

TABLE OF CONTENTS

ABSTRACT	i
INTRODUCTION	1
Background	1
Problem Statement	2
Purpose/Objectives	2
Scope and Limitations	3
Methodology	3
LITERATURE REVIEW	5
Type 2 Diabetes	5
Latino Diet	8
Latinos and Type 2 Diabetes	10
Treatment	12
DISCUSSION OF FINDINGS AND RESULTS	15
Intervention Strategies	15
Figure 1: Chart of intervention strategies	16
Figure 2: Chart of intervention strategies continued	17
Recipe Development	18
CONCLUSIONS AND RECOMMENDATIONS	20
Conclusions	20
Recommendations	20
REFERENCES	22
APPENDICIES	
Appendix A: Original Ensalada de Bacalaco Recipe	25
Appendix B: Modified Ensalada de Bacalaco Recipe	26
Appendix C: Hedonic Scorecard	27
Appendix D: White Paper Document	28
Figure 3: Chart of selected intervention strategies	29
Appendix E: List of intervention strategies researched	31