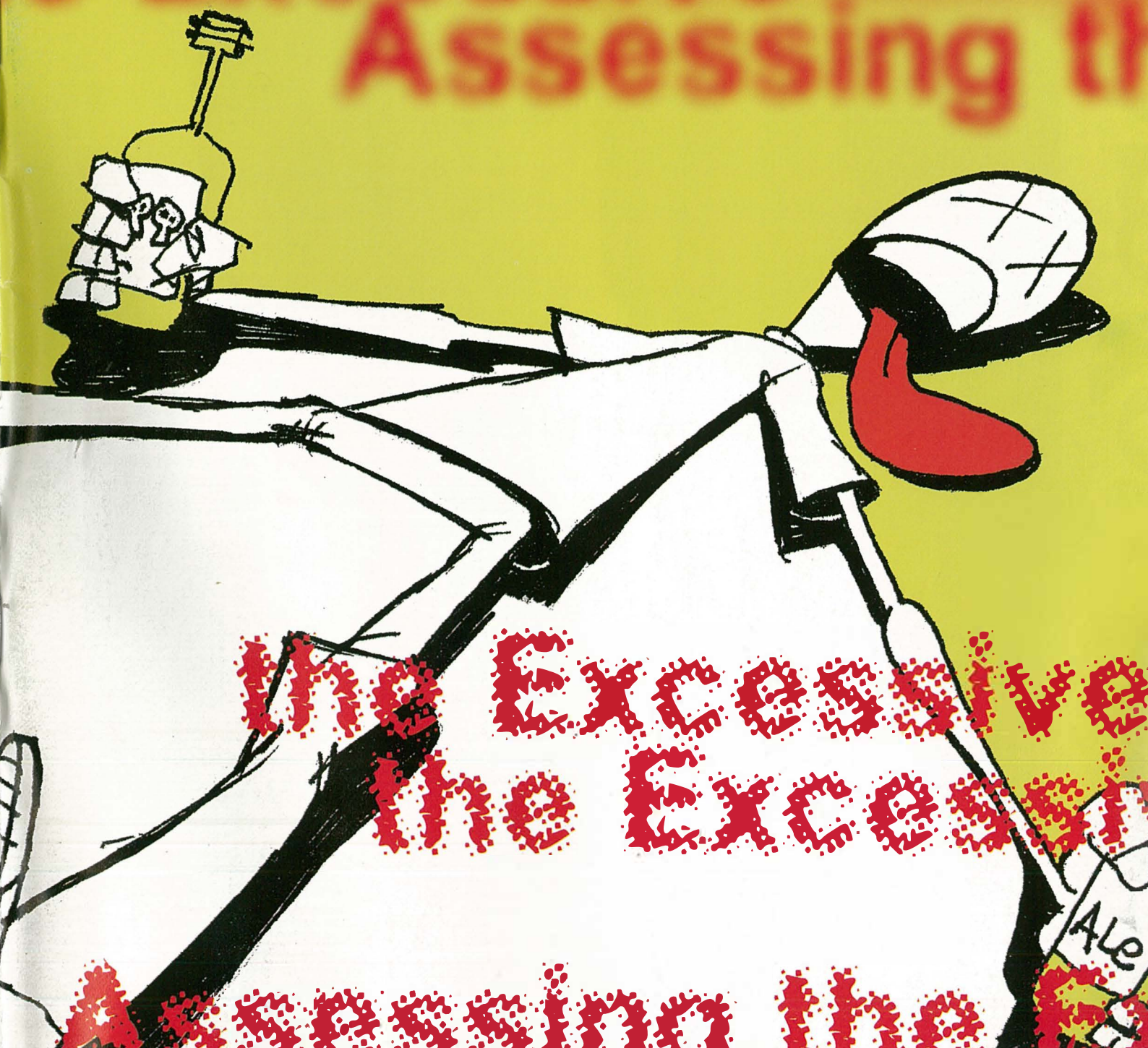


Assessing the Excess
reporter
11.7.97



Why Was Your Job?

Who? will make a statement next?

Cashback Bonus[®] award*

It could be **you** if you call 1-800 IT PAYS TO and apply for a Discover[®] Card.

DIESEL.....

TOWER RECORDS.....

NORTHWEST AIRLINES.....

THE SHARPER IMAGE.....

Cash Advance.....

it pays to



Accepted where you see the NOVUS[®] Sign

To apply online, go to www.discovercard.com
©1997 Greenwood Trust Company, Member FDIC. *Up to 1% paid yearly based on annual level of purchases.

The new interim alcohol policy seems to be the subject of many conversations around this campus lately. Most students are opposed to the interim policy, but surprisingly enough, many students are in favor of Dr. Simone's action. I first heard about the idea of starting a new policy when I was attending Institute Council meeting, a time where many student leaders can meet with faculty and staff and discuss campus issues. On the agenda was whether or not we could enforce the existing alcohol policy, because many students were having a problem with other people's drinking habits interfering with their time for studying or sleeping. So, in fact, the students were the key voice in the ignition of Dr. Simone's policy.

As I sat there listening to the many pro's and con's, I have to say I backed the pro side to enforcing the policy and/or implementing a new one. For those of you who know me personally, you would probably think I was on something for even agreeing with such a ludicrous idea. I used to be a big party animal—my freshman year at RIT—but that is not the case any longer. I use my time wisely and on quality events. Not that I do not drink, but I do it on occasion and responsibly. Besides, after you turn 21 years old, and have seen the silly and outrageous things you have done while being drunk, it tends to lose the adventure and thrill that it once had. You begin to see that there are more important things than hitting every party on a Friday night—not to mention that the older you get, the less partying you can do (at least for me).

While it is a well-known fact that most incoming students tend to drink more when they reach college, the question becomes WHY? My personal answer is that because most freshman have never had the freedom from parental guidance or they never had the opportunity to experience the scene, you see an increase in binge drinking as well as a decline in the number of freshman the following quarter (as well as upperclassmen). There are quite a few different surveys that are focused on college campuses and many state that if you binge drank in high school that you are likely to binge drink even more in college. This seems to make sense, but what about the reverse? I had my share of fun in high school, but was responsible, even for being under-age. I suppose I did not have as many opportunities for alcohol consumption in high school, so when it came time to experience college life, that is what I did.

The spring of my freshman year, after stumbling home from a party at 4 am every single night, I came to the realization that I was on the verge of becoming an alcoholic, if I wasn't already. That is when I realized that I had to watch my habits before I fell to the deadly disease of alcoholism, or something else just as bad. It was time to re-focus and prioritize—why was I spending a large amount of money to attend college? For an education, not to be eligible to attend the parties.

I can thank God that I never encountered any bad incidents from my drinking habits, but I know several people who have and that is enough to frighten me into not drinking; if only it would have the same effect on others. If you are one of the many people who are angry and only seeing the "bad" in the new alcohol policy, then it is time to re-evaluate your life and goals. Ask yourself why you are here and what new and safe thing can you do this Friday night? In the long run the new policy will help many students and make our community a safer and more respectable university to attend.



