

# REPORTER

OCTOBER 1 2004 | [WWW.REPORTERMAG.COM](http://WWW.REPORTERMAG.COM)



National  
Hispanic Heritage  
Month

2004 Hispanic Heritage Award Winner

Author

**Sandra Benitez**



**October 2, 2004  
7:30 pm  
Ingle Auditorium**

\$2.00 students  
\$5.00 general admission

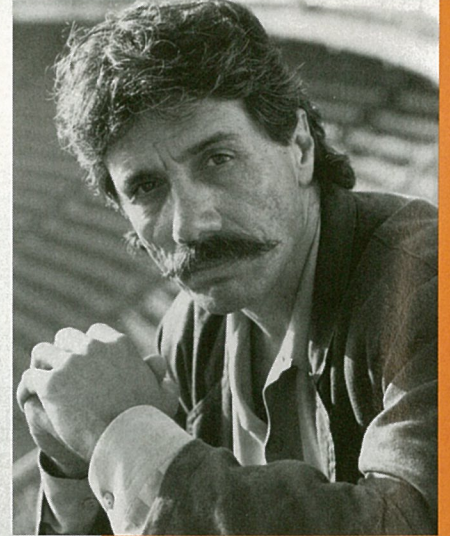
Ticket Sales Start September 15, 2004  
Student Alumni Union Candy Counter

Interpreter Requested

Emmy Award and Golden Globe Winner

Actor

**Edward James Olmos**



**"We're All in the  
Same Gang"**

**October 9, 2004  
8:00 pm  
Ingle Auditorium**

\$5.00 students  
\$12.00 general admission

Ticket Sales Start September 22, 2004  
Student Alumni Union Candy Counter

Interpreter Requested

**R·I·T**

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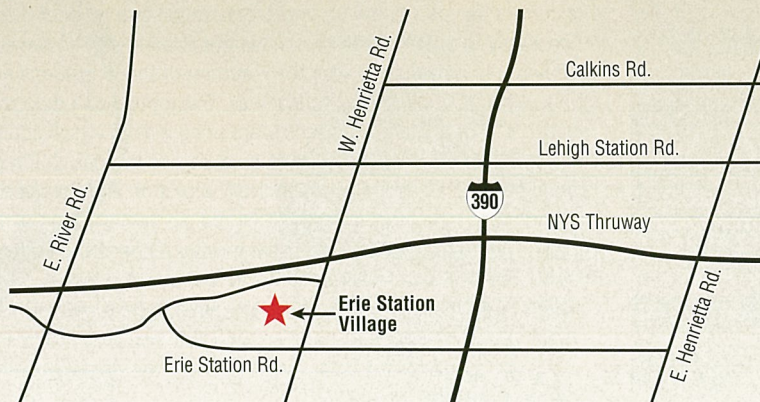
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# EDITORIAL

## The American Way

This weekend I went home to Pennsylvania to do three things: see my brother play high school soccer, wish my mom a happy birthday, and, most importantly, register to vote and request an absentee ballot.

The first two things were swell. The third thing, the registering to vote, however, wasn't exactly what I expected. To be perfectly honest, I expected it to be a bigger deal. I thought that I'd suddenly feel more civic-minded, more *American*.

I didn't.

I paid to park, went in, stood in a line, filled out some paperwork, and turned into a responsible, vocal citizen with the flourish of my signature. It had all of the panache of a glass of faucet water. I didn't even get a red, white, and blue sticker that said, "Kiss me! I'm a voter!" or anything cheesily American like that. How anticlimactic.

The more I got to thinking about it though, the more I realized that registering to vote might be one of the most American things I've done in a long time, ripe with aspects that are clearly as American as apple pie and NASCAR.


I had to stand in a line. Americans love their lines. While we don't have exciting words for the practice of waiting your turn, as the British do with their queues, we're no less accomplished at the fine art of standing around, twiddling our thumbs in a neat line. Sometimes we stand in line not knowing what the line is for, as was the case with one person in our line, who was actually looking for the traffic control office, located a block away.

I was asked, more or less, to choose sides, first things first. While I could have easily chosen not to check the box indicating my party affiliation, I can't say doing so would have really felt right. We're big on picking sides here in America. We like to label things and people—on the playground, at home, even in choosing whether to go to Wal-Mart for groceries, or to a local mom-and-pop grocer. Everything we do is a statement. Fitting then that on a voter registration form, right after you state your name and address, you state your political preference and with it, too often, your views on everything that goes along with it. I got a small chuckle out of the look that the woman in the office gave me when looking over my form to make sure that everything was correct. She looked at my check next to the line labeled "Democrat" and then at the small flag pin on my jean jacket (a gift from my father upon his retirement from the military) and then looked at the form again. To her, I was a bit of a walking contradiction.

It involved paperwork, writing down my social security number, and signing a 'punishable by law' clause. If we're good at anything here in America, bureaucracy is high on the list, as is the act of signing our names. We put huge significance on a person's signature and everything that stands behind it. We collect the signatures of famous people and know the name of John Hancock—a person who is no more important than any other name on the Declaration of Independence, but known more than most simply for writing the biggest, prettiest signature on the page. Most of us have even practiced making our own signature look "cool" at one time or another.

Even something as mundane as registering to vote had its moments of irony, causing me to smile to myself and mutter "God bless America." I found it slightly entertaining that, in my town, the Voter Registration Office is located in a circa-1854 prison that looks like a castle. I know that its current use as a home for voter registration and other civil service offices is really nothing more than a way to utilize a well-known historical landmark, however, I can't help but find it ironic that a building that was built to limit the freedom of those inside is now used to ensure the freedom of those who visit, in a metaphorical way. The irony didn't stop there. In the voter registration office itself, many of my fellow citizens were unsure as to which county and township they actually lived in. There they were, signing up to be a part of the decision-making process in a community that they weren't sure they were technically a part of, and no one blinked an eye.

From here, the rest is easy. I'll fill out some boxes on a form and send it back to my state when I vote by absentee ballot next month. I'll be doing so from the comfort of my apartment in Rochester—I won't have to wait in traffic, stand in a line, or put up with any uninformed fellow citizens. And that's too bad, really. Because there's nothing that makes you feel like more of an American than experiencing just enough inconvenience to make it worth it.



Ren Meinhart  
Editor in Chief

Cover photograph by Elizabeth Oporto

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A silhouette of a tennis player, Michelle Nicholson, is shown against a warm, golden background. She is holding a tennis racket in her left hand and pointing her right index finger towards the sky. The background is a soft, textured gradient of yellow and orange.

RIT tennis player Michelle Nicholson points to the sky during a serve against Nazareth College on Tuesday September 21.  
Eric Sucar/REPORTER Magazine

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## First Student-Run Business at RIT Tastes Sweet Success



From left: Anatoly Shilman and Marc-Anthony Arena stand at Shaker's Blends, the new "Anti Fast Food" juice bar on campus. Kim Wieselberg/REPORTER Magazine.

### by Nathan Liebold

In late August, just days before classes began, it seemed as though this student-run business was not going to be able to sell its first strawberry-banana smoothie. With bills coming in for the first month's rent, naysayers running rampant, and customers waiting far off on the horizon, opening seemed like a waning possibility.

Despite these setbacks, the new juice bar, Shaker's Blends, has opened on the second floor of the Gordon Field House and stands in a black-boxed square on the second floor with an orange-yellow lava lamp, bodybuilding magazines, and a signed photograph of Arnold Schwarzenegger.

Co-owner Anatoly Shilman said, "I met the governor of California at the Arnold Classic for bodybuilders in Ohio, and he gave me a thumbs up. He thought the idea of a juice bar located in an athletic center was the nutrition of the future, a replacement for fast food."

Shaker's Blends offers recipes to boost both physical and mental workouts. On the muscle-boosting menu are protein bars and meal-replacement smoothies; on the staying-alert menu is hot coffee from Spin Café on Park Avenue.

The creation of Shaker's Blends was the vision of fraternity friends and now owners, Mark Arena, a senior College of Business student, and Anatoly Shilman, a fifth-year College of Applied Science and Technology student. In a business plan for class, they considered the possibility of furnishing an unused booth in the gym. On their teacher's suggestion, they entered their proposal into RIT's Undergraduate Business Plan Competition last January. After nearly forgetting about it, they found out their proposal earned them the third-place prize of \$1,000. The idea, they believed, had more potential and only needed some backing and planning to get off the ground. From that point, the idea on paper developed into a tangible success.

"But we're number one because we have turned our plan into a real business," said Shilman. "We couldn't have done it without the support of RIT and the people who believed in us, like Richard DeMartino (assistant professor of management in the College of Business) and Jim Watters (RIT's vice president of finance and administration). Whenever we encountered a problem, they helped us with a solution."

Although Shaker's Blends has only been in business since August 28, business has already proven profitable. Recently, Shaker's has hired the first of its employees, who will soon take over sales almost completely, leaving Arena and Shilman to the paperwork. Blends have been so profitable, that thoughts of the possibility of expansion may be on the horizon. "We've been in talks with U of R, Brockport, and Boston University about the possibility of opening stands there," said Arena.

Shaker's Blends accepts cash and Flex, and plans to add new items for the menu soon, which may include cookies and muffins. As of now, a new juice-of-the-week is being offered for the drinks. Shaker's Blends will soon hold a twelve-week long competition to see how much students can improve in physical fitness. Grand prizes will be awarded for the winners. Shaker's Blends will also hold health seminars for First Year Enrichment classes, hosted by Shilman, a certified personal trainer. The business is open from 6 to 10:45 weekdays and 11 to 7 on weekends. ■




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## Sidewalk SALE

Linda Kyser sells her Great Northern Woolens products outside of the SAU on Friday, September 24. She can be found selling these sweaters several times a year.

Jacob Hannah/REPORTER Magazine.




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## Quarter Mile DRAG

Onlookers stand by a Formula SAE racing car built by an RIT team. They had the car out trying to recruit people to join the team on Friday, September 24. The Formula SAE racing team designs, builds and races their own cars.

Jacob Hannah/REPORTER Magazine.

# BrickBeat

by John-Michael Stern

## Author-Actor Combo to Speak for RIT's Hispanic Heritage Month Celebration

As part of RIT's celebration of Hispanic Heritage Month, an award-winning author and actor are making their way to the Ingle Auditorium in the Student Alumni Union. Author Sandra Benitez, recipient of the 2004 Hispanic Heritage Award for Literature, will speak at 7:30 p.m. on Oct. 2. She has penned four critically acclaimed novels – *A Place Where the Sea Remembers*, *Bitter Grounds*, *The Weight of All Things*, and *Night of the Radishes*.

Actor Edward James Olmos will follow at 8 p.m. on Oct. 9. Olmos, who garnered several Emmy and Golden Globe awards for playing the role of Lt. Castillo on the popular TV series, "Miami Vice," and for starring in Gregory Nava's film, *Selena*, . He also received a Golden Globe for his work in *The Burning Season* and an Oscar nomination for *Stand and Deliver*. Olmos now has a starring role in the PBS series, "American Family," the first Latino drama series on American broadcast television. Tickets for these speakers may be purchased at the SAU candy counter or by phone at 475-5210.

## RIT Awarded \$1.2 Million to Research for NASA

RIT has recently been awarded \$1.2 million in support of NASA's new four-year project to study robotic technology for space exploration. Led by Sheila Bailey of NASA's Glenn Research Center, the project will look at how nanotechnology and nanomaterials may be used to create the next generation of solar electricity cells. Scientists in RIT's NanoPower Laboratories will use plastic solar cells to try to maximize the conversion of energy. "Plastic solar cells have been around for a long time," said Ryne Raffaele, director of the lab. "We're trying to use nanotechnology to improve their efficiency." More efficient solar cells would improve the performance and range of robotic exploration. Along with data gathered here at RIT, the project will involve research from the Glenn Research Center, the Ohio Aerospace Institute, the Jet Propulsion Laboratory, Pennsylvania State University, and the Space Vacuum Epitaxy Center at the University of Houston.

