

REPORTER

02|05|10 | reportermag.com



BODY IMAGE ISSUE



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How'd they print that? This week's Reporter cover was printed on a new Kodak NexPress S3000 Color Press installed in RIT's Printing Applications Laboratory by Eastman Kodak Company. Dimensional printing is possible due to a new dry ink that creates a clear raised layer on top of a page to enhance graphics, text or a full color image.

EDITOR'S NOTE

FAT KIDS

People are usually surprised when I tell them that I was a “fat kid” growing up. They step back, look me over and tell me I’m lying. Then I pull out my passport with the photo of when I was 16 and weighing in at 240 pounds. Jaws drop.

When you’re growing up overweight, you spend a lot of time imagining what life would be like if you were skinny. You could get the girl. You could run a mile. You could stop getting made fun of on the school bus. Life would be great.

Well, by the time I was starting my senior year of high school, I had dropped 70 pounds. Strangely, I didn’t feel any different. People would come up to me and ask, “Do you have more energy now?” I didn’t. “Did you go on a diet?” Nope. “Are you sick?” I don’t think so. The only thing that changed was my pants size – or so I thought.

You see, when you grow up being treated one way because of your body type and then are suddenly *not* that body type, you have to start to redefine yourself. All of the lessons that you learned from being “the fat kid” are completely useless.

What I didn’t realize was how much of my life had been defined by the way other people saw me. It’s kind of sick, if you think about it. That first year post-“fat kid,” was rough. I spent most of it trying to get used to this new husk of a body that I lived in. People didn’t know how to treat me and I didn’t know how to treat them. It was awkward. I changed my group of friends. I wore different clothes.

I was even stopped at passport control in Moscow because I looked nothing like my passport photo. Try explaining via hand gestures that you lost weight. I dare you.

But it wasn’t all bad. There were all sorts of new and interesting things about this new person. I felt my abs for the first time. I took girls to dark parking lots. I did my first pull-up (seriously, you have no idea what it feels like to do your first pull-up).

It was game changing, but the scars of a childhood spent being asked how many donuts you ate that day never really fade. I still look in the mirror and stare at my slowly growing beer gut (you can blame this job for that), praying to God I’m not headed back down that road.

When you’re looking through this magazine, keep in mind just how much a person’s body image defines who they are. Take it from a fat kid.


Andy Rees

EDITOR IN CHIEF



“He says he’s a professional arm wrestler, but I’m not sure.”

CARTOON by Jamie Douglas and Andy Rees

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BODY IMAGE

Good Breeder, Good Leader
Do good looks get you elected?

Oh, How Beauty Has Changed
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Plus sized models hit the runway.

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Plus sized models hit the runway.

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A look at magazine retouching.

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Visual Hiring Practices
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Members of the Reporter Magazine Editorial Board. (Front row, left to right) Thomas Sciotto, Madeleine Villavicencio, Emily Bogle, Emily Mohlman. (Second row) John Howard, Michael Conti, Alex Rogala. (Third row) Sam McCord, Jay Alapati, Andy Rees, Steve Pfost. | photograph by Jake Hamm

Cover photograph by Shane Lavancher

GOOD BREEDER, GOOD LEADER

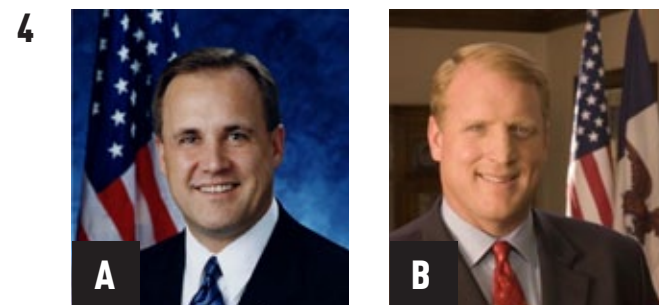
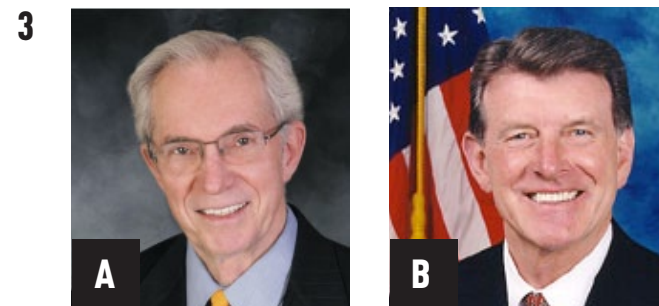
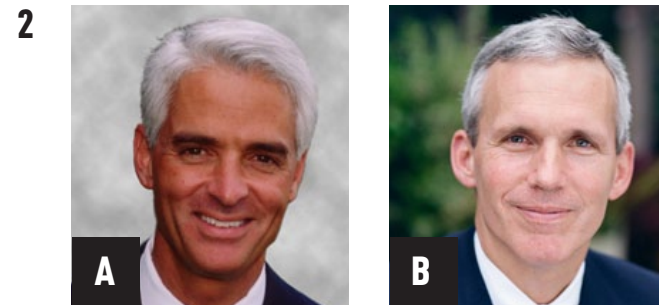
by John Howard

If one day you're feeling down, here's a possible solution. Gaze over the nose and into the squinted set eyes scowling out of a profile picture of President Zachary Taylor (ladies, substitute his wife). Both of their faces are stuck in a permanent fit of anger.

We've had some ugly presidents in the U.S., and technology has created the unfortunate ability to look back at them. John Tyler's face is boney; Martin Van Buren is a baldheaded Maltese; Andrew Jackson could double for Christopher Walken in "Sleepy Hollow"; and James Buchanan's attempted faux hawk hopefully represents an artist's mistake with the brush rather than a fashion choice.

