

STANDARDIZED RECIPE CARD

RECIPE NAME: Modified Verdura _____ RECIPE # _____

NUMBER OF PORTIONS: 8 (€ _____ HOTEL USE RECORD REF #S _____)

INGREDIENTS	AMOUNT	UNIT	PREPARATION
Plantain	1	each	1. Fill a large pot with water 2. Peel and cut into chunks the plantain, malanga, cassava, & green bananas 3. Boil the roots until tender, test with a fork 4. Drain 5. Spray with I Can't Believe it's not Butter to taste 6. Serve
Malanga	1	each	
Cassava	1	each	
Green bananas	2	each	
I Can't Believe it's not Butter Spray	To taste		