## Industrial Design Conference Set for Oct. 15–16

RIT will host internationally recognized industrial design professionals in the second year of the *Thought at Work 2004: An Industrial Design Student Conference*. The conference, organized by co-chairs and students Kari Iverson, Sara Lin, and Patrick Rice, will be held Oct. 15–16 in the Webb Auditorium in the James E. Booth Building. Plans for the two-day conference include lectures, portfolio coaching, a student design competition and gallery show, and roundtable discussions. "The idea of this conference is to inspire students by making these designers accessible. And the fact that students can also network with potential employers is just as important," said Rice. ■

# CrimeWatch

compiled by Andrew Bigelow

September 17

## Criminal Mischief – University Commons

Three males were observed tearing the siding off a building at University Commons. An officer found one person fitting the description as a person involved. The Sheriff's Office responded to check the background of a second person found in the area. The student responsible for inviting the two non-members to campus has been referred to the Student Conduct Office for appropriate disposition.

September 18

## Harassment – Colony Manor

An intoxicated student was arrested for harassment following a physical threat to a Campus Safety Officer. The student was restrained by the Sheriff's Office following continued threatening behavior towards a Deputy, and the student was suspended from RIT on September 22.

September 18

## Theft Auto Parts – Riverknoll Apartments

Student reported that an unknown person caused several scuff marks on the hood, roof, and trunk of her vehicle. Campus Safety distributed Crime Alerts in the complex.

September 18

## Disorderly Conduct – University Commons

A student reportedly chased away an intoxicated male who had jumped on the hood of her car. Campus Safety identified the non-member in the apartment complex and he was banned from campus. No damage was reported to the student's vehicle. The quick action by the student, immediately calling Campus Safety, resulted in the apprehension of the non-member.

September 20

## Harassment – Ellingson Hall

Two students blocked a doorway and did not allow another student to leave the room for several hours. The two students were referred to the Student Conduct Office for proper disposition.

September 21

## Harassment – Ellingson Hall

Three students reported being inappropriately touched by another student during the past two weeks. The student was referred to the Student Conduct Office and he was removed from RIT housing.

September 23

## Vandalism – F Lot

Employee reported finding graffiti on an outside wall of a residence hall. Facilities Management removed the paint. Campus Safety asks that you immediately report persons damaging property by calling 475-3333 (v/tty).



### Check out these songs to get pumped for these artists coming to Rochester soon

- Incubus** – Megalomaniac
- Murder by death** – I'm Afriad of Whos Afriad of Virginia Wolf
- Ani DiFranco** – Shameless
- Roses are Red** – White and Gold
- GreenDay** – Holiday
- Madball** – 5-0
- Kanye West** – Through the Wire

Doing a cartwheel on the Quarter Mile—perhaps, two—plus a front handspring, a double-somersault, and a triple lutz. Just don't dive into the shallow end.

*The Tetherballs of Bougainville* by Mark Leyner is a masterpiece of hallucinatory fiction, and an excellent introduction to this particular author's style. Through this hopscotch plot, Leyner weaves together a humorous pseudo-recollection that stars himself in an alternate reality at 14 years old. Interesting, intelligent, and mind-bogglingly creative, this novel drags the willing reader through literate crazy-goodness.

### > Reporter Recommends

### A Haiku

by Brian Garrison

R-I-T Tigers  
 Haikus not about nature  
 We like computers

### Random REVIEW

Quote

If you want to make an apple pie from scratch, you must first create the universe.  
 —Carl Sagan

# AT YOUR LEISURE

## Things and Stuff, and People too...

An apple, onion, and potato all have the same taste. The differences in flavor are caused by their smell. To prove this: pinch your nose and take a bite from each. They will all taste sweet.

The secret recipe for Coca Cola, code-named "Merchandise 7X" is kept under lock and key in a vault in the SunTrust Bank Building in Atlanta, Georgia, the home of Coke inventor Dr. John S. Pemberton and current world headquarters of Coca Cola International.

There are more than 200 kinds of chili peppers, none of which belong to the pepper family.

Pigturducken is a pig, stuffed with a turkey, which is stuffed with a chicken, deep-fried in oil, and then usually put into something similar to a horse trough over propane burners.

Beer is made by fermentation cause by bacteria feeding on yeast cells and then defecating. In other words, it's a nice tall glass of bacteria doo-doo.

When Gerber baby foods began to sell in parts of Africa, they continued to use their usual packaging, with the cute baby on the front. They didn't realize until later that where they were selling it, it was a common practice to help illiterate people buy things by putting pictures on the wrapper of what was inside.

Strawberry Pop Tarts may be a cheap and inexpensive source of incendiary devices. Toasters which fail to eject Pop Tarts can cause the Pop Tarts to emit flames 10-18 inches in height.

Over 15 billion prizes have been given away in Cracker Jacks boxes.

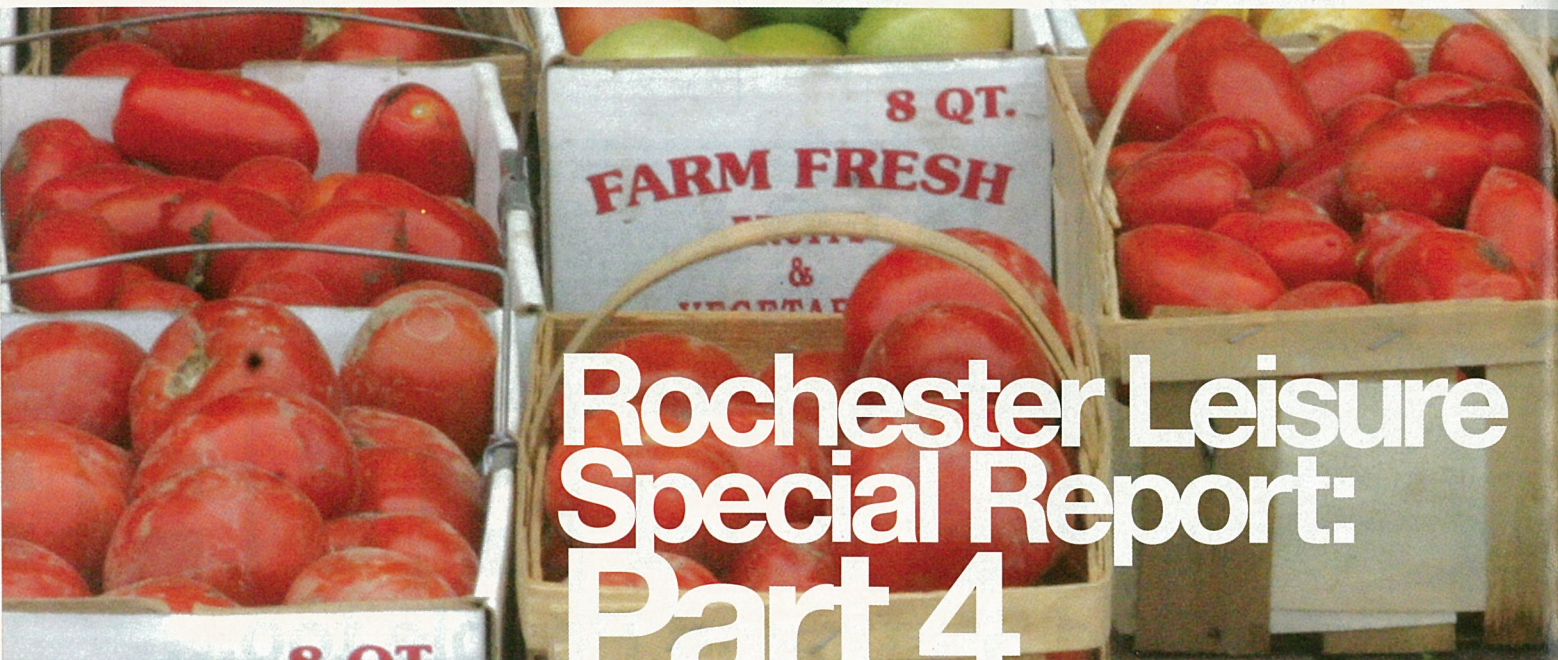
## Fun Food Facts Fleshed-out for Frivolity

One the hardest things to do in life is find food that you want to eat, that is worth your effort, and that won't kill you. Such a deceptively simple task leaves us rifling through cabinets and waiting for friends to come up with suggestions. Though this article can't give you resourceful friends or good taste, it does offer a brief compilation of restaurants worth trying in the Rochester area.

Chef Soule offers up a certain guarantee when you approach the restaurant's entrance and see his signature displayed on the menu by the door. His creations have been authenticated, and good things await you—things like eggplant bisque with feta cheese and basil. The menu items lack catchy names to draw your eyes, but they are listed with an overview of the choice ingredients and preparation style with which to make your mouth water.

Looking around the dining area, the interior decor is nice but not gaudy; the lighting is low, but you can see everyone in the room clearly. All the servers are dressed in an appropriate but relaxed way, which helps relax you as a patron. The other people in the restaurant are mostly business associates, older families, and those cosmopolite connoisseurs of exquisite food and drink—and they should rightfully be here, considering that The Grill at Strathallan was the first four-diamond rated restaurant in the area. It's even listed in Fodor's for all you Carmen Sandiego aficionados.

If you are looking for a place to impress your boyfriend or girlfriend, or if you want an absolute orgy on your palate, try this place out. Dress up, savor, and you won't regret it. Reservations are recommended.



# Rochester Leisure Special Report: Part 4

**The Grill at Strathallan**  
550 East Avenue  
585.454.1880  
[www.grill175.com](http://www.grill175.com)  
\$22–\$28

There are those that have expensive taste. This can be for any number of psychosocial reasons. Quality really is a relative thing, yet when it comes to the food served by the Grill at Strathallan it is all truly excellent—few meals pass during which every bite off your plate tastes better than the last. At most restaurants, there is some point of disagreement between your tongue and the chef's good intentions, but Strathallan chef Jason Soule has managed to spice out any problems you might have.

**The Atomic Eggplant**  
75 Marshall Street  
585.325.6750  
[www.atomiceggplant.com](http://www.atomiceggplant.com)  
\$4–\$8

Nestled in a residential tributary of Monroe Ave, the Atomic Eggplant is a vegetarian student's Garden of Eden. Reasonably priced, tantalizing, meatless dishes are the name of the game at this place. Even if you don't place restrictions on your eating habits, the Atomic Eggplant is worth the 10-minute drive from campus.

The tattooed and t-shirt clad staff offer up a continually rotating selection of fresh juices, appetizers, soups, salads, and sandwiches. Upon entering the restaurant, be prepared to take

a few minutes to look over the impressive amount of specials for the day. The cuisine has a decidedly spicy flare: traditionally bland vegetarian standards like falafel and hummus mingle with southwestern spices and are served alongside dishes such as barbecued tofu. Sure, some of the menu items may contain ingredients you've never heard of, and it's certainly not the most conventional cuisine, but it's all very delicious. Truthfully, at the Atomic Eggplant, you can pick completely at random and be amazed when the flavors tango all over your palate.