Broadcast television changed all that. Our country's politicians have become increasingly more attractive over the years, after television appearances became popular. A recent study in the psychology department of Princeton University suggests it's no coincidence that one of our most charming Commanders in Chief (and not a bad-looking first lady, we might add) sits in office at a time when 1080i seems to be household vernacular. The study, led by psychologist Alexander Todorov, revealed that subjects only needed 100 milliseconds (one tenth of a second) to form an opinion about the competence of an unfamiliar candidate for a governor's position in 2006. And, if that isn't scary enough, nearly 70 percent of the time, that opinion was a correct prediction of the winner for that election.

Now, it's your turn. Which politician seems more competent? Take a look at each candidate campaigning for a gubernatorial position during the same year and compare your answers to the election results.

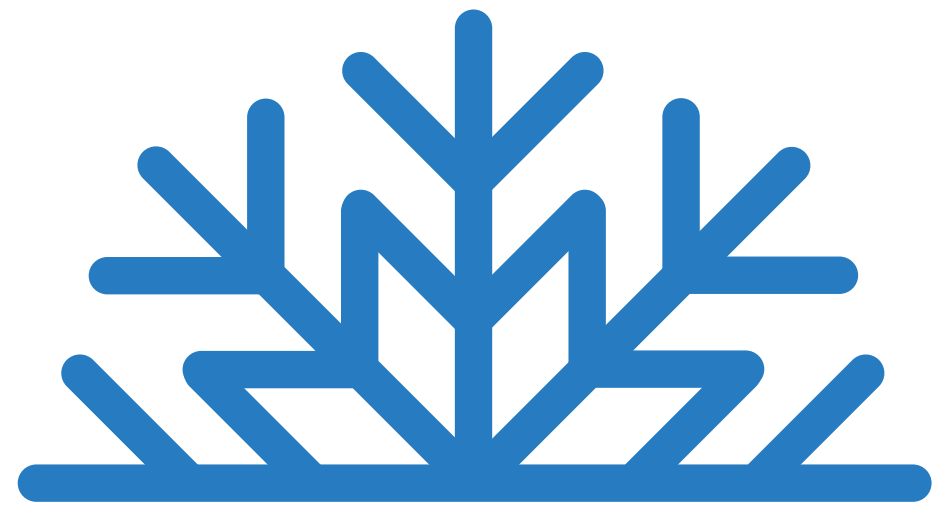


ANSWERS:

- 1) **A, Bill Ritter**, beats B, Bob Beauprez, for Colorado.
- 2) **A, Charlie Crist**, beats B, Jim Davis, for Florida.
- 3) A, Jerry Brady, loses to **B, C.L. Butch Otter**, for Idaho.
- 4) A, Jim Nussle, loses to **B, Chet Culver**, for Iowa.
- 5) A, Jim Bryson, loses to **B, Phil Bredesen**, for Tennessee.
- 6) **A, Brad Henry**, beats B, Ernest Istook, for Oklahoma.
- 7) A, Robert Ehrlich, loses to **B, Martin O'Malley**, for Maryland.
- 8) **A, Dave Heineman**, beats B, David Hahn, for Nebraska.
- 9) **A, Mike Beebe**, beats B, Asa Hutchinson, for Arkansas.
- 10) A, Ken Blackwell **B, Ted Strickland**, for Ohio.

While you're considering your answers, consider the fact that 17 of the 44 U.S. presidents were governors before they took office. How much does appearance really play into determining who runs our country anyways?

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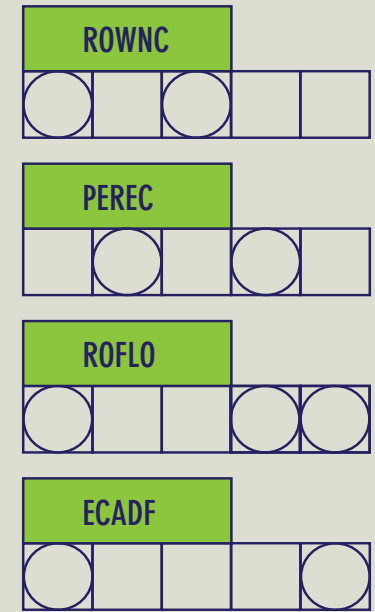
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REPORTER



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OH, HOW BEAUTY HAS CHANGED

Marilyn vs. Lindsay in a no holds-barred looks cage match

SEX SYMBOLS OF THE PAST AND PRESENT

by John Howard | illustrations by Lee Anne Fitzgerald

HAIR:

Natural brunette. Dyed her hair blonde just after her first studio contract with Twentieth Century Fox (she earned \$125 a week) - August 1946.

HEIGHT: 5 FEET, 5 1/2 INCHES

BEST SIDE: RIGHT

EYES: BLUE

FAMILY ROUTES:

First national magazine cover in Family Circle magazine - April 1946

FACIAL TRADEMARK: MOLE

Initially asked to cover up in early career.