12 Binge Drinking

8 Leisure

26 Opinion

24 WOTS

6 News

3 Editorial

20 Health: Vegetarianism

30 Classifieds

28 Sports
31 CalendaRIT

11.7.97

cover

design by Kaven Lam

illustration by Matty Messner

16 Million Woman March

22 Photo Journalism

27 Reflections on MWM

back cover

photo by Jason Getz

editor-in-chief
Kelley M. Harsch

executive editor
Dan Newland

art director
Kaven Lam

designer
Jeremy Perkins

managing editor
Amy Beaudreau

production manager
Dave Moysey

production assistant
Adam S. Milnes

photo editor
Michael Fagans

business manager
Beth Mulligan

advertising manager
Anna Angle

leisure editor
Willis White

news editor
Elisabeth Horrell

sports editor
Kevin Bernadt

staff photographers
Jason Getz, Shannon Taggart

illustrator
Matty Messner

writers
**Jeremy Perkins, William Bookman,
Mike DeSocio, Michael Cosby, Jodi
Sullivan, Viviana Calabria,
Shannon Taggart, Julia
Danilchenko, Salvatore
Zimmerman, Cory Reeve, Luke
Hill, Ricky Persaud, Leigh Anne
Francis, Kelly Sietz**

adviser
Rudy Pugliese

distribution
**Brian Bedford, Clint Condon,
Tom Golinski**

printing applications lab prepress
**Kristine Greenizen, John Howell,
Felix Davenport**

printing
**Richard Gillespie, Fred White,
Shawn Kendig, Denis Sears**

REPORTER Magazine is published weekly during the academic year by a staff comprised of students at the Rochester Institute of Technology. Business, Editorial and Production facilities are located in Room A-426, in the lower level of the Student Alumni Union. Our voice/tty line is (716) 475-2212. Subscription rate is \$7.00 per quarter. The opinions expressed in REPORTER do not necessarily reflect those of the Institute. RIT does not review or approve the contents of REPORTER and does not accept responsibility for matters arising from anything published in the magazine. Letters to the Editor may be submitted to the REPORTER in person at our office. Letters may also be sent through RIT email to the address REPORTER@RIT.EDU. Letters must be typed and double-spaced. Please limit letters to 200 words. REPORTER reserves the right to edit for libel and/or clarity. No letters will be printed unless signed and accompanied with a phone number. All letters received will become property of REPORTER. REPORTER takes pride in its membership in the Associated Collegiate Press and Civil Liberties Union. Copyright 1997 REPORTER Magazine. All rights reserved. No portion of this magazine may be reproduced without prior written permission from REPORTER.

Center of Re-manufacturing to Receive Federal Funds

This year's federal budget includes \$2 million in funding for RIT's Center of Re-manufacturing, a part of the Center for Integrated Manufacturing Studies. Representative Louise Slaughter, who together with Senator Alfonse D'Amato worked to secure the funding, said "this assistance will help RIT to establish a first-of-its-kind National Center for Re-manufacturing."

That center is already a part of more than a dozen projects and studies for private industry, and the federal funding is expected to attract more state and private investment in the center. As Judith Gistinis, the Director of CIMS, explained, this funding "will give us the ability to attract incremental technical resources which, in turn, will allow RIT to make exciting advances in the area of re-manufacturing and resource recovery. We are most appreciative of the efforts of Rep. Slaughter and Sen. D'Amato . . . without their tenacious advocacy on RIT's behalf, we would not have achieved this key goal for CIMS and RIT."

Nabil Nasr, head of the Center for Re-manufacturing, said, "this is an important emerging technology, and we're pleased to receive this

support." Re-manufacturing is a process designed to save money, energy, and environmental resources by designing products that are built to be disassembled after their initial life and then rebuilt to "like-new" or better condition. This money will be used to support applied research in re-manufacturing, as well as for activities to assist manufacturers in incorporating the technology into their existing product designs.

CIMS at RIT, which hosts the Re-manufacturing Center, is a program to help manufacturers solve problems and adapt new and existing technologies into manufacturing processes. It is a collaborative project that joins the expertise of RIT's faculty and students with the experience and real-life products of small- to medium-sized manufacturing firms to the benefit of both. The CIMS project itself is already responsible for more than \$5.2 million in cost-savings for more than 180 companies in New York state.

by Michael Cosby

Think you know **BULL** when you see it?

One of the four blurbs in *World News* is phony. If you can tell which one it is, then you deserve a gold star. (Answer in next week's issue)

Last Week's Answer: the mountain bike accident

RIT Alumnus to Join Board of Trustees

For the first time in Institute history, an alumnus member of the Board of Trustees has been named as its chairman. Bill Buckingham, a retired Executive Vice President of M & T Bank, will conduct the tri-annual full board meetings beginning with the meeting being held November 14.

As a member of the board, it will be Buckingham's job to be sure that RIT fulfills its mission and remains legally and financially sound. In this respect, the board is much like the Board of Trustees of any corporation. The main difference is that while a corporation's board focuses on giving back to the company's investors, RIT's Board of Trustees focuses on giving back to the students and the community.

A number of RIT's board members are from companies that have long been associated with RIT, including Kodak, Xerox, Frontier Corporation, and many others. Among their specific duties are hiring and supporting the Institute President, a duty they've performed nine times in their 76 years of existence. It also eventually falls to the board to approve any broad policies affecting the entire Institute, as well as the annual operating and capital budgets. They also approve "the assumptions, principles, and values which guide the university [and] the vision, mission, and strategic foci of the university."

Board members are chosen based on many factors; diversity issues are considered, including special talents, geographic region, sex, ethnicity, and age. Alumni status is also a factor in consideration for membership.

by Michael Cosby

World News

* Five college students have collectively filed a complaint against a professor at a school in Arkansas for "physical abuse." They say the professor's unreasonable amount of homework led to two of the students falling seriously ill. The two students had apparently been denying themselves of food and sleep for three days straight when the professor assigned four term papers, due in one week. One of the students developed pneumonia; the other was treated for severe digestive problems. The professor supposedly knew of the students' conditions, but refused to give them any deadline extensions. The school's judiciary committee will be hearing the case.

* Large tumors are taking the lives of sea turtles all over the world. Researchers are uncertain as to the cause, but they believe that something is causing turtles' immune systems to weaken. The noncancerous growths smother the turtles' heart and lungs, and sometimes block necessary passages such as the mouth and rectum. One giant sea turtle was spotted off the coast of Florida with a gray mass the size of the roof of a compact car.

* The Lebanese government recently engaged in a crackdown on car theft. Hundreds of troops were dispatched to the eastern Bekaa Valley to hunt down car-stealing gangs. Soldiers and policemen entered the area in armored vehicles and helicopters. The first day of the campaign saw ten people arrested and ten stolen cars retrieved. The gangs often steal cars from major cities and take them to the Bekaa valley where they are sold.

