STANDARDIZED RECIPE CARD

RECIPE NAME:Chicken Fricassee		RECIPE #		
NUMBER OF PORTIONS	S: 4 H	HOTEL USE RECORD REF #S		
INGREDIENTS	AMOUNT UNIT	PREPARATION		
no salt added tomato sauce	12 oz. can	Put ingredients in a large skillet. Cook medium high for 15-20 minutes.		
chicken thighs	1 lb	Lower heat and cook for an additional 15 - 20 minutes. Stir occasionally.		
medium white potato	1			
garlic cloves	3			
oregano	1 tbs			
white onion diced	1 cup			
sliced green pepper	half pepper			
sazon	1 packet			
Adobo	dash			
sofrito	2 tbs			
		Modifications: no added salt tomato sauce instead of regular, added an extra		
		garlic clove, onion, and green pepper, reduced sazon to 1 packet,		
		sofrito to 2 tbs., and 1 potato instead of 2.		
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