BODY:

Awarded Number One Sex Star of the century by Playboy - 1999

Awarded Sexiest Woman of the Century by People Magazine - 1999

Sweetheart of the month by Playboy Magazine

BRA: 36D

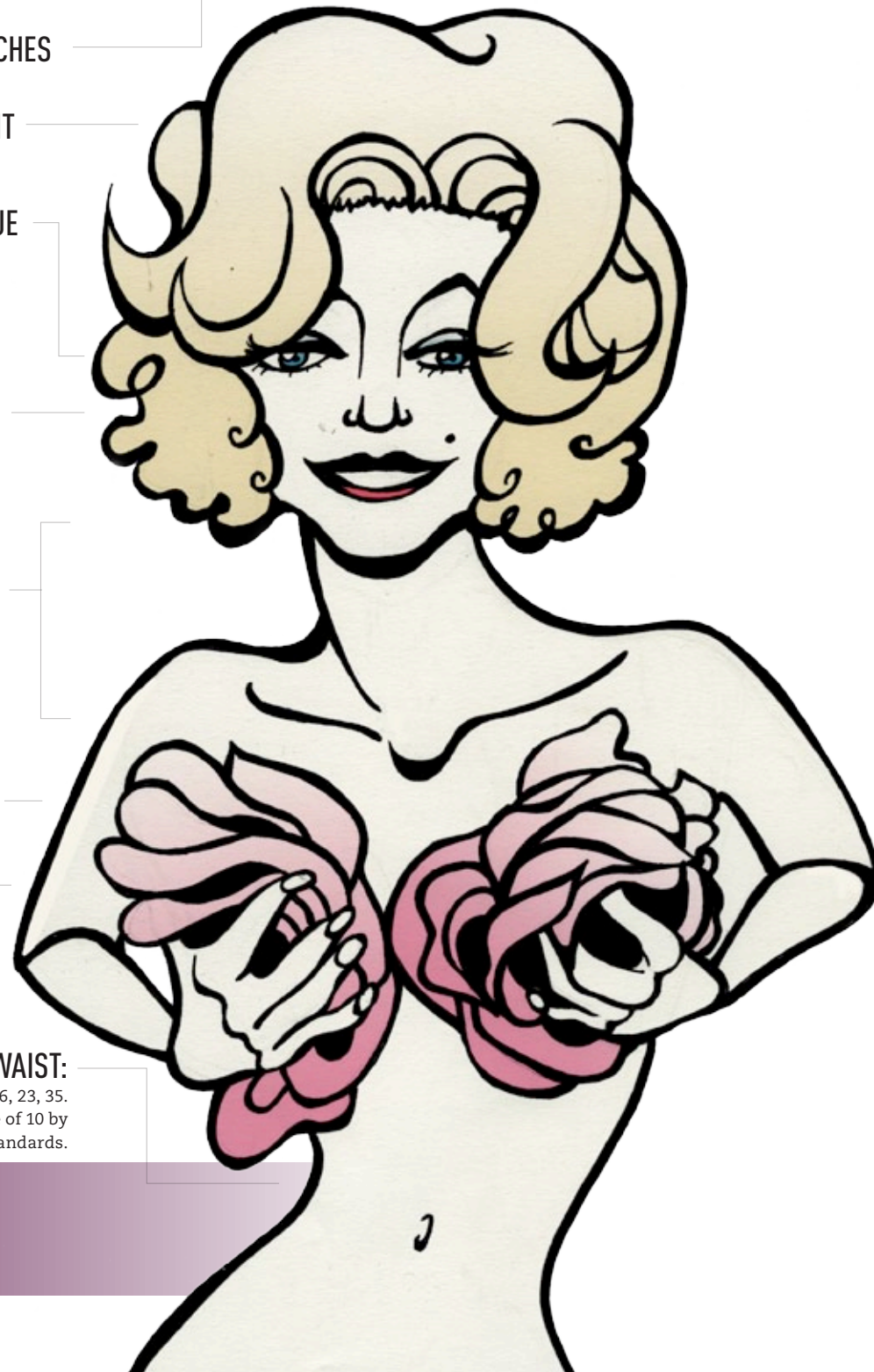
BMI: 21

WEIGHT: 115 - 120 LBS.

Heaviest point, 140 pounds.

WAIST:

Measurements: 36, 23, 35. She would have a dress size of 10 by today's standards.



HAIR:

A natural redhead; went blonde for the role of Lola Johnson in "A Prairie Home Companion." Has since had black, brown, blonde and red hair.

HEIGHT: 5 FEET, 5 INCHES

FACIAL TRADEMARK: FRECKLES

FAMILY ROUTES:

1980s Jello Pudding commercial with Bill Cosby.

FIRST FEATURE:

"Parent Trap" (1998), a remake of Disney's 1961 classic.

BODY:

Named #1 on Maxim magazine's Hot 100 of 2007 list.

Named #4 in 2006 in FHM Magazine for "100 Sexiest Women in the World" - 2006.

One of People Magazine's "50 Most Beautiful People" - 2004.

BRA: 36D

BMI: 16-18

WEIGHT: 95-115 POUNDS

DRESS SIZE: 0-2



MARILYN
INITIALS: MM

LINDSAY
INITIALS: LL

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A "BIG" TREND ON THE LOOM?

WITH A SIZE FOUR WAIST, Dutch model Lara Stone, is hardly what the American public would consider fat, or even plus-sized for that matter. Against a standard made by the fashion industry in print and runway venues, however, Stone stands out as bigger than the usual size 0 silhouettes of her colleagues.

Despite this fact, the supermodel was featured on the cover of both W Magazine as "Fashion's It Girl" and British Vogue as "The Girl of the Year," among other front-page appearances. She has walked numerous runways and has been at the peak of her career for the last three years, as noted by fashion and fantasy authority, Vogue magazine.

Her success has hardly been a smooth transition, taking her from runway to rehab for a spot of alcoholism no doubt related to the stress of not being able to — pardon the distastefully appropriate pun — fit in. Rehab's a thing in the past for Stone and her iconic lies resilience is nothing short of inspiring for young girls struggling with body image.

But Stone would not be wholly representing the plus-size model. At least, not with her waist.

Real plus-size stands in the double digits, the likes, lengths and widths of women like Beth Ditto, Velvet D'Amour or Johanna Dray, to name only a few.

Are they names you recognize and see often? No. Not like Kate Moss or Naomi Campbell. They're more scarce and arguably more precious, ready to defy what beauty has become since the "thin is in" mentality took over media in the late 20th century.