* Thousands of Israelis lined up on Tel Aviv beach recently to get free breakfast. A mile-long table held tons of yogurt, bread, jam, and cereal, which was quickly gobbled up by hungry locals. The event, set up by an Israeli food processing company, took place in an effort to break the record for the world's "longest" breakfast, as well as to promote good feeling at the start of the Jewish year. The previous record was a 1.3 kilometer-long food table. A decision on whether this event surpassed the mark will be decided within three months.

by Jeremy Perkins

Sizzle Gate Art Expo

Village Gate

The annual Village Gate Art Expo was a dynamite exhibit, complete with tasty refreshments and smoky jazz bands. With fine art and some not so fine art, the environment was relaxing and fresh.

The crowd was young and eager, with anticipation throughout the night. Instead of merely studying the art for refreshment and beauty, people gawked like children in a candy store. Observing the crowd, it seemed like the paintings held no deep meaning, but everyone seemed to enjoy them.

Although the paintings seemed to be displayed at random without a central theme, the slew of mediums used made the exhibit beautiful. Some of the paintings were displayed so that if you were to use the upper walkway, they suddenly grabbed your attention as if they were right beside you. The art included sculptures, stained glass collages, canvases with glass, embedded sculptures, old photographs, and of course the abstract and traditional canvases.

While trying to analyze the art, the feeling that kept coming to mind was denial. The more perceptions I had about a piece, it seemed the more that my mind would deny me of an opinion. Isn't that what real art is, though? The more a piece goes against what we try to observe in it, the harder it becomes to understand, and in that, the piece establishes itself as art.

If an artist wanted to have his or her art displayed, registration cost fifteen dollars. The pieces were judged in six different categories, with prizes for first, second, and third places.

Overall, I would have to say the Art Expo '97 was a great success, not only with the art which varied remarkably, but also the crowd itself that ranged from college students to retired couples. The art was good, the food was superb, the crowd was great, and the jazz bands helped elevate the art to a whole new level.

by Salvatore Zimmerman





Playin

David Duchovny stars in the new Touchstone Pictures release, *Playing God*. Duchovny plays Eugene Sands, a surgeon who loses his medical license after a patient died during surgery while Sands was operating under the influence of drugs. Eugene lives the life of a drug addict, until one night at a local bar he saves the life of a man who is shot next to him. After this, the two thugs make a house call to Sands, taking him to meet Raymond Blossom (played by newcomer Andy Wilson). Blossom pays Eugene for saving his friend's life, and offers to help him out anytime he needs it. With this, Eugene is sent spinning into a world of crime and chaos.

Duchovny and Wilson both turn in wonderful performances in this thriller about life in the world of organized crime. Duchovny plays a convincing doctor turned burnout. His level of intelligence is apparent even while he is doing some pretty insane things. Wilson shines as the movie's "bad guy." He is hip and occasionally very funny, but in the end he is truly bad to the bone.

The dialogue of the movie flows beautifully. Reminiscent of Quentin Tarantino's style, the characters are often funny, even in very intense situations. However, the comic relief does not detract from the film in any way. If anything, it helps to make the characters more believable. Duchovny's voice-over narration really adds to the feel of the movie, and his character's sarcastic humor shows through.

Mark Smith, the movie's writer, really plays with stereotypes in this film. One example of this is when Duchovny is fleeing and needs to treat a friend who has been shot. He arrives at a bar with several people dressed as your typical biker-movie bad boys. As it turns out, they are a friendly bunch. Also, veteran Timothy Hutton turns in a great performance as a scumbag investigator whose motives seem more than a little skewed. As the movie progresses, the line between the "good guys" and "bad guys" seems to blur.

Playing God is wonderfully intense and surprisingly amusing. On a scale from one to ten, *Playing God* scores an eight.

by Cory Reeve



Questioning The Millennium

Stephen Jay Gould makes one not-so-astounding prediction concerning the upcoming end of the century: an incredible glut of negative millennial literature is going to be released, and most of it will be utter nonsense. *Questioning the Millennium*, Gould's latest book, attempts to address the issues of approaching the Year 2000 from a more clear-headed, intelligent angle.

Stephen Jay Gould is a noted essayist and a brilliant critical thinker. His latest work seeks to deflate some of the sensation surrounding the impending turn of the century. From the onset, Gould categorically refuses to make predictions about the future of humankind. Surprisingly enough, he even shies away from analyzing the human tendency toward anxiety just before the close of a millennium. Instead, he takes a serious look at "calendars and numbers; fingers, toes; the sun and the moon, the age of the earth, and the birth of Jesus." In other words, Gould picks apart the discrepancies in our human calendar and forces us to wonder how we could be so arrogant as to assume that

our numbering conventions could have any bearing on something like the end of the world.

Piece by piece, Gould goes through each flaw in the way we record the passage of years and the way we look at time itself. Gould manages to poke gentle fun at our notions and human foibles without coming off as crass or condescending. One gets the impression that although he sees our society as a largely misguided and superstitious lot, he loves us for it.

With 179 pages in a small-sized volume with generously-sized type, this is a book you just might have the time to read. It's available on the 14-day borrowing rack at the library. Before the inevitable pile of doomsday books start hitting the shelves, read *Questioning the Millennium* so that you might go into the next century with a clearer understanding of why the sky isn't going to fall anytime soon.

by Luke Hill



Despite Looks,

Sister Doubt About Them

At first glance, you might think you already know this group; when you have one tiny blonde female lead singer, one African-American bassist, and two nondescript white guys in the band, it almost comes as a surprise that the singer's name isn't Gwen. The obvious comparison to No Doubt—an eerie coincidence at best—stops on the visual level. Sister 7 comes from a completely different neighborhood (Austin, Texas, to be exact), and there's no trace of Stefani and company's brand of music in their work.

Lead singer Patrice Pike sounds a lot like fellow Texas native Edie Brickell (of New Bohemians), only with more vocal talent. Sister 7's Texas roots show on songs like "Tumblin' Down," where there's a definite taste of cowboy-guitar. While they have a country influence, Sister 7 is more of a progressive rock group. After coming off the

H.O.R.D.E. tour in 1994 (where they performed under the name Sister/Sister), they immediately released Little Sister/Sister 7, an album that was basically a demo tape collection of their road pieces. This latest album, the grammatically-incorrect This The Trip is their first real studio release. Six years of hard work on the road have paid off. This The Trip is clean-sounding and professional.

A group of musicians as diverse as Sister 7 must fall under the sway of multiple influences; it doesn't take a trained ear to hear traces of Zeppelin, Herbie Hancock, and James Brown in their work. The only downright bothersome feature of this album is the way in which they implemented their "hidden track"; by placing it up on track 57 with 46 blank tracks in-between. Unfortunately, the only thing they've accomplished is to annoy people who like to shuffle their tracks. Overall This The Trip is a well-put together, pleasant sounding album and well worth listening to.

by Luke Hill

The Old Settler

“It was a cute little play.”

