Food	Measure	kcal	СНО	Total Fat	Sat Fat	Pro	Na	Ca	Iron	Vit A	Thia	Rib	Niac
		g	g	g	g	g	mg	mg	mg	RE	mg	mg	mg
Orig Recipe	8 servings	360	62	9	4.5	8	170	203	0.5	111	0.07	0.4	0.16
Totals:													
% of theDRI	per serving	18%	21%	14%	23%	9%	7%	20%	2%	8%	6%	36%	1%
Modified Red	8 servings	250	54	0	0	9	135	202	0.58	47	0.08	0.71	0.14
Totals:	o corringe	200	0.				100		0.00	.,	0.00	0.7 1	0
% of the DRI	per serving	12.50%	18%	0%	0%	9%	6%	20%	4%	4%	7%	65%	1%
% based	on 2,000 ca	l alorie diet											
Totals													

% of the DRI						

Vit C	Zinc	Folic	Fiber
mg	mg	mcg	g
0.68	0.91	16.11	0
2%	11%	4%	0%
0.68	0.9	16	0
0.00	0.0		
2%	11%	4%	0%
270	1170	170	0 70