Such a spirit lives in Miami-born Crystal Renn, model and author of awing memoir "Hungry," which exposes her struggle with weight and body image. As the femme-finale from Jean-Paul Gaultier's 2006 spring prêt-a-porter show, Renn is more relatable and inspiring with her size 12 waist and Cover of Russian Harper's Bazaar on her resume.

Plus size women are at the forefront of a movement that, at its very bare bones, can be traced back to 1980's and is showcased in V Magazine's controversial "Size Issue." Sprawled across this



February 2010 release are V's "heroes" for this trend, including socialite Dianne Brill and all natural body builder Lisa Lyons, who Robert Mappthlethorpe, a photographer known for his use of models, couldn't get enough of.

These curvy beauties aren't snatching the stage, rather they are sharing a parallel and contradicting development in the ever-changing standard of beauty. The industries considering plus-size are so far into thin that any change feels like a revert to the nostalgic beauty of the early 20s or the elegant curves in the paintings of Francisco de la Goya or the films starring all-American beauty Lillian Russell. Thin is still in, but so is everything else. As was noted in the foreword for V Magazine's Size issue, "Every-

body is beautiful." That's the incoming message.

As cynical as it sounds, what we're likely to see now is an arms race for shock and novelty. Who can upstage the next person in redefining beauty? Who can find the biggest beauty? Who can dish out the best "size issue" and sell more copies with it?

But on a hopeful side, maybe this isn't what is ahead. What we may see, is the message John Galliano wanted to drive home in his Spring 2006 runway show; a message better said by Sarah Mower in her review of the event: "Everybody's beautiful; live and let live; respect one another — that sort of thing." **B**

by Sam Angarita



TV SHOW | REALITY TV | MTV
JERSEY SHORE



JUST WHEN it seemed as though the nearly endless well of reality TV shows might finally be drying up, MTV busts out “Jersey Shore.” The surprise hit show, based on a similar premise as “The Real World,” introduces a cast ensemble of four “Guidos” and four “Guidettes” living the life in a beach house in Seaside Heights, New Jersey. Yet these eight characters, massive egos in tow, are not pushed towards a goal at the end of the boardwalk — there is no plot, no real purpose. MTV merely surrounds them with cameras and lets the fun begin. Sound like quality entertainment? It absolutely is.

It’s a reality TV show that you will either love or hate. I found myself addicted after only one episode and couldn’t pinpoint why, asking myself, “Are these people serious?” Between the

stupidity that the cast frequently exhibits, ridiculous nicknames like “The Situation,” and the slutty girls with fake boobs and hair extensions, you too will eventually become drawn into the drama, wanting to know what will happen next. The viewer finds himself enthralled in the life styles of these stereotypical guidos, from the mounds of hair gel to the fake tans and blow-outs. We follow the cast through nine episodes of drinking, hooking up, girl creepin’, fist pumping, and some pretty exciting knockouts, which for some odd reason leaves the viewer begging for more.

Can you beat watching Snookie getting punched in the head by a Queens school teacher? Nope. Ronnie laying an instigator out cold on the boardwalk or Sammie almost losing her

relationship because of Ronnie making fun of her “Fred-Flintstone Toe?” Not likely. Such scenarios are commonplace, more examples include the obnoxious “Situation” becoming the most hated on person in the house, Pauly D’s Israelite “Stage-5 Clinger,” Vinny hooking up with his boss’ gal, and Jwoww back-fisting “The Situation.” It’s TV crack in its purest form, drawing you in because of — not in spite of — the massive character flaws which plague each character.

If you missed a few episodes or haven’t yet started, MTV luckily has all nine available online. So the next time you’re sitting at home with a need for some serious entertainment, kick back with the Jersey Shore crew. As Vinny said it, “Guys with the blow-outs and the fake tans, and guys that wear lip-gloss and makeup, those aren’t guidos, those are retards.”

BY STEVE PFOST

RESTAURANT | FRENCH
THE NAUGHTY KITCHEN WITH CHEF BLYTHE BECK



IT’S NO WONDER that no one has heard about this reality show featuring Blythe Beck, an up-and-coming Executive Chef, as she attempts to prove her skill and worth in the five-star restaurant circuit. Set at the Hotel Palomar in Dallas, Texas, “The Naughty Kitchen” details Beck and her cohorts as they manage the hotel restaurant, providing her a stage to showcase her untraditional techniques.

According to Chef Beck, naughty means “butter, cream, cheese and porkfat.” She earned her “naughty kitchen” reputation by serving normal foods such as deviled eggs and sloppy joes with a gourmet flare. The food looks amazing and would make any viewer’s mouth water as they

begin to envy the people eating on the show. The concept of “Naughty” food is brought up quite often in every episode; even the word doesn’t even make sense. Oxygen captures the chaos, drama and door whores (hosts and hostesses), all perfect ingredients for a great reality show. It’s obvious that majority of the staff gets along just fine; one scene shows most of the wait staff and managers playing drinking games at an apartment after work. However, the show fails to capture your attention once the food is out of the picture. The show tried to run with the “Will and Grace” relationship of two hostesses, but it

didn’t last when “Grace” was skipping work and lying about her family past. She was eventually fired for her behavior. “Will” was heartbroken, but knew that his BFF just couldn’t do her job.

Yet, “Naughty Kitchen’s” greatest flaw is ultimately a lack of focus, commonly ignoring its namesake during the episodes to focus on the “small people.” In the brief parts that Chef Beck featured, she was confident with her cooking, as well as her body. She cooks what tastes good no matter the calories, something a majority of her patrons could testify to. Even though her self-image and self-love was the underlying point of the show, it was often missed or left out completely.

If you want to see the show for yourself, “The Naughty Kitchen with Chef Blythe Beck” is on Tuesday nights at 10 p.m.