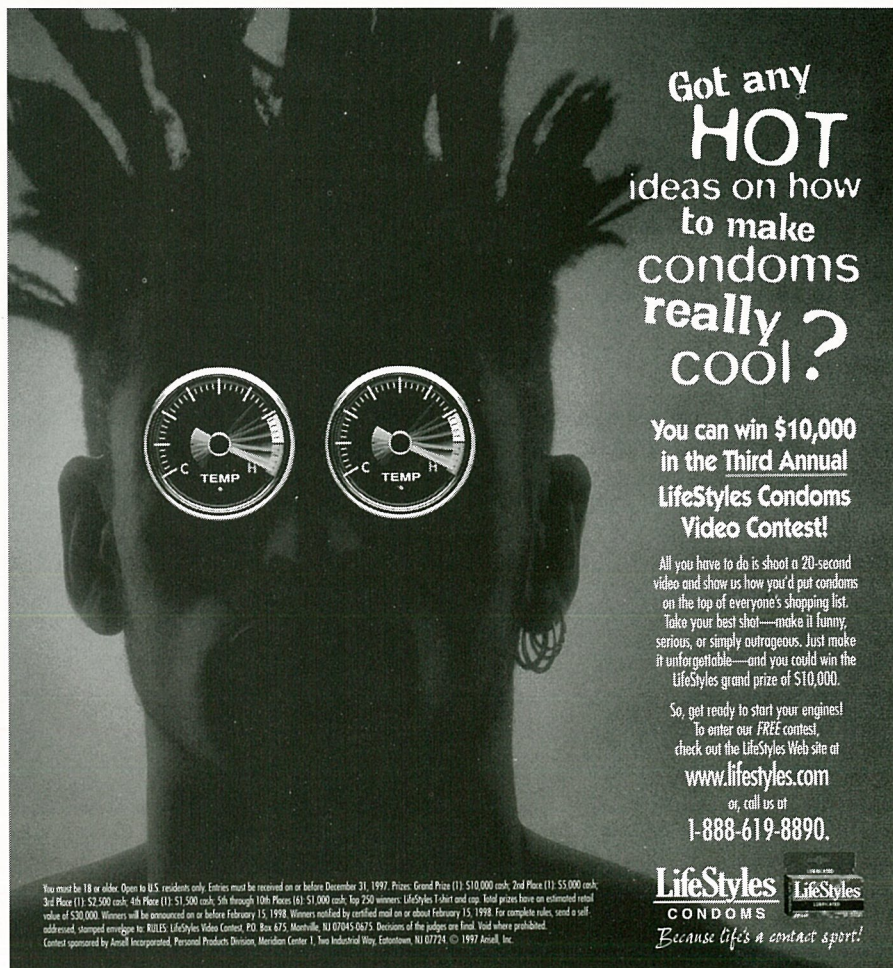
“It is a tender and bittersweet story about mismatched love, spiced with generous portions of laughter;” such is the description of *The Old Settler*. Set in Harlem in 1943, playwright John Henry Redwood tells a tale that touches upon religion, romantic literature, domestics, mothers, visual art, night life, music, dance and the African American migration up north. *The Old Settler* has nine love stories, each one unique and heartwarming. Cast in the lead role is Leslie Uggams, a Tony and Emmy award winner, who plays Elizabeth Borney. The cast also includes Lynda Gravatt (Quilly McGarth), Cedric Harris (Husband Witherspoon) and Yvette Ganier (Lou Bessie Preston). The play is directed by Benny Sato Ambush.

The play is told in Elizabeth Borney's tenement apart-

ment, where Elizabeth, her sister Quilly and a new boarder are living. As the play starts, the young male boarder comes to Harlem looking for his lost love, Lou Bessie. As the play goes on he finds his love, but realizes he no longer loves her. Attention is now focused on Elizabeth, who is an unmarried Christian woman from the south in her 50's—thus the title of the play. Because of the great mismatch, the relationship of the sisters is put to the test. Values clash side by side, as church-going African Americans rub shoulders with club-hopping Harlem socialites.

The Old Settler is a wonderfully moving drama for the young and old. It teaches the young something of the past and the old can reminisce. In the words of my date, “It was a cute little play.” *The Old Settler* runs from October 14 to November 16 at the Geva Theater.

by Ricky Persaud



Got any
HOT
ideas on how
to make
condoms
really
cool?

You can win \$10,000
in the Third Annual
LifeStyles Condoms
Video Contest!

All you have to do is shoot a 20-second video and show us how you'd put condoms on the top of everyone's shopping list. Take your best shot—make it funny, serious, or simply outrageous. Just make it unforgettable—and you could win the LifeStyles grand prize of \$10,000.

So, get ready to start your engines!
To enter our **FREE** contest,
check out the LifeStyles Web site at
www.lifestyles.com
or, call us at
1-888-619-8890.

LifeStyles THE ORIGINAL
CONDOMS
Because life's a contact sport!

You must be 18 or older. Open to U.S. residents only. Entries must be received on or before December 31, 1997. Prizes: Grand Prize (1) \$10,000 cash; 2nd Place (1) \$5,000 cash; 3rd Place (1) \$2,500 cash; 4th Place (1) \$1,500 cash; 5th through 10th Places (6) \$1,000 cash; Top 250 winners: LifeStyles T-shirt and cap. Total prizes have an estimated retail value of \$30,000. Winners will be announced on or before February 15, 1998. Winners notified by certified mail on or about February 15, 1998. For complete rules, send a self-addressed, stamped envelope to: RULES, LifeStyles Video Contest, P.O. Box 875, Montville, NJ 07045-0875. Decisions of the judges are final. Void where prohibited. Contest sponsored by Ansell Incorporated, Personal Products Division, Meridian Center 1, Two Industrial Way, Easton, NJ 07724. © 1997 Ansell, Inc.

“I was having a great night. I drank at least 15 beers, and then I completely blacked out. This is not uncommon for me.”

— Anonymous respondent of College Alcohol Study, Harvard School of Public Health, 1993.

“I was having a great night. I drank at least 15 beers, and then I completely blacked out. This is not uncommon for me.”

—Anonymous respondent of College Alcohol Study, Harvard School of Public Health, 1993.

We are not infallible, and we do have a problem. Binge drinking found within college campuses is a serious threat to the well-being of our fellow students. In my research on this topic, I have unearthed some shocking facts and statistics regarding the matter of binge drinking. Why do we do it? Do we even want to stop? It seems as though what is thought of as fun has been reaching far past the “limits” for more than just a few people.