If the funky flavors and the neon purple trim on the building's edifice didn't tip you off, the atmosphere of the place is a loud, refreshing contrast to Rochester's perpetually overcast skies. During the warm weather months, the restaurant opens its back patio to patrons. Inside the purple picket fence is café-style seating surrounded by a rather unconventional garden. The eccentric junkyard aesthetic is in full effect with greenery sprouting from toilets, coffee cans, and whatever else the proprietorship could find. When the weather is less satisfying, the upper level of this converted residence houses relaxing seating that is accented by paintings of electric exuberance.

Traditionally, crepes are known for being breakfast or dessert dishes; however, Simply Crepes brings an abundance of new fillings and tastes to their meals. Some of these crepe tastes include buffalo chicken, fruit, smoked salmon, goat cheese and arugula, grilled vegetable, and scrambled eggs and cheese. This but a sampling of the menu's varied offerings.

The dining atmosphere is one of a kind. The small country-cottage dining room is adjacent to an open-air kitchen, where chefs freshly make every crepe shell used in their dishes. The fireplace warms the comforting, friendly dining room, where the owners can be found frequently roaming, greeting guests, and making sure everything is to their liking. The dishes are prepared to perfection, and for culinary enthusiasts, Simply Crepes' wrapped compositions are fantastic presentations. Dishes are moderately priced, usually between five and eleven dollars, and with such generous portions they are a great value. Between the food, the environment, and the friendly staff, Simply Crepes is a not-to-miss dining experience—a perfect place for lunch or dinner with old and new friends.



by Reporter Staff  
photographs by Elizabeth Oporto

# Cuisine

Considering the creativity that has gone into every aspect of the restaurant, Rochester is truly lucky to have such an amazing establishment. So whether you're a vegetarian who is sick of eating Subway's Veggie Delite subs, or a tofu skeptic who is willing to take a chance, the Atomic Eggplant is ready to please.

**Simply Crepes Café**  
7 Schoen Place  
585.383.8310  
\$5-\$12

Down Schoen Place, a small side street in Pittsford, New York, is the quaint café of Simply Crepes. This restaurant features a variety of dishes, each wrapped up in a fluffy French crepe shell.

**Schaller's Restaurant**  
965 Edgemere Drive  
585.865.3319  
\$7-\$10

"One Texas, one order, one!" was the employee's translation of the order I placed at locally owned Schaller's restaurant. The lingo of Schaller's compliments the in-your-face attitude that has been in place for all of its nearly fifty years of operation. They run the place the way they want and if you don't like it, tough luck.

At the counter, you will be greeted by an employee who is most likely high school-to college-age, wearing a t-shirt and hat—very laid back. As you gaze at the menu hanging from the

the ceiling, you will begin to encounter the aforementioned foreign language spoken at Schaller's. Onion rings are shortened to just "ring" and French fries are simply just called an "order." A red hot dog is called a "Texas" and you will usually hear "cheeseburg" or "ground" for cheeseburger or hamburger. You don't have to be savvy to the jargon used by the employees—they'll know what you mean by "hot dog" or "hamburger." There is one more thing I should warn you about: Schaller's doesn't believe in that high-tech computer system to tell the cooks in the back what you ordered. They prefer to scream it, sometimes at the top of their lungs. So, if you see some cute guy or girl and don't want him or her to know that you just ordered five cheeseburgers just for yourself, that's just too bad. The whole counter knows. But, before you get all discouraged because you lost your chance at a date, you should go put some free pickles on those cheeseburgers. There are usually two to three buckets of sliced pickles on the counter at your disposal. If you're a fan of pickles, this is your place.

The atmosphere varies by location, since Schaller's has three. The original and best-known spot is by Charlotte Beach in

**585-544-2097**

**K.C. Tea & Noodles**

**360 Park Avenue**

**585.271.1061**

**Prices \$5.01–\$15**

The Park Avenue area is packed with delicious delis and hip eateries, and K.C. Tea and Noodles is at the top of that list. The sign on the front window claims that the brightly-lit, kiwi-colored establishment is a "clash of the Orient," and that's exactly what chef/owner Jimmy (Cheung) Poon and wife Ky serve up to visitors at a cheery counter setting (or, when the weather's right, at small tables outside).

The menu goes as such: You pick a noodle type, specify pan-fried style or soup, and pick a meat or vegetable—then enjoy the positively Oriental fusion. The noodle choices, fresh from New York, are all over the map—*ho phun* (a wide rice noodle), rice stick (*mei phun*), Japanese *udon* (a substantial wheat noodle), spinach noodles, or thin or wide egg noodles. Also on the menu are some of Rochester's finest spring roles, offered



# Cuisine

Greece. Booths and tables are scattered throughout the space, with antique photographs of Rochester hanging on the walls. Not too extravagant, but it serves well as a Rochester tradition.

You don't even have to travel all the way to Lake Ontario to enjoy this fantastic food. Schaller's has a location right here in Henrietta and another in Irondequoit. So, grab some friends and enjoy a quality cheeseburger and fries for under five dollars.

**Henrietta/Brighton location:**

**2747 West Henrietta Road**

**585-427-7810**

**Irondequoit location:**

**559 East Ridge Road**

up fresh or fried, and an incredible array of sushi options, fruit salads, and custards.

That covers the "noodle" part of the name. The "tea" in K.C. Tea and Noodles is in reference to "bubble" teas—a textured taste sensation that has been trendy in cities like San Francisco, and that Poon has introduced to Rochester. With an unlikely combination of sweetened tea; milk, ice, or fruit; and black balls of tea-filled tapioca and potato starch, bubble tea isn't for everyone but is definitely worth a try. With five categories of six to 12 drinks each, and options that include caffeine-free bubble milkshakes and bubble shredded-ice, there is plenty of room for exploration. Flavors run the gamut from the more obvious (banana, strawberry) to the more adventurous (avocado, coconut milk taro).

# ThisWeek

submit your events to [reporter@rit.edu](mailto:reporter@rit.edu)

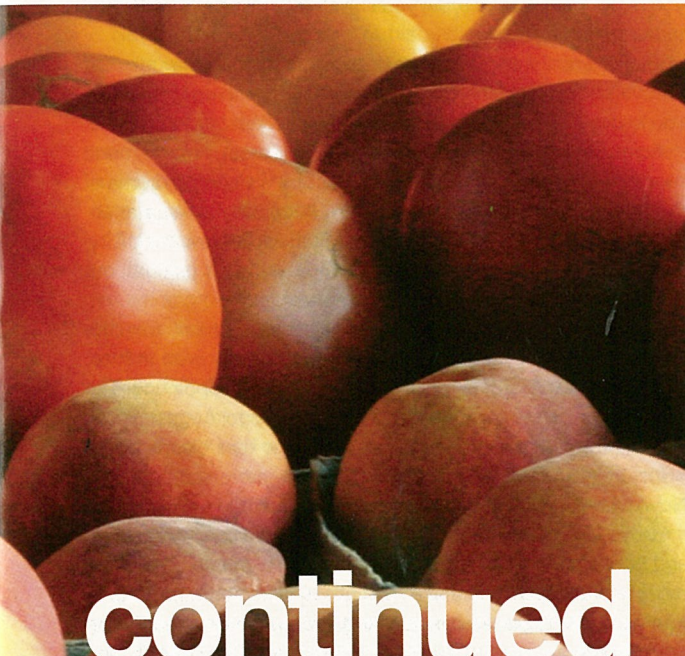
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**10/1**

6:30 p.m.–8 p.m.  
 M. Louise Stowell Opening Reception  
 Bevier Gallery. CIAS presents the watercolors of former Mechanics' Institute graduate and instructor M. Louise Stowell (1961-1930). Free. Contact: Linda Jones: [linda.jones@rit.edu](mailto:linda.jones@rit.edu), 475.2733.

**10/2**

7:30 p.m.–9:30 p.m.  
 Cultural Spotlight: Author Sandra Benitez  
 Ingle Auditorium. The winner of the 2004 Hispanic Heritage Award and the American Book Award discusses her life and works. Students-\$2, Other-\$5. Contact: Carol Reed: [cjr2033@rit.edu](mailto:cjr2033@rit.edu), 475.6931.

**10/2**

10 p.m.–12 a.m.  
 Saturday Night Coffee and Dessert  
 SAU Lobby. The Center for Campus Life invites students to the SAU for free coffee and desserts every Saturday night. Contact: Carol Reed: [cjr2033@rit.edu](mailto:cjr2033@rit.edu).

**10/5**

5:30 p.m.–7 p.m.  
 Part-time and Graduate Studies Information Forum  
 Bausch and Lomb Center. An enrollment information session will be presented for undergraduate and graduate students interested in part-time study at RIT. Free. Contact: Roch Whitman: [opes@rit.edu](mailto:opes@rit.edu), V/TTY 475-2229.

**10/5**

7 p.m.–9 p.m.  
 Life's Greatest Lessons  
 Ingle Auditorium. Dr. Hal Urban, author of *Life's Greatest Lessons*, speaks about success, life, and choices. Free. Contact: Student Affairs: 475-2265.

**10/7**

1 p.m.–4:30 p.m.  
 Writing Effectively, Concisely, and Correctly  
 CIMS 2140. Professor Pat Scanlon teaches simple methods for writing powerful sentences, creating more concise prose, and tailoring writing to an audience. \$35. Registration necessary. Register online or by phone. Contact: CPD Coordinator: [cpel@cims.rit.edu](mailto:cpel@cims.rit.edu), 475-6200.

**10/7**

7 p.m.–9 p.m.  
 Photography Lecture: Bill Frakes  
 Golisano Auditorium. *Sports Illustrated* photographer Bill Frakes, who just returned from the Summer Olympics, discusses his 20-year career. Free. Contact: Carol Lindquist: [cjlpph@rit.edu](mailto:cjlpph@rit.edu), 475-2884.

# How to Tell if you are a Vegetarian

(and what to do if you are)

by **Brian Garrison**

Even before you decide where you are going to eat, it is usually good to have a general idea of what you want to eat. For example, if you're feeling like fettuccini alfredo, I would not recommend Taco Bell. Since mom is no longer around to fix you some Hamburger Helper, there are decisions that must be made on your own. So, look deep into yourself and discover your inner hippie. Who knows? You may have always been a vegetarian. And what better time to find out than October, which just so happens to be Vegetarian Awareness Month?

Don't be scared away by thoughts that you'll have to learn the art of making hemp jewelry, or appreciate the sound of grass growing, or join PETA in a protest by chaining yourself to a dog or something. Back home in Oregon, I've met plenty of these quasi-hippies who don't even play hacky sack.

Also, being a vegetarian doesn't have to be a full time thing. You could be one of those "vegetarians" that chooses to eat no mammals. Before you choose this route because it seems to be the easiest, be prepared to tell everyone who inquires that, no, chicken is not a mammal; nor is fish. It may seem obvious, but a friend of mine who is semi-vegetarian (kind of a weekend warrior of vegetarianism) knows otherwise. If this in-between phase sounds problematic, you could join the group

**"To become a vegetarian is to step into the stream which leads to Nirvana"**

**-Buddha**

that excludes eating animals completely. Usually, it's pretty easy to determine if something is meat or not. If you choose to be a no-meat real-type-vegetarian, you have to decide on your own if you consider eating scrambled eggs to be abortion or if a sponge is an animal. The dairy issue is usually not a problem. One of the best parts of including dairy products in your repertoire is that you can throw a slice of cheese on your veggie-burger.

If you decide to go all in, you can go ahead and take the vegan route. This one is probably the toughest, because you have to scrutinize everything you touch to your lips just to make sure the factory employees didn't give any animals a dirty look while preparing the food. These vegan folks are anti-animal-molestation and generally very dedicated, so I would not recommend it if you are new to vegetarianism. However, it may be a goal you can work toward.