BY LAURA MANDANAS

Beauty in Different Cultures

by Madeleine Villavicencio | photographs by Joi Ong

Now, you may not speak Spanish, Japanese, or French, but every culture celebrates beauty. That’s one thing that simply cannot get lost in translation. However, beauty is in the eye of the beholder, and depending on what motherland you’ve dug your heels into, the defining factors for attractiveness may be different. For example, in many countries (including Mexico, India and the Philippines) where natives have a naturally darker complexion, skin whitening products litter convenience store shelves; while in countries where natives have a naturally fair complexion have tanners and bronzers all over their supermarket’s beauty aisle. So before you go singing, “Hey little chica from Guadeloupe, that thing you got behind you is amazing,” you may want to double check whether you live up to her and her culture’s standards.

BURMA AND THAILAND

The women of the Kayan tribes of Burma and Thailand believe that their attractiveness is related to the perceived length of their necks. Because of this, they wear metal rings around their necks. The process begins at the tender age of five and continues throughout the woman’s life, adding more rings through time. These rings pushes down the woman’s collar bones, compressing her ribs and giving off the illusion of a longer neck. Although one theory states that the Kayan tribe began this practice to make their women unattractive to other tribesmen, the woman who have worn the rings for a long time prefer to because they hide the bruises and scars on their necks or they have become an extension of their image.





JAPAN

In the land of the rising sun, women hold their skin and complexion to the highest regard. It is very important for them to have smooth and soft skin without any marks. In order to keep their skin healthy, Japanese women often ingest collagen-infused food and drinks – while Americans choose to use collagen injections.

Collagen is a naturally occurring protein that can be found exclusively in animals. It is responsible for the strength and elasticity of one's skin, and its degradation causes the formation of wrinkles. The protein is most commonly used in gelatin; however, that doesn't mean that Japanese women are on an all-jiggle-no-wiggle diet - those dessert cups will do you no good. Instead, they purchase special meats with extra collagen and mix collagen powder in their beverages.

CHINA

Although it has long since been outlawed, the effects of foot binding can still be seen today. Centuries ago, bound feet was a sign of wealth and became a deciding factor in whether a Chinese woman would find a husband. Therefore, mothers started binding their daughters' feet at the young age of three in order to achieve the idealized three-inch "lotus foot." Despite its banning when the British came in 1912 and its detrimental effects such as lower bone density and hip and spine problems, women continued to bend to the wealthy Chinese men's foot fetish. Today, one may wonder about the appeal of concave-shaped feet, but maybe the Qing dynasty's collection of pornography books listing 48 ways to play with women's bound feet might help paint the picture.



NEW ZEALAND

While some may agree that tattoos can be attractive and add a uniqueness to a person's image, the Maori people of New Zealand take this to a new level. Both the men and women Maori people have *t-moko*, a permanent body and face marking, because, depending on its location, it indicates social status. While men wear their moko on their faces, buttocks and thighs, women are only allowed to wear moko on their lips and chin. **R**

body issue

BY ANDY REES AND MADELEINE VILLAVICENCIO PHOTOGRAPHS BY SHANE LAVANCHER

When you get right down to it, beneath all the layers of clothes, we might just be lumps of meat, fat, bones and sinew wrapped up in skin; but in some ways, we're more than that. Our bodies aren't just things to walk around in, they are our essence, the thing that we present to the world that says, "This is me." At some point in our lives, we have hated that body, we have glared at ourselves in the mirror and poked and pinched the things we didn't like about it. Once in a while, we might even go to the doctor and say, "Doc, cut me up, I want to be beautiful."

Over the next several pages, you'll find RIT students posing in swimsuits. These brave volunteers took it upon themselves to get in front of a camera in the depths of winter and be honest about their bodies. Flip through, read what they have to say, and be kind.

"I'd probably change like 5,012 different things. My boobs are tiny. My butt is too big. Maybe I could just reverse it, but that might not work out so well."

- Heather Corteau, Third Year New Media Interactive Development





"I play for RIT Ultimate ... My weight goes up and down with the seasons, it fluctuates."

- Clem Pin, Fourth Year Mechanical Engineering



"[When I look in the mirror], for the most part, I like what I see. I mean, I like how tall I am, but I can't stand my stomach."

- Elena Small, Fourth Year International Studies



"A good body image is obviously going to be different for everybody; but as long as someone is happy or content with how they look, then it's fine ... As for my body, I like the way I look. I wouldn't mind a little more muscle though, and I work on that when I can."

- Niles LaCoss, Fourth Year Information Technology



"I just want to create a resilient strong body. Because when I was younger I had really bad asthma, and that kind of limited me from doing any physical activities."

- Ko Kawazoe, Third Year New Media Design and Imaging

"I think everybody, in some way, has some sort of reservations about what they think about their own body. In that light, it sort of makes it easier for me to get along with my body."

- Kyle O'Neill, Fourth Year New Media Marketing Major



"I feel proud of my body and I don't care that, you know, I have a few pounds on me ... You don't need to be thin or fit to look good ... I could lose a couple pounds or whatever, but at the same time, it's not as high of an importance for me."

- Victor Santiago, Second Year Graphic Design



"I'm a vegetarian and I try to eat really healthy foods ... I dance ... I do yoga, too. I'm going to be a yoga instructor someday."

- Kaelyn Rogers, Third Year New Media Publishing



HISTORY OF SWIMWEAR

BY EMILY BOGLE | ILLUSTRATIONS BY JOANNA EBERTS

THE EVOLUTION of the swimsuit was first depicted in ancient murals in Pompeii wherein women wore two-piece coverings, not much different from the modern bikini.

The next popular style was a bathing gown for women. Typically, they were long, heavy gowns that had weights sewn in so that they would not rise immodestly while in the water.