The Harvard School of Public Health, with the funding by the Robert Wood Johnson Foundation, conducted a survey of 17,600 students at 140 randomly selected four-year colleges. It serves as an estimate of the extent of binge drinking found in the college scene, and also provides an outline of those students most prone to alcohol-related problems. Binge drinking in this survey was defined as five drinks in a row for men, and four for women. Prominent findings from this survey are as follows:

Assessing

Alcohol

• Overall, 44 percent of college students engaged in binge drinking during the two weeks prior to the survey. 56 percent either abstain or drink in moderation.

• The extent of binge drinking varied widely among the US Colleges, from a low of 1 percent of students to a high of 70 percent. At almost one-third of the colleges, more than half the students surveyed were binge drinkers in the past two weeks.

• Drinking patterns established in high school often persist during college. Compared to other students, college students who were binge drinkers in high school were almost three times more likely to be binge drinkers in college.

• Very few students—even those who binge drank three or more times during the past two weeks—said they had a problem with alcohol at the time of the survey.

• Compared to non-binge drinkers, a higher percentage of binge drinkers had experienced alcohol-related problems since the beginning of the school year.

Other statistics can be found in the Program’s Planner’s Guide, from various sources:

• Frequent binge drinkers are more likely to experience serious health problems and other consequences of their drinking behavior than other students.

• Almost half (47 percent) of the frequent binge drinkers experienced five or more different drinking related problems, including injuries and engaging in unplanned sex, since the beginning of the school year.

• Most binge drinkers do not consider themselves to be problem drinkers and have not sought treatment for an alcohol problem.

• Each year, nearly half a million Americans die from alcohol, tobacco, and illicit drugs, making substance abuse the single largest preventable cause of death in the country.



From the survey, various predictors were found to assess who was the most likely to be susceptible to the lure of binge drinking. White students are twice as likely to be binge drinkers, as were non-religious students. Athletic students were almost one-and-a-half times more likely to be binge drinkers and fraternity/sorority members were four times as likely compared to other students. However, the most important factor that predicted binge drinking were behaviors in high school. Drinkers in high school were almost three times more likely to be binge drinkers in college.

Are you within these ranks? It doesn't really matter what the percentages say when we're evaluating ourselves. Obviously, binge drinking is a trend on campuses that has been around for a long time, and it is increasing every year.

So many problems arise because of the effects of binge drinking, both long term and short term. Missing class, getting behind in schoolwork, engaging in unwanted sexual activity and not using protection, getting in trouble with campus police, damaging property, and being hurt or injured is an incomplete list of the consequences of binge drinking. Yet these repercussions do not seem to have any real effect on the awareness of the dangers of binge drinking.

Is it worth it? There are increasing news flashes of students dying of alcohol poisoning, or other deaths directly caused by alcohol. Binge drinking is just that—an excessive consumption of alcohol in one sitting. It doesn't take that many drinks to reach an uncontrollable level of blood alcohol concentration, and when that point is obtained, you are dangerous to everyone, most importantly to yourself.

While it is reasonable to relax on weekends because of a stressful school week, it seems as though alcohol has become a substitute rather than a supplement to some. So, ask yourself next time, when you're on beer number five, if you want to be part of that survey. Ask if you want to be, ultimately, a statistic that reveals the irresponsibility of ourselves and of our fellow college students.

by Kelly Sietz

ISM lab

4 7 5 - 5 4 4 7

**For your
on campus
photographic
processing**

Lab hours 7:30-5:00

**Photo CD
Presentation Slides**

**Same day service:
For processing
E-6 and C-41**

Stop by and ask about our new double runs.

A Healthy Investment in Your Future

Health Care. Those two words have been the source of much discussion recently. Probably because we as a nation know the importance of investing in a healthy future.



So do millions of patients who choose chiropractic as their preferred source of health care. The chiropractic beliefs in fitness, nutrition, prevention, and natural maintenance make good sense.

Wellness, you see, is the normal state of being.



New York State government agrees. They have recently passed the Insurance Equality bill that mandates insurance coverage for chiropractic care.

For over 75 years, New York Chiropractic College has upheld a tradition of excellence in chiropractic higher education. Our combined traditions, old and new, have built the base from which the chiropractic doctors of the future are created.



Choose New York Chiropractic College. A healthy investment for today and tomorrow.

2360 Route 89 Seneca Falls,
NY 13148-0800
Phone: 315/568-3040 or
800/234-NYCC (6922)
Fax: 315/568-3087
E-mail: enrolnow@nycc.edu

Call us today at 800-234-NYCC (6922)
to schedule a visit of our beautiful
286-acre campus in central New York.

Savings

101

A New Calling Plan Just For RIT/NTID

Domestic

- Another choice to help meet your needs
- No more confusing mileage bands
- One rate per time of day

Day = 15¢/min.

Evening = 13.5¢/min.

Night/Wknd = 12¢/min.

International

- Free international access
- Newly reduced rates
- Automatic savings for existing customers

To change your calling plan:
call: 800-259-5227 or 800-259-3289 (TTY)
or visit: www.accuniv.com



ACC Telecom

Get Involved!

Be your #1 prioRITy!

Issues?

Problems?

Ideas?

Questions?

Voice Your Opinion! Stand Up!



Meetings Tuesdays 12:30-2 SAU room #1829

Office- Located in the RITreat of the SAU

Call or drop in, 475-2204 Voice /TTY

“Your face is mine”

—Toni Morrison's *Beloved*

R I T ' s t r i p t o t h e M i l l i o n W o m a n M a r c h

by Leigh Anne Francis

photography by Jason Getz

No Justice! No Peace! No Justice! No Peace!

The words of the Honorable Elijah Muhammad seize my brain and rage hot through my blood. I am home. I am among my sisters and there is no place on earth I would rather be. Not since Jamaica have I seen so many brown and black faces. Never in my life have I been so consumed by true sisterhood and solidarity. The only words addressed to me were “Peace sister,” as I bumped my way through a seemingly endless crowd of women meshed together. Immovable inside the feeling of empowerment we enjoyed.

Proud to march alongside my African-American sisters down Philadelphia's Benjamin Franklin Parkway the day unfolds long and unforgettable before me. We lower our heads in prayer, the masses join hands. There are no strangers here. Your skin is my skin. Your face is my face. Your pain is my pain. I feel the light on the other side. It is the warmth secured in the promise of her smile a few precious degrees from a resolute, charged demand for justice and equality. She owns her smile this time. This time she smiles for me. She smiles because she wants to. She does not smile out of an obligation to work some overseers land. She is not a puppet on a stage, caged by the caricature of “black face,” a 1950's racist exaggeration, objectification, exploitation, distortion—lie—told of the honest beat and pound of the African drum. I know that sound. I heard it once before. The voices of hundreds of thousands of African-American women bellow out the words of love and healing in perfect unison, in awesome power. Love descends on a crowd who have suffered

“A race issue is an issue of gender is an issue of class — they are all human issues. They affect everyone.”