Another thing to keep in mind is that there are a myriad of excuses/reasons for being a vegetarian. Here at RIT, I have a friend who is a vegetarian not because he likes animals, but because he really hates plants. Others do it because somewhere in their brain, it tells them that not eating animal flesh is somehow healthier, which science seems to lean toward saying is true. Slightly less proven, but perhaps enough reason to give it a try, is that being a vegetarian scores points with the ladies. Plus, you could fulfill PETA's hopes and become a vegetarian because you want to be cool like beach babe Pamela Anderson, Star Wars hottie Natalie Portman, techno maniac Moby, Spiderman himself Toby Maguire, or Alec Baldwin. You can always make up your own reason too. But, if you're not the creative type, you can always just say that it's bad to hurt animals.

I'll give you 30 seconds to make up your mind. It may turn out that vegetarianism isn't for you. The important thing is that now you know, or you will know in about 25 seconds.

For those of you who want to stop eating meat, I recommend moving to the west coast. There you will be welcome in some of the best vegetarian cities in the USA. According to [vegetarian-restaurants.net](http://vegetarian-restaurants.net), the top five are San Francisco, New York City, Seattle, Portland, and Los Angeles. And maybe it's just me, but I'm a bit skeptical about NYC being on the list.

Until you can make the move, you can check out the Rochester Area Vegetarian Society, found on the web at <http://ravs.enviroweb.org>. Overall, the site is a bit disappointing. The most recent archived newsletter dates back to August 2003, and on the homepage, the announcement that claims to be "Hot off the Veg Grill" is in fact about the presentation "How Now, Mad Cow" which took place on June 20th.

However, you will find the obligatory places to eat, recipes, and books, as well as a plethora of links, which is probably the most useful section. The site has links to sites about all sorts of groups (local, regional, national, and international), natural food stores, recipes, organic farming, animal rights, and health. You can also find where online to buy your environmentally safe and cruelty-free products, like hemp, leather alternatives, and vegetarian shoes.

You could also sign up to be a member of RAVS, which is only \$10 yearly for students. You'll get discounts, RAVS' quarterly newsletter, and a welcome at their monthly vegan share-a-dish dinner at the Brighton Town Park Lodge. Be wary of the newsletter, though. While looking through the August 2003 issue, I found a haiku that wasn't really a haiku. ■

# Cooking for Engineers

You Won't Let Those Robots Eat Me

by Sean Hannan | illustration by Brittney Lee

For some people, cooking is a very natural and fun activity; for others it's just a means to get the body fueled and ready to multitask. The folks in the latter category generally have analytical minds, and this hindrance usually relegates their meal preparation options to whatever can be nuked in the microwave. Fear not, ye TV dinner-dependant kitchenophobes; there is hope!

Michael Chu, a hardware application engineer and food-lover, created Cooking for Engineers ([www.cookingforengineers.com](http://www.cookingforengineers.com)), a page for those who can do thermodynamics in their sleep, yet are unable to grill a steak. The site is filled with not just recipes, but also cookware buying guidelines, and tutorials on topics such as what the USDA beef ratings actually mean. Such guides are extremely useful for those of us who did not grocery shop or cook for the first eighteen years of our lives.

Not to restrict the tastes of his audience, Chu has a varied selection of recipes on the site ranging from lasagna to crême brûlée. Each recipe on the site has clear directions as well as pictures of the dish at various stages for guidance. Perhaps the most innovative aspect of the recipes on Cooking for Engineers is the breakdown of ingredients and directions into a tabular data format. This Excel-like breakdown may seem overly terse at first, but upon further investigation, it is exactly the sort of partitioning that the analytical mind craves. This just-the-facts-ma'am approach to food preparation takes the intimidation out of even the most complex of cuisines, such that anyone can cook them.

Also on the site is the relatively new Forums section. A community of geeky foodies converges on the site daily to discuss cooking kung fu as well as various ancillary topics like kitchen gadgetry and deep-frying tips. Found a recipe that sounds delicious but are shaky about cooking it yourself? Just post it in the recipe forums, and if you're lucky, it'll show up in annotated glory within a matter of days.

One slight criticism of the site needs to be pointed out: It has a very poor structure. The site maintainer uses the Blogger blog software to manage the content of the site. Now, we all know that everyone loves blogs and they're the wave of the future, but here is an instance where a blog is just plain wrong for the



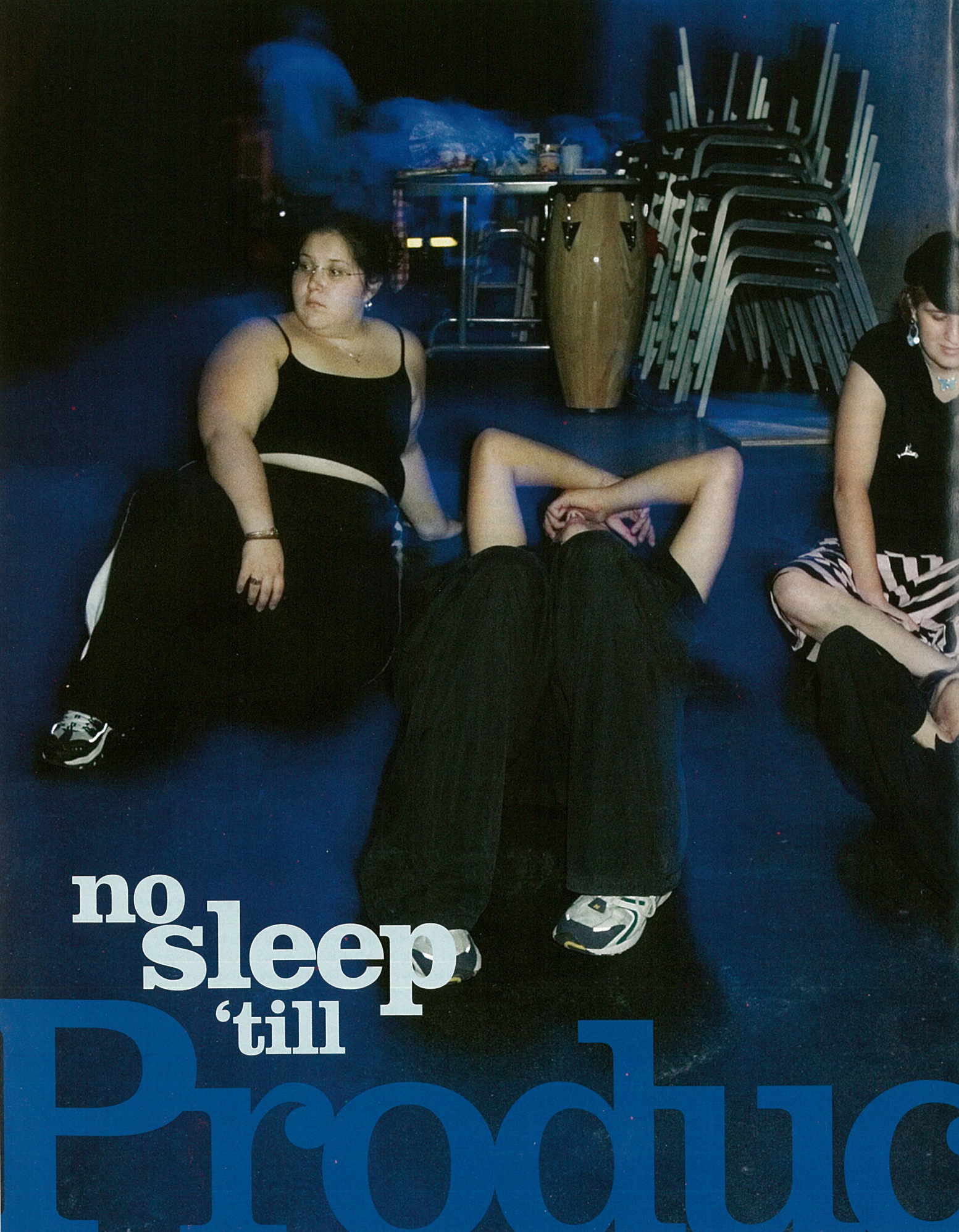
content. Instead of having separate categories for, say, recipes and gadget guides, info is broken down by the date it was added to the site. I guess even an engineer with a passion for cooking and detailed technicalities can still overlook the needs of the common man. ■

**D:** ★★☆☆ Because it's using the Blogger software, the site has a nice clean design (even if it is one of the default templates), but its ill-fitting nature screams for reorganization.

**C:** ★★☆☆ The site's only been online since June, but it has an impressive amount of content.

**SFW:** ★★★★★ There's nothing pornographic or anything on here, but watch out. Your job description might get a sudden, mysterious revision from "Senior Chemical Engineer" to "Senior Chemical Engineer/Daily Office Caterer".

**NAF:** ★★★★★ Anorexia is a dangerous practice and is best left to supermodels. They can handle that sort of thing. That's why they're super.



no  
sleep  
'till

Product





## The RIT Players write, rehearse and stage a show in 24 hours.

A room full of writers, no fewer than five directors, and 24 short hours to write, cast, rehearse, and perform five short one-act plays. This is 24 hours of Removable Impromptu Theater (R.I.T.). Five veteran RIT Players direct, William “Web” Begole serves as artistic director, and Ian Bennett produces. As for writers, actors, scripts, sets, and costumes, all of these things will be created within the time constraints of exactly 24 hours. This is theater without a safety net. The directors, actors, and writers will battle mounting fatigue, caffeine crashes, and the inevitable emergencies of theater. How can this work? Will the RIT Players sink or swim? Will the performance be a success? Will anyone show up to see it? By Saturday at 8 p.m., will anyone on the cast or crew actually be able to work up the energy to care? Come along and experience all 24 hours of R.I.T.

### //8:00 p.m.//

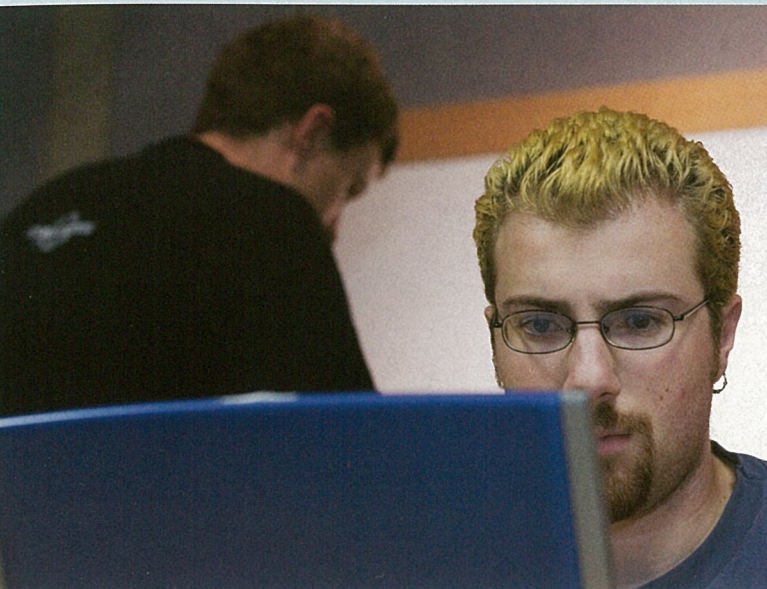
24 Hours of R.I.T. begins with script writing in Clark Room A on the second level of the SAU. A brief brainstorming session reveals a couple of partly developed ideas, mostly comedies, and maybe four viable concepts. Scripts are described by the eight-person writing staff. This is a truly diverse group of students, with participants from a wide range of year levels and majors.

