STANDARDIZED RECIPE CARD

RECIPE NAME: Beans - modified	RECIPE #	
NUMBER OF PORTIONS:8 (1/2 cup)_	HOTEL USE RECORD REF #S	

INGREDIENTS	AMOUNT	UNIT	PREPARATION
kidney beans, canned, drained	15.5	oz. can	
low sodium tomato sauce, canned		cups	Drain and rinse canned beans
sofrito	2	Tbl	Combine beans and all other ingredients in a sauce pan.
sazon	0.5	tsp	Bring to a simmer and cook until potato is tender, about 20 minutes.
adobo	0.5	tsp	Add more water if necessary.
potato	1	small	
cumin, ground		.25 tsp	
black pepper, ground	0.25		**recipe modification included draining and rinsing beans prior to use,
garlic cloves, minced or pressed		1 clove	use of low sodium tomato sauce, reduction of adobo and sazon
water	1.5	cups	seasonings w/ addition of cumin, black pepper, garlic & additional
			water
			-
			-
			-
			1
			1
			1