During the 19th century, when visiting beaches became popular with the upper and middle classes, a two piece suit comprised of a gown that would cover the shoulders to the knees and trousers of ankle length. Suits were typically black during the late 1800s.

Annette Kellerman, an Australian swimmer in the early 1900s was arrested on Boston beach for wearing a one piece bathing suit. It was skin tight, stopped above her knees, and revealed her arms. The suit helped her swim more comfortably than the previous suits. Due to the publicity surrounding the case, the one piece rose in popularity.

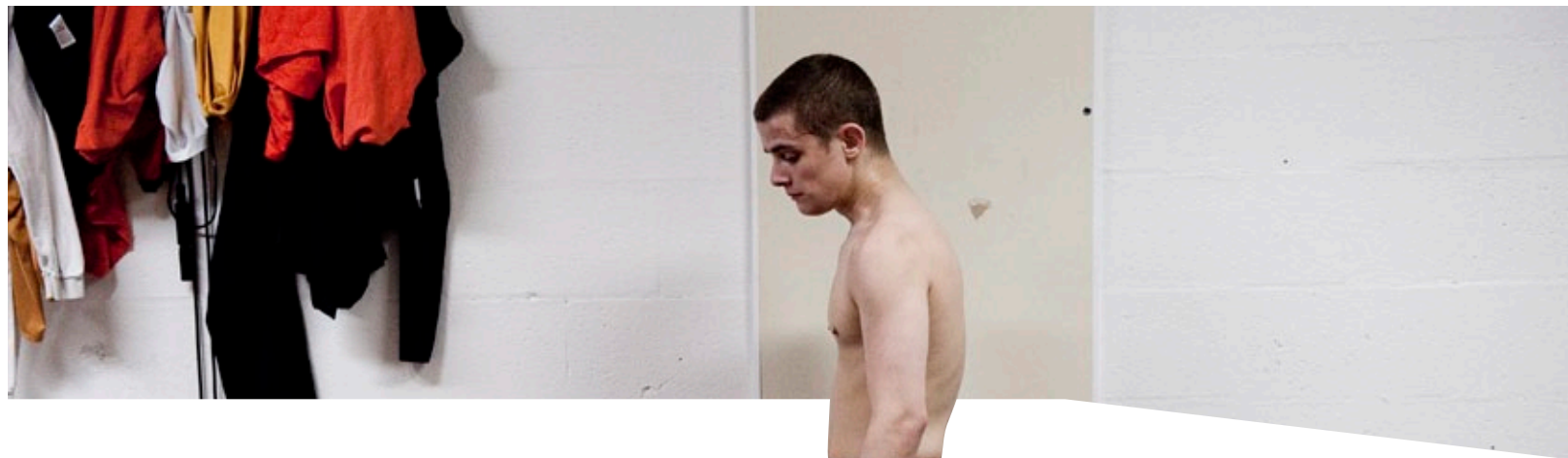
Two piece bathing suits were introduced in the 1940s and consisted of a structured halter top and a longer bottom piece that covered the belly button, hips and butt. Belly buttons were considered controversial and were not allowed to be shown in movies during this time.

In 1946, the bikini was developed by two different French designers. The suit was named after Bikini Atoll, a nuclear testing site in the Marshall Islands. It wasn't until the 1950s that the bikini was popularized by French actress Brigitte Bardot.

The thong or "tanga" suit was created in Brazil during the 1980s and was supposed to reflect traditional garments for natives in the Amazon.

Currently, there are a variety of suits available for any body type or style. Cut outs have been especially popular within the last few years. **R**

	VICTORIAN	20'S-40'S	70'S-90'S	NOW



125 POUNDS AND CUTTING IT

Story and photographs by Michael Conti



Kyle Travers of RIT's Wrestling team checks his weight after practice.

WHEN YOU'VE PUSHED YOURSELF to the edge, strange things start to happen. You ache in places you didn't know you had. You're planning workouts in between workouts. Words like "weight loss," take on new meanings. But you're also more focused, more disciplined. Life is good on the edge. This is life for Kyle Travers, a 125 pound wrestler and third year Computer Science student at RIT.

Hours after class, he enters the mat room in search of another test. There he faces the one thing he's more excited to see than a ham sandwich: his opponent for practice. Shin Wakabayashi, 2nd year Illustration major, is an equally scrappy 125 pounder, with just as much to prove as any other member of the injury-riddled Tiger wrestling squad. For hours, the two square off, challenging each other with their quickness and fluidity on the mat.

When it's time for real competition, Travers says the only thing running through his head, aside from possible escape moves and opportunities for a takedown, is the singular thought: "I've been cutting weight this whole week, and I didn't come here to lose."

When it comes to disciplining both body and mind, the RIT wrestling team may have found something worthy of an hour-long infomercial on basic cable. But don't tune into the Home Shopping Network just yet. The key to this kind of fat-dripping, muscle toning workout isn't found in a new home gym or a abdomen-defining fat belt – It's hard work.

In the underbelly of the Clark Gymnasium, every practice for the RIT wrestling team is an exercise in willpower, as trained athletes furiously hone their technique. Stop by a practice and you won't hear the yelps and groans of the weight room in the Student Life Center. Instead, there is the steady pitter-pattering of feet scrambling and the satisfying *thwock!* of bodies hitting the mat.

These student athletes usually begin and end

each practice with a ritual known best to overweight, middle-aged women going through a mid-life crisis: the scale. Wrestlers will often lose three to eight pounds during a single practice, and they continue to keep track of their weight throughout the day and night. "You can lose up to one to two pounds when you sleep ... When your body rests, it breaks down fat and protein," said Travers, who seems to know the exact combination of time and punishment needed to get him to the next match.