The first crate of Red Bull arrives about 9:15, and the writers hit the tables. The costume designer seems a little worried; after all, she’s expected to sew, equip, and do make-up for any impossible idea these budding writers produce. The planning is constant; obviously timing is crucial in an event like this, and making it run smoothly seems to be at least as complicated as the actual script writing. The writers have nearly six hours of creation ahead of them, and they seem very occupied. Casey Dehlinger explains his early script idea: “I’m concentrating on dialogue and surreal events right now. For example, I need a rubber duck to attach to someone’s head with a spork.” Another writer, Megan Dinger, reports, “I’m modeling my script after a woman I work with. She is 28 and has a crazy guy history and tells me all about it.” At this point, all that exists are these small flashes of inspiration.

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From Left: Nikki Meadows, Laura Zelanis, Ashley Berry, and Wesley Paugh conserve their energy soon before the Saturday evening performance in Ingle Auditorium.

by Ben Foster  
photographs by Timothy Kulik



Rich DeTommaso begins work on the writing phase of his script, *Piece 4.5* late Friday evening.

Rich DeTommaso rests his eyes as Joe Nadeau (upper left) and Neil Bonsteel await the selection of the scripts that will be performed early Saturday morning.

### **//9:00 p.m.//**

Auditions begin in Clark Room B. The room has maybe a half dozen potential actors and a couple future directors. After 20 minutes of quiet monologue reading, the potential actors take center stage to perform. The devil, two flight attendants, and a failed actor all present their stories via monologue to start off the auditions. Things are friendly and the mood remains light. The auditions run smoothly. The directors seem a little nervous since they expect to need at least twice this number of actors, but anticipation of further interest in the morning session somewhat quiets their fears.

### **//10:00 p.m.//**

Writing trudges on, now about two hours into the process, and the plays are actually starting to take shape. Erhardt Graeff, one of the hopeful writers, exclaims, "I just came up with a joke . . . about kosher." Simultaneously, the first round of auditions has drawn to a close, and the actors are rehearsing short dialogues for the second and final round of tonight's auditions. The actors, apparently, get to sleep in preparation for tomorrow. As for the writers . . . well, that remains to be seen.

### **//1:00 a.m.//**

With one hour left until the directors are scheduled to appear, the scripts are near completion. Title ideas are kicked around, the occasional dedicated writer begins editing his or her infant masterpiece, and first drafts are coming off the printers. Other people, like Casey Dehlinger, are just happy their scripts are done, "I think I'm done. I probably have some huge continuity problems, but it's done!" Predictably, everyone is running on caffeine and/or nicotine by this point, which is understandable considering how much artistic expression must be stuffed into a cohesive one-act play.

### **//2:00 a.m.//**

The directors should be here any second now, but nothing's perfect, as they are a little late. However, if it means they slept, then they are beating the writers by miles. This delay gives the writers either prolonged last-minute panic or a brief but much needed break. By 2:20, the directors have filed in and started reading through the raw material. Megan Dinger comments, "I feel like I'm a husband and I'm waiting for my wife to give birth."

### **//3:00 a.m.//**

The directors retire into a private space and decide which scripts will be performed. It's definitely late now, and it is definitely getting difficult for the directors to focus on the task at hand. Nevertheless, they trudge through all eight final scripts. It's a tough choice; they have to consider ease of staging and available acting talent. Skimming a potential script, Ryan Kidder points out, "he's a gorgeous Greek who makes good food -- do we have one of those?" The largest worry around the table is definitely getting enough actors. With only six or seven actors showing up to auditions, and 25-odd roles to fill, the directors are hoping for a big turnout in the morning to make up for last night's skimpy showing. The senior staff members pick a pair of scripts right away, but it becomes more difficult to decide on the final three. Some of these scripts simply won't be performed, and it's difficult for the directors to turn down a single writer's work. But the work has to be done, and slowly it is done. A series of monologues, a play about a cannibal, another about a revival preacher and a gay man, a surreal piece about college friends, and a series of dates are the final five selected plays. This isn't to say they don't still need

work. Ryan Kidder quips after reading one of the finals scripts, "Cut the monologues in half; throw in some curse words; you'll be fine." The writers' jobs are not yet over.

#### //4:00 a.m.//

The plays are selected, but still need to be attached to directors. Seniority takes precedence and directors select the pieces they connect with most. They start to discuss some direction, revisions are suggested, and some planning for the night is given; eating, sleeping, and writing are discussed. At ten past four the writers are brought back in; for the first time all night, there is tension in the room. As the approved pieces are announced, silence follows and the disappointed writers leave a little frustrated. It's late, really really late, and tempers are short. Directors and writers split into pairs to talk dramaturgy or rework sections of scripts. After this, the writers give their plays over to the directors and walk away not to return until the show. Its high time for a break. The writers go home, and the directors go out to Denny's. Some coffee and grease ought to get everyone moving faster.

#### //7:00 a.m.//

The next few hours are spent in relative silence. The writers were very modest in their set requirements, so except for the construction of one locker, it looks like set, makeup and, costume will be fairly straightforward. This is good because the set builders start work when Ingle opens at seven, morning auditions begin at 9 am, and rehearsals will follow in earnest. The crew is arriving. It is strange to see rested faces and energetic bodies, contrasting vividly with the few survivors from the previous night who are running, steadfast, on empty.

#### //9:00 a.m.//

The second set of auditions should be starting now; however, there is a slight shortage of actors. Eight new faces bring the actor count to 14, assuming everyone from the night before shows up again. At least 18 actors are needed to make these plays a reality. But there is no time for worrying about such things. The second round of auditions begin, and the first hiccup in staging occurs with the discovery that there will be no spotlight available tonight.

The new round of actors strut their stuff for roles. The whole staff looks worn paper-thin.

#### //10:00 a.m.//

The directors retire to cast the plays, and a half hour later they emerge with a cast list. Every person who tried out gets a role and, largely because of casting limitations, some people get two. The rehearsal process begins. For the first time, this production starts to resemble a conventional theater production, drilling lines and reading scripts. However, with a handful of double-cast roles and five directors trying to rehearse their acts simultaneously, the result tends to be five plays in total chaos. In between this occasional directorial chaos, some of the newly cast actors talk a little about what it is like to be in this show. Corey Valuck, an actress, says, "I've been going through my lines and trying to get a feel for it in a short time. It's chaos right now, but I think it will be good." Fatigue is clearly a factor even for the actors. Megan Dingler, who spent all last night writing a script, is now preparing to perform someone else's script. "I went home for an hour to take a shower. I am so tired." she says.



Diana Wilson applies the finishing coat of paint to the rehearsal cubes that make up the sets during construction on Saturday morning.

Assistant stage managers Andrew Wozniak and Nikki Meadows prepare the paper stuffing that will deaden the sound created by moving the otherwise empty rehearsal cubes.



From left: Actor Richard Houdobre, playing a typist, and castmates Isabelle Richard and Adam Bosen rehearse their roles in *A Day's Work*.



(from left to right) Andrew Wozniak, Wesley Paugh, Adam Bosen, Corey Valuck, and the rest of the cast prepare for the show with a warm-up exercise called "sixteens."

### //12:00 p.m.//

The actors and directors are busy blocking out scenes and memorizing lines. Meanwhile, the action is really picking up backstage. A small number of busy workers throw together the set and locate all the props needed to make the actors' hard work visually convincing. A hoard of gray rehearsal blocks, reusable pieces meant to create many different settings, are being cut, assembled, and painted back stage with assembly-line efficiency. Meanwhile, Jon Bove, the head set designer, personally oversees the entire construction process. The set is not incredibly complicated, but set design usually gets five or six weeks for construction, rather than eleven or twelve hours.

### //4:00 p.m.//

Run-throughs are getting started, and the actors and directors who were sprawled around the Fireside Lounge sleeping or frantically reading scripts are herded into Ingle Auditorium. Things could go smoother in the first staged piece. Lines are dropped, cues are missed, entrances and exits are slow, and the cast can't stop laughing. It is important to remember that this project has only existed for twenty-odd hours, and these scripts only left their authors' minds 14 hours ago. This

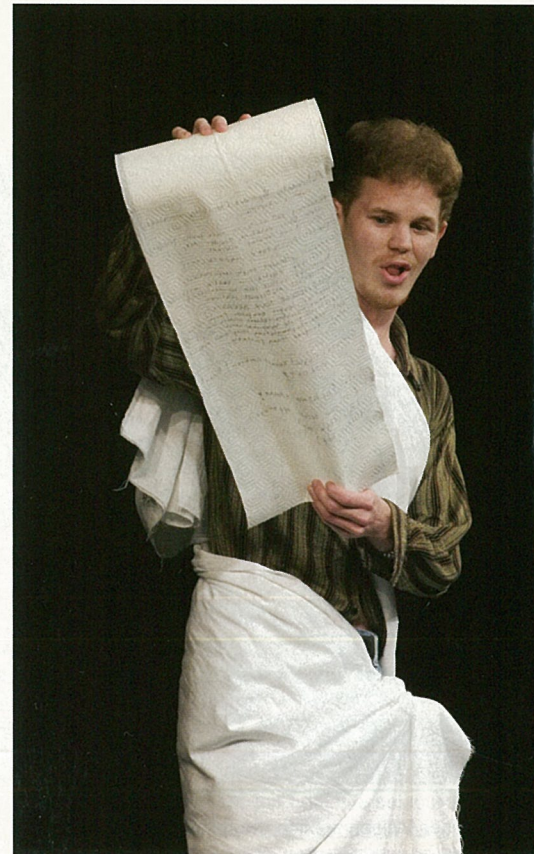
rehearsal is a technical rehearsal, read through, and final dress rehearsal all in one. And it is the only one. Exhausted directors and tired actors struggle over lines and blocking, but this production is really starting to look like a play. The ubiquitous energy and voice warm-ups begin as the actors prepare for the first full run-through.

### //5:00 p.m.//

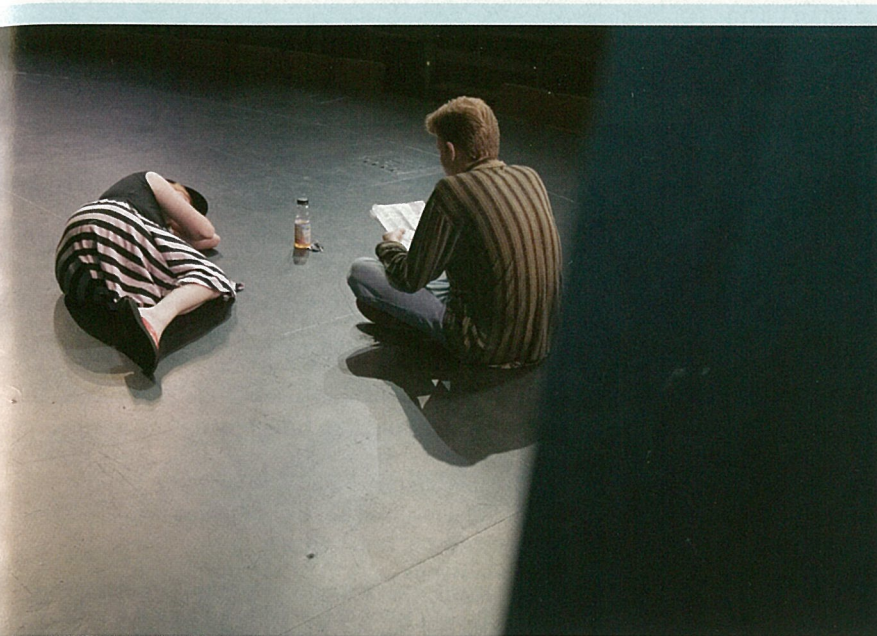
The first real run-through begins, an accomplishment in and of itself. Amazingly, it looks like a play. Not something perfect, but something real, something that looks like it could be staged effectively. It looks like seventeen hours of labor are finally paying off—sort of paying off. The actors need a lot of lines fed to them, and parts of some vignettes sound flat. The run-through ends at 6:10, and everyone is sent home for an hour to eat, sleep, and recover before call at 7:00.