— Leigh Anne Francis



Leigh Anne Francis stares with an intense gaze as Anna Costalas raises hands with other women in the crowd during the beginning of the march.

long, and struggled hard against the demon slavery, and continue to struggle against poverty, rape, hate, fear, ignorance, violence, and oppression to rise in the end triumphant, empowered, healed. Two-million proud. Two-million strong. There is no place on earth I would rather be.

The first Million Woman March was held on October 25th in honor and appreciation of African-American women. I was there. My African-American sisters and brothers were there. My Latin, Caribbean, African, and Caucasian brothers and sisters were there. They came to show their support for a community in dire need of healing. Those outside the African-American community came to show their support for women of the community that need time and space inside a political, economic, social, and justice system that often disregards their needs and pushes their heads in the dirt they stand and pray upon. This day is mine. This time and place is the African-American woman's. The Million Woman March is positive for all Americans because it is a call for a revolution. A revolution of thought, word, and deed—a demand for positive social change. Social change that will effect the way in which issues of race, class, gender, and sexuality are dealt with in this country—these are all human issues. It is time to confront this nation's sexism and racism. It is time to diffuse the hate. We are all impacted by oppression.

I am proud to say that RIT students participation in the March was diverse. Both genders of all races made the exhausting trip to Philadelphia and back to hear the powerful oratory of women like Winnie Mandela, Congresswoman Maxine Waters, and Julia Wright. Jada Pinkett was the Mistress of Ceremonies. In between speeches she heralded the strength of the African-American woman urging the masses to read bell hooks and Alice Walker. We have to understand the system of oppression we are fighting to exist in if we are to over

“I’m excited to be able to be counted at the Million Women March.”

– Lorena Linda

“When I first came there was this wonderful energy and everyone was completely on top of things.”

– Kelly Watson



“It was the first time that I’ve been to an event where people came up to you and greeted you; peace and love. That was very beautiful.”

– Jariatou Sibi



Leigh Anne Francis gets interviewed by channel 8 the night before the march.



Nikia Perez and Leigh Anne Francis rest for a moment during the march.



Len Nscholas, Leigh Anne Francis, Andrea Pouchak, and Laura Glazer relax at the end of the day.

come that oppression. Despite the presence of these strong, wonderful women, it was enough for me to be among a sea of faces that showed up—that showed up in honor for themselves, in hope of healing. The speakers illuminated issues of poverty, homelessness, and the various injustices that are a direct result of the sexism and racism that afflict the African-American female community. These political figures highlighted the need for career programs, youth programs, and adequate health care that would lead to a resolution of these problems. I was impressed by the hardworking African-American women volunteers, a conglomeration of “grassroots” sisters—the everyday, average human beings who coordinated the event. They made it happen. African-American women only had to show up.

“I was disappointed. My dad went to the Million Man March and he came back and was so psyched. It was brotherly love, everyone was talking to each other; ‘hi how are you doing?’ I expected that when I came down here. I did not feel that. I didn’t feel like it was unified.”

—Kelly Clark

It has been 400 years since the feet of the first African woman touched American soil. Then she was shackled to the land. Today, she walks the land whose laws promise her freedom dragging her feet, the chains less visible. She sings even though her voice is weak. She walks on even though her legs are weak. She demands change, she expects change. She will call out for that change until she is heard. There is no barrier that will bury the sound amplified by love and faith. No prejudice is insurmountable. The African-American woman is often denied justice, but she will have peace.

(Reflections of Million Woman March on page 27)

“It hurts when you’re a victim of racism. That’s why you’re never going to learn something until you’ve experienced it.”

—Jennifer Athanas





Vegetarianism

the choice of the '90s

The '70s are known for disco music, bell-bottom pants, experimental drugs and platform shoes. The '80s are the years of gaudy designer clothes, shoulder pads, hair spray, and once again drugs. But the '90s became the decade of health awareness. Now, more than ever, the media and health organizations emphasize the importance of a healthy lifestyle, which includes a healthy diet. Was it the fear of AIDS and cancer that made us listen? Whatever the reason, our generation is more health oriented than previous generations. During the last ten years, the number of the health clubs has increased dramatically. Restaurant menus also reflect a positive change towards healthy diets. Consequently, vegetarianism became a health choice rather than a political decision for many people.

Vegetarianism is especially popular among people in their twenties. Unfortunately not vegetarians take the time to educate themselves on the subject. Meat and dairy products are often omitted from the diets of people with coronary heart disease or high blood pressure due to the high content of saturated fat and cholesterol. However, these people represent the older core of the population. It is crucial that younger people receive the essential nourishment their bodies need, and therefore should be very careful about their diet. An improperly administered vegetarian diet can be just as harmful for the body as a cholesterol loaded one.

The first thing that everybody considering a vegetarian diet should know is that there are several different types of vegetarianism. The first type is represented by the people who do not eat red meat, but do consume fish, poultry, eggs, and milk. The second type are the vegetarians who do not include any kind of meat in their diet, but still eat dairy products, and, finally, the third type are the strict vegetarians (vegan) who do not eat any meat or dairy products.

Medical consultation and monitoring is very important. For some people with hormonal, diabetic, or excretory problems, going vegan is not recommended because of the unavailability of needed proteins. Pregnant women are also not advised to consume vegetarian diets. These people might consider less strict vegetarian diets that provide essential proteins in their complete form.

Proteins are represented in countless ways throughout the

human body: they play an important role in the immune system, they catalyze various chemical reactions in the organism, and most importantly, they constitute most of our bones, muscles, and connective tissues. There are 20 amino acids that are critical for the formation of the protein, out of these 20, 13 can be manufactured by the body. The rest, however must be consumed in a person's diet. Meat, cheese, and eggs are the best sources of all the necessary amino acids. However, the common misconception is that "high protein" means "good nutrition." In fact, the daily requirement for humans is only eight percent of their body weight in kilograms. Consequently, too much of a good thing is not always a good thing.

Is it possible to get all of the essential amino acids with a vegan diet? The answer is yes. All of the essential amino acids can be supplied in a well balanced vegetarian diet. Virtually all plants and grains contain some forms of amino acid, but none of them are complete. For example, beans are high in lysine and tryptophan but low in methionine; rice is low in lysine but high in methionine, therefore a meal containing rice and beans provides complete proteins. As you can see, food combination is crucial in a vegetarian diet. Consultation with the nutritionist is often times inevitable.

RIT deserves a lot of credit for accommodating those who chose vegetarianism as a lifestyle. There is a variety of vegetarian meals offered at the dining halls, so students have a lot to choose from. Many restaurants in the area also offer a wide selection of vegetarian meals. Wegman's supermarket accommodates the needs of vegetarians quite well. Our society in general has become much more tolerant and health driven, which gives us great hope for the future.

Some consider vegetarianism to be a political issue and think of it as being restricted to the animal rights activists. For the majority it remains a health choice, because by cutting out the steak you can cut out all of the unnecessary fat and cholesterol. In conclusion, vegetarianism is not a temporary weight loss diet, it is a lifestyle that should be taken seriously.