The point? To be the strongest wrestler in the lowest possible weight class. *Weight class*, for those unfamiliar, is the method in which wrestlers are divided to make matches fair and to ensure the safest competition. NCAA wrestling has ten different classes, ranging from 125 to 285 pounds. Because one can hypothetically wrestle better against someone who has a smaller muscle mass than you, wrestlers will collectively "cut" weight, a process of working out that removes excess water from the body before a match.

This has developed into an art form, one that many competitors see as a test of mettle. Those who are practiced can lose as much as 15 pounds or more over the course of a week. Using layers of "occlusive clothing" such as sweat-clothes and rubber suits, and utilizing sauna rooms, one can work to a point of exhaustion, a perpetual concern of athletic directors and trainers across the country. This is because working like this removes the body's natural store of water that is necessary for maintaining the body's natural functions.

"Losing body water is different than losing weight," said Dr. Brooke Durland of RIT's Student Health Center. "It tends to make one feel weak." The dehydration

practices employed by wrestlers, in addition to other weight constricting activities like ballet or boxing, can deplete the body's natural store of glycogen.

Glycogen, found in the liver, is what the body uses for energy when its immediate supply of glucose is depleted in the course of a workout. Wrestlers, who often need a reserve of energy over the course of a day-long tournament, are doing their bodies a disservice when they cut unrealistic amounts of water weight.

Nick Ryan, a former wrestler and 2008 RIT School of Film and Animation Graduate, fondly recalls his wrestling experience. Weight loss, however, was the factor that almost brought his wrestling career to an early end. Wrestling at the 149 and 157 pound weight classes, he recalls putting his body through unnecessary

stress to make weight. "Your body can only take so much," said Ryan, who attributes his torn knee and Lateral Collateral Ligament (LCL) injuries to straining his body to an unhealthy degree. His solution was simple: move up two weight classes.

"I really tried to gain more weight, eating and building muscle during the summer, and it worked out," said Ryan. Stronger at the 174 pound weight class, Ryan remained healthy and started on varsity for the entirety of his fourth year.

What makes this a 24-hour discipline, compared to sports like football and basketball, is the attention that every athlete must give to what goes in and out of their body. This meticulousness, combined with a work ethic that drives some to train at any time of the day, creates a state of mind that is unique to a wrestler.

Kyle Travers, speaks of a mindset that pushes him to go past his limit in anything he does. "If you want to do wrestling, you really have to want it," said Travers. "When I was on co-op and I had to do overtime, the same mentality was there," said Travers. "I'm dedicated to whatever I do, even if it's sacrificing my body for the company."

Those who work best under a tough deadline might find that the sport simplifies their lives. Wakabayashi, a second year Illustration major says, "It keeps you out of trouble, and gives you enough pressure to get your work done ahead of time." **R**

Travers hooks teammate Shin Wakabayashi's legs as he drives upwards during a practice match.



Travers enters his final sprint during a weekend run.



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RIT RINGS
585
672
4840

1 2^A 3^D
4^G 5^J 6^M
7^{PQ} 8^T 9^{WX}
* 0 #

THE WOMEN'S CENTER IS CHANGING!!! be a part of the change!!

We are looking for students (women and men) who would like to become actively involved in the Women's Center to support a community and climate of mutual respect, understanding, and equality.

The following committees will provide opportunities for reflection through dynamic and respectful discussion, engagement by participating in the creation and promotion of Women's Center programs and services, and personal growth.

If you are interested in creating positive change in yourself, your community, and your world, consider working with us on one of the following committees:

- * **Healthy Relationships Committee**
1st meeting: Monday, February 8, 2:00 pm
Women's Center Conference Room, Campus Center' 1760.
Contact person: Darci Lane email: drlwom@rit.edu
- * **Activism and Community Service Committee**
1st meeting Wednesday, February 10, 1:00 pm
Women's Center Conference Room, Campus Center' 1760.
Contact person: Susanne Stefanski email: smswom@rit.edu
- * **Body Image Committee**
1st meeting: Friday, February 12, 11:00 am
Women's Center Conference Room, Campus Center' 1760.
Contact person: Donna Rubin email: donna.rubin@rit.edu
- * **Men's Steering Committee**
1st meeting: Friday, February 12, 3:00 pm
Women's Center Conference Room, Campus Center' 1760.
Contact person: Donna Rubin email: donna.rubin@rit.edu

WORD ON THE STREET

photographs by
Aly Artusio-Glimpse



1



3



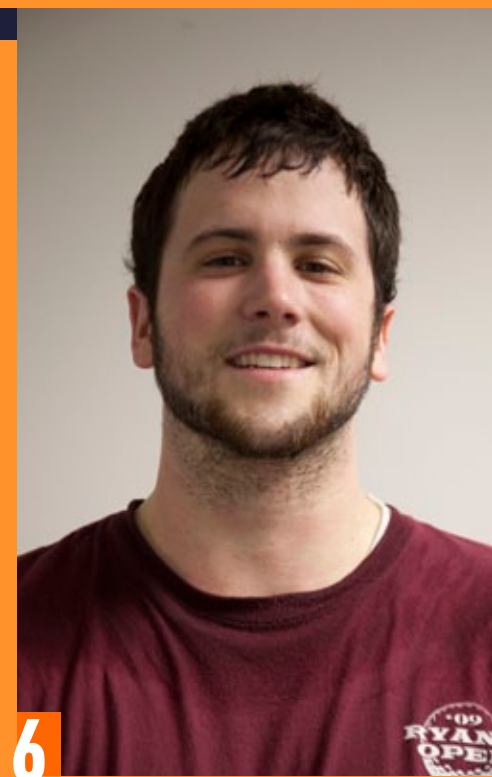
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2