### //7:30 p.m.//

Doors open. The crowd grows slowly at first, picking up momentum until 8:00 p.m. when the show begins to an audience of nearly 200 spectators. Every minute of the last 24 hours has built up to this performance, and now the show begins. ■



Neil Bonsteel performs a scene from *Piece 4.5* during Saturday night's performance.



Costume Designer Ashley Berry struggles to maintain her consciousness as the long hours begin to take their toll late Saturday afternoon. Meanwhile, actor Neil Bonsteel practices his lines.

# The Plays

by Lauren Dellaquila

## A Day's Work

Written by Megan Dingler; directed by Jaymelee Kim

**A Day's Work** was the first play performed, and was an appropriate choice to begin the evening. In the play, an eccentric playwright (Richard Houdobre) looks for inspiration, forming relationships with his characters and their personalities. Timing and clever language were key when it came to pulling off the illusion that the audience was witnessing the creation of the playwright's characters. The characters Norma (Isabelle Richard), Zeke (Adam Bosen) and Brad (Ian Bennett) had to rewind their actions, adjust their mannerisms, and change their personalities very quickly during the performance. Richard, Bosen, and Bennett performed effectively and with humorous flair, and a twist at the end created another level of perspective and narration. The audience discovered another writer (Rich DeTommaso), writing about the playwright, who was writing about his own characters. It was a welcome and surprising way to end the entire piece.

## Piece 4.5

Written by Rich DeTommaso; directed by Max Koknar

This vignette was a one-man show and experimental performance. No doubt the single actor (Neil Bonsteel) had a lot of nerve to get up in front of a group of people and entertain them for over 10 minutes. The point of the piece was "to elicit a certain response from within the audience." The performance was split into four monologues, the first of which showed the actor contemplating his negative habits. As an audience member, my reactions ranged from amusement, to shock, to disgust. At one point, a long awkward pause by the actor gave me an extreme sense of aggravation. Bonsteel successfully created an atmosphere with his lack of verbal communication. The last monologue centered on the actor's "nocturnal emissions," or lack thereof, comparing the ability to do so to membership in a "secret society" other boys were invited to. The overall piece was memorable and brought an offbeat tone to the theater.

## Converted (or, A Streetcar Named Fabulous)

Written by Jeff Collar and Brigitte Cornwell; directed by Ryan Kidder

**Converted (or, A Streetcar Named Fabulous)** began and ended in the same place: a church, with a minister preaching the sins of homosexual relations. In contrast, the middle scenes consisted of "homosexuality conversion centers." The mere idea of a larger-than-life conspiracy of gays, and their supposed methods of recruitment, was humorous in itself. However, there was a questionable, somewhat explicit scene of imitated oral sex that drew a collective gasp from the audience. Other than that, the performance brought about an entertaining, quirky view of society's reactions to homosexuality.

## Giraffes and Silverware

Written by Casey Dehlinger; directed by Jeff Collar

**Giraffes and Silverware** was a look into the mind of an outcast of sorts, Jeff (Joseph Nadeau), whose personality resembled the neurotic George from "Seinfeld." From his first entrance with a rubber duck plastered to his head, the audience realized he was different. Jeff and his female sidekick Tanya (Megan Dingler), who is blessed with a certain hatred for everything in her life, discuss pointless subjects of their existence. Some of the discussion was amusing, and other parts left questions of where the actors were taking their discussions of celery and bugs. Throughout the piece, Jeff has a stalker who ended up providing a sense of comedic relief in her own creepy way. Her odd imitations of Jeff's strange habits and quirks illustrated the point that Jeff was a unique, yet worthwhile, individual.

## A Modest Faux Pas

Written by Erhardt Graeff; directed by Shaun Jamieson

**A Modest Faux Pas** began with a confused teenage boy, Mark (Rich DeTommaso) who thinking that he might be a cannibal, and wondering whether or not to "come out." Throughout the entire performance, I couldn't help thinking that if one were to replace the word "cannibal" with "homosexual" it wouldn't have made that much a difference. Mark even has his own "coming out party" at the end of the play. The piece poked fun at the way our society handles taboo subjects today. One of Mark's friends, Kerry (Kelsey Wright) keeps repeating the famous idea, "Cannibals are born that way! Mark can't help who he is." The writer made a good point of how far our society would push the statement "It's okay to be different." ■

# WORLD on the street

compiled and photographed by Jodi Goldberg



## Q: If you could be any fictional character, from a movie, television show, or book, who would you be and why?

1 "Eminem, his flow is sick and his style is insane. He is the greatest man to ever live."

**Ameya Tatake**

Fourth Year  
Finance

2 "Spongebob, because he got to live under the sea and play with all the fish."

**Amy Nemcovsky**

Second Year  
Illustration

3 "Kira Knightley in *Pirates of the Caribbean* because she got to work with Johnny Depp."

**Ann Marie Indovina**

Fourth Year  
Nutrition

4 "Tyler Durden from *Fight Club*, he was able to have two very distinct personalities."

**Fred Potter**

Third Year  
Medical Labtech

5 "I would be the kid in *The Never Ending Story* who gets to fly on back of the dog and into a different world."

**Ruth Ostrander**

Third Year  
Mathematics

6 "Wonderwoman, she has superpowers, can kick everyone's ass, and gets to wear tight spandex."

**Sarah Willbergh**

Third Year  
Interior Design

7 "Speedy Gonzalez because there are not enough Mexican comic book figures represented out there."

**Vidda Serrato**

Third Year  
Graphic Design

8 "The Chairman of Iron Chef, he gets to wear a cape and try all of the different foods."

**Ward Johnson**

Fifth Year  
Microelectronic Engineering

"Indiana Jones, he gets to travel all over the world getting all the ladies with his cool clothes and hat."

**Jordan Aldersly**

Third Year  
Biology

"I would be myself, determined to be successful either by the books as a capitalist or if I have to, take advantage of others to get where I want to be."

**Herman Qymyl Crawford**

Third Year  
Hospitality Management

"Superman, he can fly!"

**David Hildreta**

Fourth Year  
New Media Design

"Dorothy from *The Wizard of Oz*, so I can be somewhere over the rainbow."

**Marie Johnson**

Department of Access Services in Interpreting

"Jasmine from *Aladdin*, she gets to ride on a flying magic carpet and is rescued by her own Prince."

**Erin Hynes**

Fourth Year  
Nutrition

"When I was younger I always wanted to be Cher from *Clueless*, she got whatever she wanted and was able to swipe her credit card whenever she wanted without even worrying about it."

**Trista Mowers**

Second year  
IT

"Carrie from *Sex and the City*, she met so many guys and got to talk about sex as a job."

**Sarah Groome**

Second Year  
Bio Chem

"Batman, he's got a bunch of cool stuff to play with and is bulletproof."

**Nick Spor**

Fourth Year  
IT

"Bugs Bunny, he is just mad cool and funny."

**Donovan Browne-Worrol**

Second Year  
Industrial Design

"Stewie from the *Family Guy*, he is obnoxious, sarcastic, and speaks the utter truth."

**Professor Dave Newman**

Communications



# DWI

Todd J.W. Wisner

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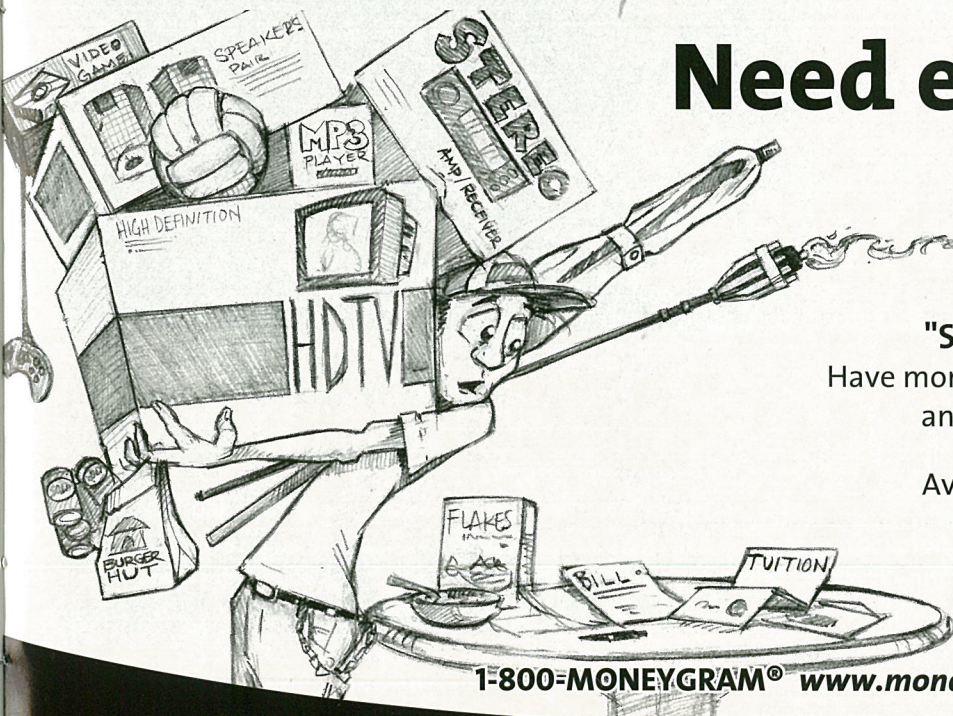
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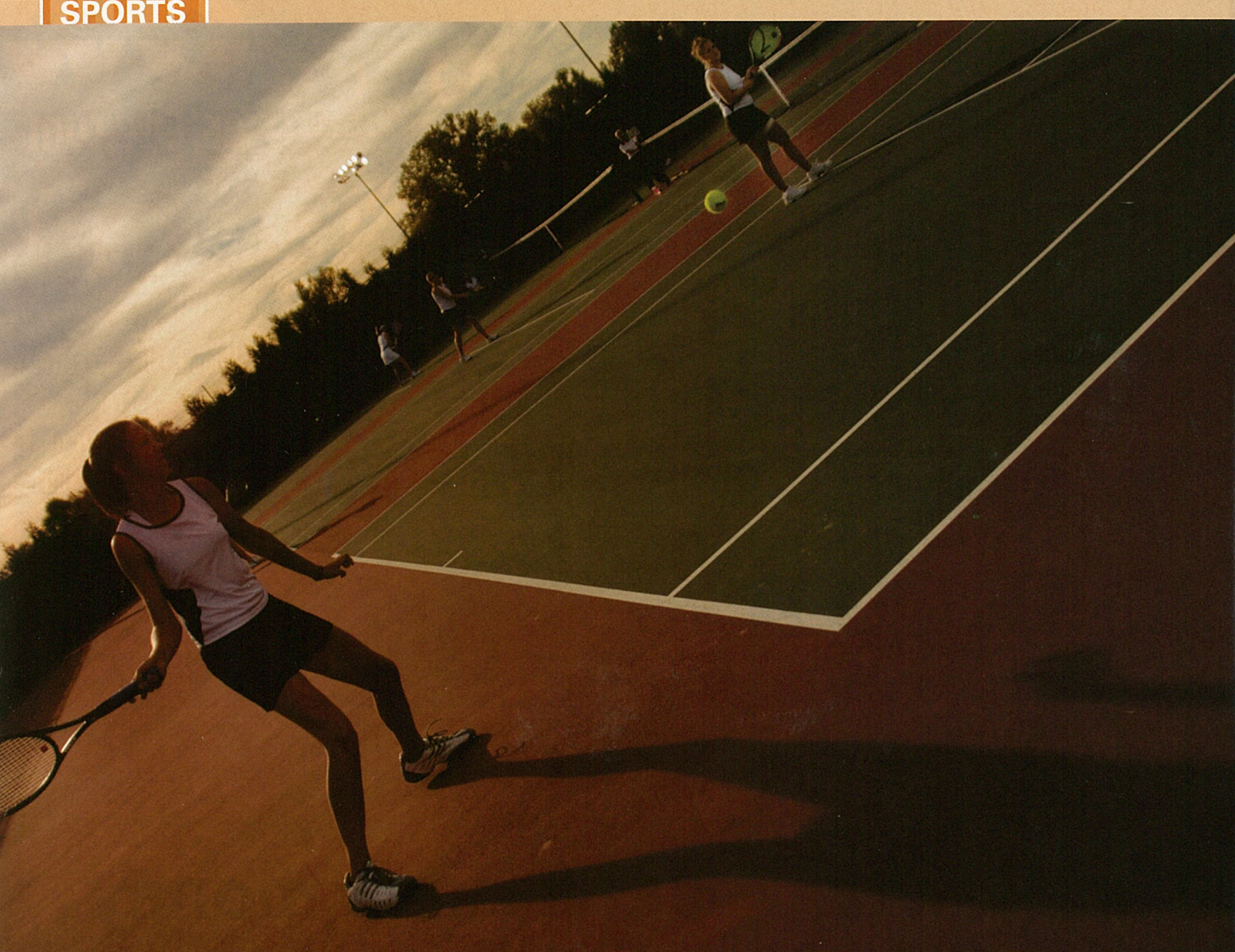
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# Sports **DESK** compiled by Mike Eppolito

