keeps a daily to-do list
- Knows how to schedule health care appointments
- First aid training
- House cleaning skills (weekly/daily)
- Cooks simple meals
- Grocery shopping
- Laundry skills

Here is an example of content that can be added to an eFolio.

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Uploading photos, audio, video and documents is easy with eFolio!

Linking to other websites is also an option.

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**Nicky Thompson**  
Making the transition to the rest of my life

Home  
Click Here First-HELP!  
Future Goals  
Support Staff  
Transition Areas  
Postsecondary Education and Training  
Community Participation  
Recreation and Leisure  
Home/Independent Living  
Work Experience  
Self Knowledge for Career Direction  
Postsecondary Planning  
Accommodations  
College Living Skills

**Transition Areas**

Transition: Putting the Pieces Together  
Click on the left to access my transition pieces!

Project C3 - Connecting Youth to Communities and Careers  
Youthhood - Transition Resource for students and teachers

Pictures and Web links added

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Access to eFolio content and editing rights is controlled through a username and password login system.

Enter your username  
Enter your password  
Login  
Click [here](#) if you forgot your password.

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**Students can use eFolio to record progress and learning from other iTransition trainings.**

Examples:

- Career exploration results from *It's My Plan!*
- Accommodations information from *Be the One!*
- Study skills self-assessment from *It's My Life!*

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**Support Materials**

- ❖ **Teacher Guides** for each training with lesson extensions and additional teaching information
- ❖ **PowerPoint presentations** of each of the four trainings to be used for personnel preparation activities
- ❖ **Knowledge Base:** FAQ and online technical support

These materials and resources are available online at [www.pepnet.org](http://www.pepnet.org)

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**iTransition: It's all about me!**

- Career Interests and Education Choices: **It's My Plan!**
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