*by Julia Danilchenko
photo by Jason Getz*

wright images

10% Student Discount
on film, paper, and chemistry

One Hour Film Developing

Color enlargement in minutes
prints from prints, photo CD's & copy negs

Movies, prints, slides to video tape
duplication, cassette repairs

passport photo

camera repairs

incredible selection of used
cameras, lenses, and flashes

Hours:

Monday-Friday

10am-9pm

Saturday

10am-6pm

Sunday

12pm-5pm

C41 Process of 35mm & 120 film

Henrietta

Southtown Plaza

424-3160

Pittsford

3340 Monroe Ave.

586-3250

commercial sales

424-3164

On Saturday, October 25, the Advanced Electronic Photojournalism class set out to use the technology that RIT has to offer. The class's goal was to document The Million Woman March and post it to a "live" web site—one that moved with the events of the march and was consistently updated throughout the day. They wanted to put the viewer at the march, enabling them to look around and "see their face in the crowd." Using digital cameras, traditional film cameras, portable computers, web publishing tools and the internet, they set out to create their site. But, technological problems worked against them and the class was forced to change the "live" site into a site that summarized the events after the conclusion of the march.

The class was divided into a home team and an away team. The away team, which had seven members, traveled to Philadelphia. Some went in their own cars and one person was on the RIT Women's Resource Center bus with women planning to attend the march. The away team was responsible for creating the words and images that conveyed the story of The Million Women March. They also had to set up shop at The Associated Press Offices in Philadelphia so that images could be scanned and transmitted via the internet or e-mail to RIT. The Rochester home team was responsible for building and designing the site, directing the editorial content of it and serving as the crossroads where everything was pulled together. Unfortunately, the original strategy didn't account for the technical difficulties which arose. Heavy downpour in Philadelphia caused problems with shooting because of the sensitivity of the digital cameras to weather. Other problems, such as limited experience with some of the software and equipment and their inability to connect with a server for hours, became the focus. Both teams spent much of the day trying to work out these problems, while trying to capture the story at the same time.

Although the original objective was to tell the full story of the march, the class ended up with a few glimpses of what the event was about. "Even though we fell short of our goal, the amount we learned today was tremendous. This project taught us about overcoming unforeseen glitches, effective communication and deadline problem solving. In the end we are grateful for the experience and are anxious to attempt an equally challenging project very soon," stated a member of the Rochester team.

Once the class meets again as a whole, they plan to discuss making improvements to the page that they have, and decided what can be done for the next time. The class is two quarters long, and Dennis Floss, the facility advisor, plans to have the class do something very similar to this next quarter. However, roles will be reversed so that everyone can experience the different sides of the assignment.

Although the photography school has had projects like this in the past, this web page will be gaining more attention due to the media coverage that has been put out. The students from the home team appeared on News Channel 8 on Saturday evening. The National Press Photographers Associations' subscribers group was told about the page, and already the class has received many encouraging comments about the work that they have done. One woman e-mailed a comment that said that she was glad the class was sharing their talent with the world.

The Million Women March is finished for the time being; however, the class will continue to strive on the work that they accomplished last weekend. The group wishes to thank all those who took an interest in the project, especially The Associated Press in Philadelphia, and their professor Dennis Floss. Without them, this may not have been possible.

Please check out the web site at <http://www.rit.edu/~jph1552>. Any comments are greatly appreciated.

by Shannon Taggart

Students use
t e c h n **O I O** g y



photo by Jason Getz

♀
share
the

Million Woman
March **O** w i t h
t h e w **O** r l d

From the Friends of Veterans Club

Veterans Learning Center Rm A510 in the SAU.

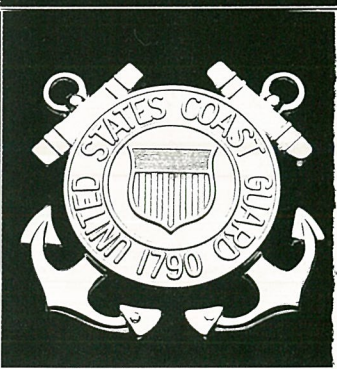
Students, Faculty and Staff

Happy

Come down and enjoy Your Celebration!

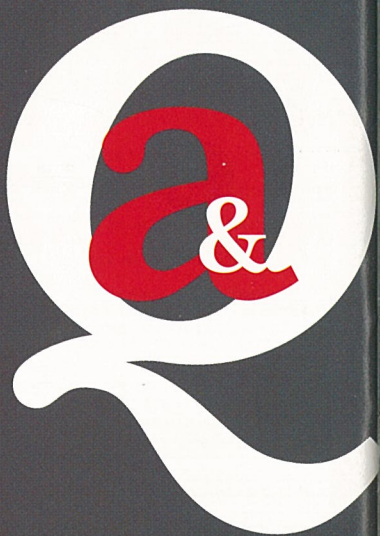
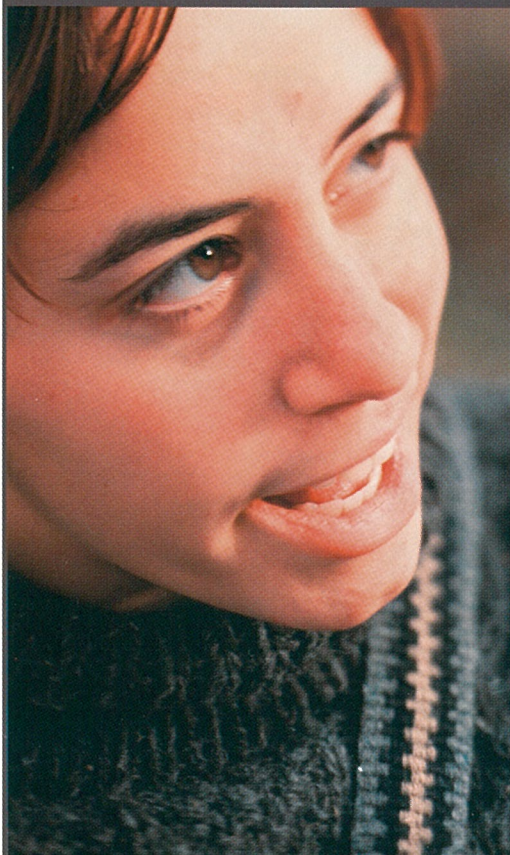
Veterans

Day



"Kids drink because they want to have fun. It is their first time on their own, unsupervised. A couple of weeks ago I went out to a club with my friends and we did not have a designated driver. We were drunk to the point where we could not find our car for half an hour. When we finally found it, we could not decide who was going to drive. Finally I drove and none of us remembered how to get home, we drove around for hours."

-Henry Matagi, Computer engineering, 5th year.