## Women's Tennis

**September 19:** RIT used their home court advantage to defeat Wells College by a large margin finishing out the match at 8-1.

### Singles:

1. Jenn Hume (RIT) def. Lisa Gibson (W) 7-5, 6-4
2. Lindsey Brady (RIT) def. Jill Parsons (W) 6-0, 6-1
3. Emily Ross (RIT) def. Sarah Mastrolia (W) 6-3, 6-0
4. Aimee Holmberg (RIT) def. Janine Gresko (W) 6-3, 6-3
5. Leigh Bryson (RIT) def. Meredith Burks (W) 6-3, 6-0
6. Mehak Sujan (RIT) def. Nicole Lamarre (W) 6-0, 6-0

### Doubles:

1. Lisa Gibson/Jill Parsons (W) def. Jenn Hume/Leigh Bryson (RIT) 8-4
2. Lindsey Brady/Melanie Blass (RIT) def. Sarah Mastrolia/

Janine Gresko (W) 8-4

3. Aimee Holmberg/Michelle Nicholson (RIT) def. Meredith Burks/Nicole

**September 21:** RIT faced Nazareth and put up a good showing but were unable to take the match, losing it 5-4.

### Singles:

1. Angela Tessoni (N) def. Jenn Hume (RIT) 6-2, 6-3
2. Andrea Gaddis (N) def. Lindsey Brady (RIT) 3-6, 6-3, 6-2
3. Ann Kucheryvanko (N) def. Emily Ross (RIT) 6-0, 6-0
4. Aimee Holmberg (RIT) def. Betsy O'Brien (N) 6-1, 2-6, 6-1
5. Liz Zimmerli (N) def. Leigh Bryson (RIT) 4-6, 6-4, 6-2
6. Mehak Sujan (RIT) def. Eileen Slifer (N) 6-4, 6-4

---

RIT tennis player Leigh Bryson attempts to return a Nazareth serve during her doubles match on Tuesday, September 21. Eric Sucar/REPORTER Magazine.



**Doubles:**

1. Jenn Hume/Leigh Bryson (RIT) def. Ann Kucheryvanko/Angela Tessonni (N) 8-6
2. Andrea Gaddis/Betsy O'Brien (N) def. Lindsey Brady/Melanie Blass (RIT) 8-2
3. Aimee Holmberg/Michelle Nicholson (RIT) def. Liz Zimmerli/Emily MaCadoo (N) 8-4

**September 24:** RIT traveled to William Smith College in Geneva, NY to compete in the 2004 Wilson ITA/Northeast Championships.

**Singles Championship (First Round):**

- M. Vercillo (Union) def. Emily Ross (RIT) - 6-3, 6-1  
 A. Perry (U of R) def. Lindsey Brady (RIT) - 6-3, 3-6, 6-3  
 M. Walsh (Ithaca) def. Jen Hume (RIT) - 5-7, 6-4, 6-1

**Singles Championship (Consolation):**

- A. Terbush (Cortland) def. Leigh Bryson (RIT) - 8-1  
 M. Hayes (NYU) def. Lindsey Brady (RIT) - 8-4  
 Jen Hume (RIT) def. K. Tukul (Richard Stockton) - 8-4

**Doubles Championship (First Round):**

Dorsheid/Husson (Cortland) def. Bryson/Hume (RIT) - 8-1

**Doubles Championship (Consolation):**

Holzman/Vo (Drew) def. Bryson/Brady (RIT) - 8-6

**Record through 9/24/04: 4-4**

**Women's Volleyball**

**September 19:** RIT and University of Rochester were in a fight to the end, with RIT barely pulling off the victory in the fifth game by 2 points.

**Final Score:** 3-2

**Score by Game:** 27-30, 31-29, 30-27, 19-30, 16-14

**Notable Performances:**

Christina Anabel: 20 digs, 19 kills  
 Michelle Skowzgid: 18 kills, 5 blocks  
 Laura Grell: 27 digs  
 Sarah Ballard: 56 assists

**September 24:** RIT traveled to Pittsburgh, PA in order to compete in the Carnegie Mellon Tournament verses John Carroll and Mt. Union. They ended the tournament with a victory against Mt. Union and a defeat by John Carroll.

**Results by game:**

**Vs. John Carroll:** RIT lost in a 3 game shutout

**Final Score:** 0-3

**Score by Game:** 20-30, 24-30, 24-30

**Notable Performances:**

Bonnie Harriman: 13 kills  
 Sarah Ballard: 19 digs and 27 assists

**Vs. Mt. Union:** RIT came back from their defeat against John Carroll to win 3-1

**Final Score:** 3-1

**Score by Game:** 30-26, 15-30, 30-25, 31-29

**Notable Performances:**

Bonnie Harriman: 13 kills  
 Laura Grell: 39 digs  
 Sarah Ballard: 46 assists.

**Women's Soccer**

**September 22:** RIT lost its third straight game in a row with a 2-0 loss to University of Rochester.

**Saves:** 10 (Carrie Yehle)

**Shots on Goal:** RIT (1), University of Rochester (14)

**Record through 9/24/04: 2-5-0**

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# 3 STARS

by Tina Leh | photographs by Eric Sucar



## Trisha Sliker

Junior Trisha Sliker of Albion, New York, is currently studying chemistry and has been running on the Women's Cross Country team for the past two years. Trisha's best run of her career with RIT was when she broke the 20 minute mark in a 5K run. She has climbed from being second of the women on the team last year to being first this year. "I believe Trisha will run with a minute improvement this year, which in cross country is amazing," states Coach David Warth. "She shows a lot of potential and is capable of being the top woman in the state conference." Trisha has proven again and again that she has what it takes to be a top runner. She recently placed second at a tri-meet with University of Rochester and Verdonia, beating out last year's All-American.

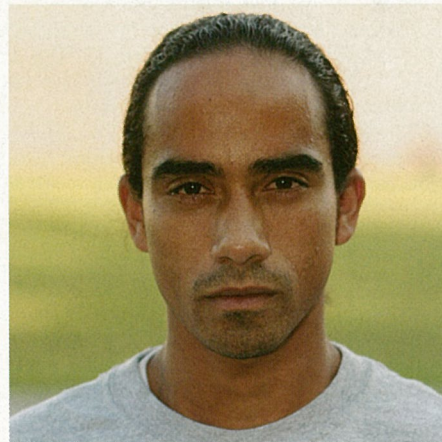
Aside from her athletic achievements, Trisha is also a great role model for the team. According to Warth, "Her great leadership quality, in terms of talent, is that she shows the other girls what they are capable of." Trisha epitomizes the ideal that hard work will bring an athlete success. "What I like about Trisha," says Warth, "is that she can go out and achieve greatness while having fun. She enjoys the results, which is very refreshing to have on a team."



## Leigh Bryson

Leigh Bryson, a first year packaging science major from Wallingford, Connecticut, is one of the newest additions to the RIT Women's Tennis team. She hasn't wasted any time in getting acquainted with the team, as she has already established a winning record. So far this season she has a record of six single wins and four double wins. "She is a young lady who walks softly but carries a big stick," states Coach Ann Nealon. "She knows how to get the job done." Nealon believes that Bryson has tremendous potential as a freshman, and will grow to become an excellent player on the team. A few weeks ago, she shared the RIT Female Co-Athlete of the Week title with Jennifer Hume. "Leigh has an all-court game, which is instrumental in her success as both a singles and doubles player," states Nealon. "She is technically sound and is presently working on becoming a more consistent player."

Even though she is new this year, Bryson is well on her way to becoming an integral part of the team. "I see her developing as one of our top players in the future; however she still needs improvement in her mental approach and the overall game," declares Nealon. "Once she learns how to let things go during her match, she will be successful." Leigh's talents and abilities will only grow better as she continues to be challenged and pushed by her opponents.



## Diego Grisales

Adding to the rich diversity of RIT, Diego Grisales joins the Men's Cross Country team as a transfer student from San Juan, Puerto Rico. Originally from Colombia, Diego is enjoying the college experience as a 30-year-old junior. Diego has an extensive background running in Colombia, although he hasn't had consistent training or worked with a team for about five years. He won the most recent tri-meet against University of Rochester and Verdonia by a minute, with two of his teammates placing second and third.

Diego has quickly become the number one male on the team and is a motivating force for the rest of the team to give their all. "The other runners really respect him," states Coach David Warth. "They all know his history so the rest of the guys will push themselves to catch up to his level." Coach Warth is not surprised that Diego is leading the team. Diego has given up-front strength and leadership to drive the other guys to succeed. His performance thus far speaks volumes about his potential for the remainder of the season. "He hasn't been on a team with a coach for a while, and now that he is back, it has been great!" states Warth. "He sees no limit and I can envision him going national."



# ARTillery

RIT's paintball team is more fun than finger painting

by Mike Eppolito

While many RIT students have come to associate paintball guns with police decked out in full riot gear, the RIT paintball club uses their guns for a purpose unrelated to crowd dispersal. The two-and-a-half-year-old team competes nationwide in various tournaments against other college teams. Although few people on campus may be aware of the club's existence, the team is making a name for itself in the National Collegiate Paintball Association (NCPA) as its members continue to demonstrate their skills.

The team recently competed in their first tournament of the year and did surprisingly well, considering that they hadn't practiced since last season. They entered the five-man college division of the Severe Open and finished the tournament with a record of 6-2 after winning five games in a row. The team missed first place by a meager ten points, which they could have tallied with only one more kill in any of the eight games they played.

