STANDARDIZED RECIPE CARD

RECIPE NAME: ____Verdura______________ ___________________________RECIPE #__________

NUMBER OF PORTIONS: _____8 __ _____HOTEL USE RECORD REF #S ______________________

INGREDIENTS	AMOUNT	UNIT	PREPARATION
Salt	1	teaspoon	1. Fill a large pot with water
Water	approx. 2	quarts	2. Add salt and bring to a boil
Plantain	1	each	3. Peel and cut into chunks the plantain, malanga, cassava, & green bananas
Malanga	1	each	4. Boil the roots until tender, test with a fork
Cassava	1	each	5. Drain the roots and add olive oil
Green bananas	2	each	6. Serve
Olive oil	0.25	Cup	