4



6

1 "HAS VERY CURLY HAIR AND A LITTLE SHORTER THAN ME!"
Julie Burkett
Biomedical Sciences
Third Year

2 "VERY ATHLETIC, TALL, NOT HIGH MAINTENANCE, REALLY DOWN TO EARTH."
Patrick Lambie
Mechanical Engineering Tech
Third Year

3 "FUNNY, HARDWORKING, HONEST, LOYAL, HANDY"
Steffany Celento
Visitor

4 "BASICS: CLEAN, BITCHY IN SOME ASPECTS, NOT A PUSH-OVER, INDEPENDENT."
Travis Dean
Industrial Design
First Year

5 "SMART AND ABLE TO SEE HUMOR IN EVERYDAY LIFE SITUATIONS AND LIKES ANIMALS."
Marta Scott
Visitor

6 "ABOUT 5'3", THIN IN SHAPE WITH SOME ABS, B-CUP, GOOD TEETH."
Josh Schoonmaker
Electrical Engineering Tech
Third Year

DESCRIBE YOUR IDEAL PARTNER.



7



9



11



8



10

7 "HAS A GREAT SENSE OF HUMOR, CREATIVE, CAN MAKE FUN OF HIMSELF, AND HAS DIMPLES."
Mallory Hart
Visitor

8 "METAL HEAD GIRL, MATURE."
Franco Governale
Illustration
First Year

9 "5'10" SHORT BROWN HAIR, WEARS A RIG THAT LOOKS LIKE THIS."
Jesse Harrington
Industrial Design
Graduate Student

10 "SOMEBODY SMART, ATTRACTIVE; SOMEONE I'M ABLE TO TALK TO AND WHO CHALLENGES ME"
Amanda Harris
Fine Arts Studio
Third Year

11 "SEXY."
Rick Saxe
SAU Dock
Faculty



V DAY 2010

THE VAGINA MONOLOGUES

The Vagina Monologues
Friday Feb. 12 and Saturday Feb. 13
8:00 PM
Ingle Auditorium
 \$5.00 Students
 \$8.00 Faculty
 \$8.00 General Public

Buy your tickets at the Women's Center, Bytes on the Run, or at the door on your night of choice

CLINICAL
STUDY

WANTED: Healthy Young Men!

Researchers at the University of Rochester Medical Center are looking for healthy men to participate in a research study. They want to find out if your mother's experience during pregnancy (such as the foods she ate) and your own lifestyle affect your physical and reproductive health.

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You must be healthy, born after December 31, 1987, and able to make one office visit taking about one hour. You will also be asked to contact your mother and ask her to complete a short questionnaire. We'll send her a small gift of appreciation!

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Reporter, badass and stylish.



V DAY is a global movement to stop violence against women. Each year the RIT Women's Center hosts a performance to promote awareness for **V DAY** and support the end of violence against women.

Interpreters provided upon request subject to availability. Please go to:
<https://www.ntid.rit.edu/accessservices/index.cfm> if you need the services of a sign language interpreter.



RIT RINGS

585.672.4840

compiled by Amanda Szczepanski and Moe Sedlak | illustration by Stu Barnes
All messages subject to editing and truncation. Not all messages will be run.
REPORTER reserves the right to publish all messages in any format.

TUESDAY, 8:09 P.M.

FRIENDS DON'T LET FRIENDS DRIVE DRUNK, EVEN IF IT'S TO GET SOMETHING DELICIOUS.

from text



THURSDAY, 11:47 P.M.

SO I JUST MET SNOOKI FROM JERSEY SHORE AND, NO LIE, THE FIRST WORDS OUT OF THAT [OOMPA LOOMPA]'S MOUTH WERE "DID YOU SEE ME GET PUNCHED IN THE FACE?!?" WHAT A [HAG]BAG!

from text

SATURDAY, 4:00 P.M.

Hey RINGS. I feel ridiculous because i'm walking home from rit with a stolen bottle of dinosaur BBQ sauce from some free lunch thing, and it's in my pocket.

from voicemail

SATURDAY, 11:25 P.M.

DEAR RINGS, I WAS WALKING THROUGH CAMPUS THE OTHER NIGHT, AND I STUMBLED UPON THE SECRET CAT SANCTUARY OF RIT. I WONDER IF THIS IS ON PURPOSE. IT MUST BE WOMEN ENGINEERING'S SECRET TRAINING FACILITY TO BECOME CAT LADIES.

from text

SUNDAY, 10:58 P.M.

HI RINGS, I'M ON CO-OP IN SOUTHERN KENTUCKY. DO YOU THINK HENRIETTA HOTS WOULD MAIL ME A GARBAGE PLATE? BECAUSE THAT WOULD BE AWESOME.

from voicemail

MONDAY, 11:04 P.M.

I now know what I would do for a Klondike bar, and I feel dirty.

from text

NOW TAKING
UR TXT MSG!

SATURDAY, 12:35 A.M.

IT'S 2 A.M., AND I JUST LOOKED OUTSIDE AND SAW TWO GIRLS WAVING AT US...NOPE THEY ARE PEEING... YAH, SHE JUST PULLED HER PANTS UP.

from text

WEDNESDAY, 2:08 A.M.

I'M PRETTY SURE "NO HOMO" DOES NOT APPLY TO WALRUSES.

from text

TUESDAY, 1:22 A.M.

IS IT IMMORAL TO BORROW THE RITCHIE TIGER SUIT FOR KINKY SEX? HYPOTHETICALLY SPEAKING OF COURSE.

from text

SUNDAY, 10:56 A.M.

DUDE, I DON'T KNOW HOW SNOOP DOGG DOES IT. I SMOKED SO MANY JOINTS AND BLUNTS THIS WEEK THAT MY LUNGS HURT. [WUSS]

from text



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