Even with a bittersweet second place finish at the tournament, team captain Zianeh Kemeh-Gama notes that they "turned a lot of heads at that event" due to the amazing things they were able to pull off. "This year is looking up. We're definitely looking for the national championship this year. Last year it was a goal but it wasn't one of those realistic goals," says Zianeh. The national championships are held in the spring, and are attended by the teams that rack up the most points at tournaments over the course of the year. At each tournament, points are earned based on the number of teams and the place in which a certain team finishes.

The paintball club is planning on having two different teams compete this year, the "black team" (first squad) and the "orange team" (second squad). The orange team has been relatively unorganized and at times non-existent over the past two years; however, this year they are looking promising. "This is probably going to be the first year that we will have a descent second squad," declares Zianeh. "[The orange team] can actually push us in practice instead of us [black team] just stomping them all the time. They can push us so not only do we

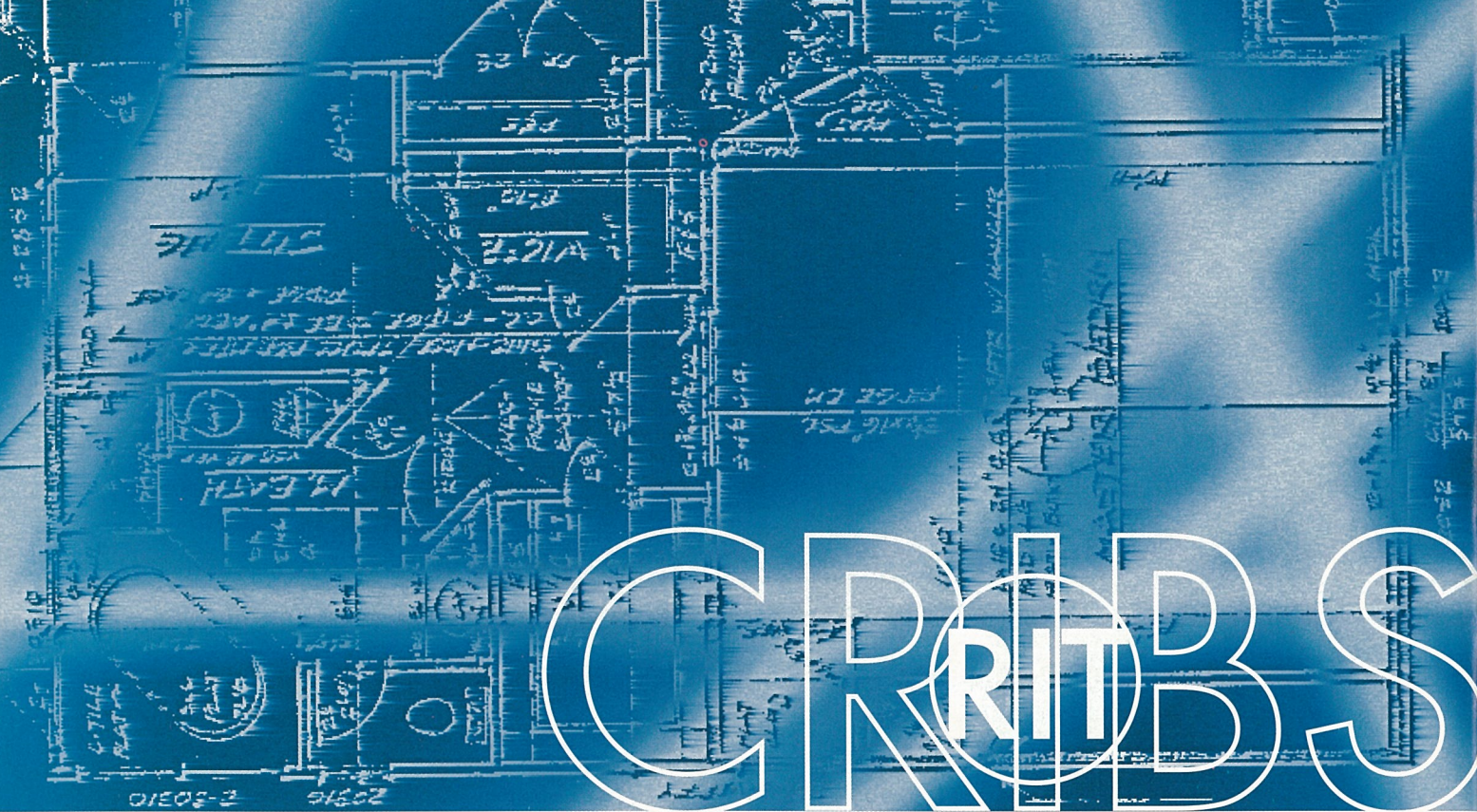
get better by playing good competition, but they get better by playing us too." The team recently held tryouts, and leaders are now deciding who to place on the orange team.

The black team is currently comprised of five players—four second year students and a fifth year. They play in a 2-1-2 formation, with two players up top, one in the middle, and two in the back. Sophomores Jeremy Belge and Derek Bishop are paired up front as the team's first line of attack. Referring to Jeremy and Derek, Zianeh said that "both of those kids are killers. They shoot their guns well. They move well. They're really aggressive and try to get in your face as soon as possible." Sophomore Lee Rynearson plays in the middle and according to Zianeh, "pretty much holds it down for us. Keeps control and keeps calm." Zianeh (the only fifth year on the team) and sophomore Matt Giara stay behind to control things in the back field. Matt has improved quite a bit making one of the biggest jumps in skill level that Zianeh has seen in a while. Zianeh explains his role on the team as being the "grandpa of the team. I handle all of the on field decisions, pretty much, and most of the off field even though I am trying to get away from that and let the kids [teammates] handle that."

Zianeh has high expectations for the team because according to him, "the team this year is really nasty, really nasty." The team will get a chance to try for the elusive first place at the upcoming Norwich University Open, which will take place October 9th in Northfield, VT. "We're looking for good things. Anything less than second place would probably be a disappointment for us the way we are playing right now."

The team practices on a regular basis in order to hone their skills and prepare for upcoming competitions. Even though the team is officially recognized by the school, all practices must be held off campus, as RIT policy prohibits paintball guns on the premises. In order to offset the huge amount of money that the team spends on tournament entry fees, practice time, equipment, and supplies, they are currently looking into various sponsorship options. To find out more information about the team, feel free to visit their website at [www.ritpaintball.com](http://www.ritpaintball.com).

A member of the RIT paintball team fires at opponents during the recent Severe Open tournament held September 11th and 12th at the P&C Stadium in Syracuse, New York. The team took 2nd place. Photo Provided.



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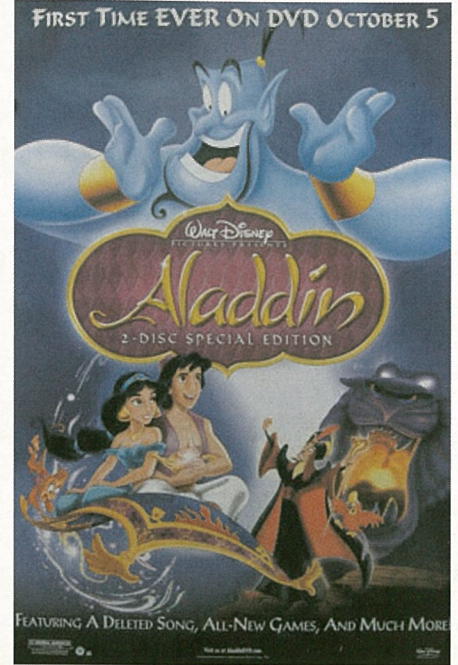
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# Allow Me to Contradict Myself

by Emily Ianacone

Hate. Oh, such an ugly word, and yet I use it rather loosely in everyday conversation. I hate cats\*. I hate that guy. Truth be told, I've only experienced true, raw, burning hate once in my life. The rest of the time I am simply exaggerating. The raw hate of which I speak, for me, was derived from repressed feelings of anger. That's the kind of hate that wraps itself around you and swallows you whole. It's wrong and awful, I know. Lately, I've been trying to understand hate, where it comes from, and people's justifications for it.

"I hate and I love. Who can tell me why?" That quote served as the opening scene of the movie "The Believer". "The Believer" is based on a 1960s Neo-Nazi party leader who was discovered to have been Jewish himself. The whole movie is jam-packed with hate. The lead character struggles to disassociate himself from the religion he was raised to believe in because he is filled to the yabbos\* with self-loathing. It was apparent that Judaism had deeply touched the main character; yet still he resented it and declared that "God is a bully". This is the problem with self-loathing. If you hate yourself, inevitably you're going to hate other people too.

This means that the cliché saying, "You can't love someone else if you don't love yourself" is completely true. To be put in layman's terms, self-hate makes us bitter, uncompassionate assholes. I find that a lot of the time, a person you say you hate has qualities quite similar to you (that you may resent), or has qualities that you lack or desire. It really bothers me when a girl says, "I hate girls [in general]." True, it is most likely an exaggeration, but I don't understand why a female would reproach her entire gender. I'm guessing that a driving force could be insecurity. As an example, if girls who "dumb themselves down" are what really drive you mad, make it clear. There is no reason to hate an entire group of people based on preconceptions and assumptions. That's called bigotry. So ladies, if you are one of those girls, what you really mean to say is, "I hate myself." Some people say, "I hate people [in

general]." I am one of those people, but I say it in jest, when I am really frustrated with myself.\* The misdirection of anger can lead to hate also. I don't really hate the human race, and I don't think that other people do either. It's just become too easy to judge another person and assume that they're unlikable.

Ignorance is another reason why hate exists. We dislike what we don't understand. The only way to find clarity and comprehension is through communication. Miscommunication and misjudgments only lead to misdemeanors (in extreme situations). At first impressions, most people are judging the people they are meeting. I do. I usually don't like people the first time I meet them; it takes several interactions for me to appreciate them. I don't think that most people are like this, unless they are skeptical like me. And I do very much enjoy those kinds of people.

Jealousy is another root of hate. Jealousy is also a form of self-loathing, because you are angry with yourself due to what you lack. Obviously, Lex Luther didn't really hate Superman; he was just jealous that Superman was the BMAT (Big Man About Town). If Lex Luther had sat down with Superman and worked out his jealousy issues, I'm sure they could have come to some form of understanding. However, Lex Luther was ignorant. Unfortunately, a lot of people are, which is why billions of people have been killed since the beginning of time.

With each passing day I find myself becoming slightly less judgmental and slightly less ignorant as I become more informed and aware of the goodness in people surrounding me. There is hope for victory in the battle of hate. One day, "we shall overcome."

\* I am developing a fondness for cats.

\* "Yabbos" is slang for chest.

\* Here is where I contradict myself.

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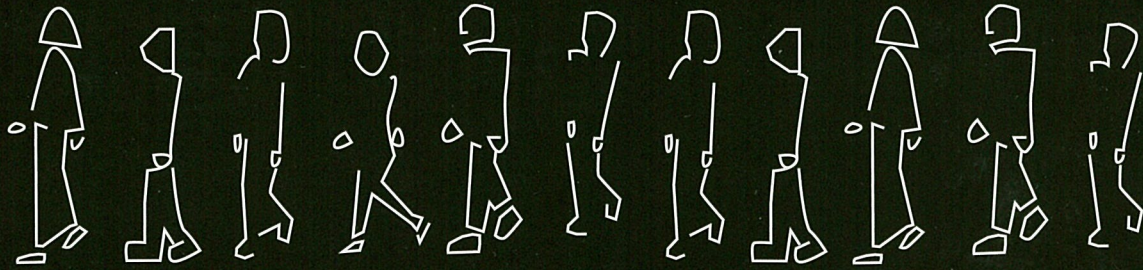
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