Why do you drink excessively?

interviewed by Julia Danilchenko & photographed by Jason Getz

"Knowing that scientifically binge drinking is five drinks in one sitting, I think that people want to have a lot of fun after having done a lot of work. I used to binge drink. Got in trouble for it. Why? I was too out of control, too irresponsible. I knew I was getting crashed, but I just kept going. Once I was absolutely drunk, and I answered the door in my underwear and one boot. Thankfully, the person who rang the bell turned out to be quite nice about it."

-Viviana Calabria, Illustration, 4th year.

"I think that drinking reflects the general attitude of college. People like to get wasted. Gives them confidence, takes off the edge. Personally, I think it is kind of sleazy. Often I found myself in situations where I hooked up with people in a one night situation and I do not think it is right."

-Keirnan Monaghan, Advertising and Photography, 4th year.



"At RIT most people drink because there is nothing better to do, it is some kind of an activity. Kids feel a kind of freedom while doing it. I used to do it because my parents were very strict and when I came here I rebelled. I think if my parents were more open minded it would not have happened. I fell asleep in a bathtub once. I know some people who ended up doing a lot of things that they regretted like having a one night stand with somebody they do not even know while binge drinking."

-Kim Bliss, Chemistry, 4th year.

"I think that college students binge drink because it is experimental, especially for freshmen in the beginning. I drink to relieve the stress from school. I like the taste of beer, it makes me feel good. The funniest experience I ever had was swimming in the lake after a day of drinking. Me and my friends got totally wild."

-Jonathan Ches, Computer Engineering, 4th year.

"Well, I think that a lot of guys drink in RIT because of the lack of girls. If we had more girls we would spend more time on them rather than on a six pack. Why do I drink? Why do birds fly!! The funniest experience I ever had happened two years ago, when I went to visit another college with a group of friends. We ended up in a fraternity that was heavily into drugs, so we introduced them to binge drinking. That night I had so much to drink that I had to throw up, but I did not want to do it in front of all of the guys, so I went outside, behind the house. What I did not know is that behind the house was an on-ramp to a major interstate highway. So, there I was letting my supper out while everybody was screaming and honking."

-Willis G. McKenzie, Biotechnology, 4th year.

"I see a lot of freshmen being forced into binge drinking in the beginning of the year. I think they do it to be cool, to fit in, and to get accepted. I never got drunk to the point of passing out, however I do socially drink. My father told me about the affects of binge drinking, I guess that steered me away."

-Mike Rounds, Civil Engineering Technology, 3rd year.



"I think that a lot of kids binge drink because they are young and not responsible yet. Perhaps their parents did not teach them about drinking and its side-effects. I used to drink due to some personal problems. However, it does not make the problems go away, it makes everything worse. My scariest experience with binge drinking was when I had to perform CPR on a friend who had been drinking bottle after a bottle of hard liquor all night. I had to perform CPR until the ambulance got there. They had to pump 12 or 15 bags of IV's to keep him alive."

-Nelson Powers, Computer Engineering, 4th year.

"I think students drink excessively for social acceptance, and most of them are young and immature. I stopped doing it because I could not bear it any longer; spending every day with the hangover I had to become more productive. The scariest experience I ever had was when me and a bunch of my friends got drunk and I drove, and have no recollection of it. That scares me, the fact that I could have hurt somebody and myself."

-Norm (wished to stay anonymous)

"Most students get in trouble because they do not know how to handle their alcohol. It is their first time away from home, and they get stupid about it. Also I think it is the way most of them are brought up. If their parents would be less strict about it, I do not think that the problem would be that great. It is the system's fault, too. A lot of foreign countries are much more liberal when it comes to drinking, that is why they do not have a problem."

-Nicole Paroras, Undecided 2nd year.

Scary experiences



Softball Saturday

Softball Saturday is an annual event sponsored by President Simone, mainly to promote interaction and teamwork among the faculty, staff, trustees, and students of RIT. This affair is held regularly and meant for exercise and the enjoyment of everyone involved.

Unfortunately over the years the rules have been bent to fit a more extreme angle to benefit only certain people. In years past, the teams have been formed with the expectation that there is a certain degree of co-ed interplay, generated by having at least three females on the field at all times for each squad. This regulation serves to not only promote the diversity among teams, but also a more well-rounded squad. Contrary to the general belief, this rule seemed not to be the standard this year, but rather the exception.

While playing in the championship game on October 4, it was noticed that one of the teams was suspiciously missing the "token" three females that have previously been designated to play on each team for the past years. After recognizing this, it was overheard that a certain high ranking RIT official claimed that "it was too difficult to find three girls able to play on a team, so next year that rule may be eliminated... but in the spirit of the game, we will try to round up one or two women. After all, the regulations weren't sent out to each team in time to technically hold everyone to the written rules." It has been found, however, that each rule was specifically printed in plenty of spare time for everyone to read in the September issue of News & Events on the RIT web site. These printed rules included the one that was not adhered to on Saturday which stated that "teams must be co-ed, with at least three women on the field at all times." What would be interesting to know is, with an entire student body and faculty/staff population, how can it be possible to have trouble finding a mere three females to play in a friendly game for a few hours on a Saturday morning? Also, how was it determined who was allowed to bend the rules, and who has to abide by them?

Looking only at statistics, each consecutive twelve months for the past few years, the female population of RIT has increased. This includes this quarter's incoming freshmen class, of which 34% of the entire group of first-year students are female. Adding all the 3rd, 4th, 5th year and graduate students brings the total of the student body population to 13,230, 35% of which are women according to the RIT Office of Institutional Research. This amounts to 4630 female students on the campus this year. In addition to the students, there are the 1193 women faculty and staff members at RIT. I highly doubt that with all these females on the RIT campus, it is impossible to pick out three to play in a game. Isn't it the spirit of RIT that supposedly brings us together?

In the annual Presidential Address this year, one main point was to intensify and increase the diversity on campus. In my opinion, as I am sure it is others too, that although the population is slowly increasing, females are still a minority on this campus. I would like someone to explain to me how excluding women players serves the purpose of broadening diversity. I mean, let's be realistic. If the female players are not required to be on the team, are some people really going to go out of their way to ask them to join? I think not- as was proved this year on the playing field for the championship. This serves to eliminate the whole point of having a co-ed tournament every year.

It was my understanding that we, as students, should learn by example. It was also my belief that RIT officials are supposed to practice what they preach. Not only did President Simone, as a Softball Saturday team captain, try to exclude a portion of the population on campus by ignoring the stated rules, but he also did not exemplify admirable sportsmanship or even fair play. This all comes from a President who was named a "National Association of Collegiate Women Athletics Administrators Notable" for "gender fair principles in athletics and higher education." Maybe this just means that women should stick to their own homogeneous teams and not try to integrate into such male dominated events as a one day softball tournament.

by Jodi Sullivan
5th Year Industrial Engineering Student

Reflections on the Million Woman March

by Viviana Calabria

“Love and Respect,” instead of the usual “Hello,” was a recommended way to greet one’s fellow woman at the Million Woman March that took place this past Saturday, October 25 in Philadelphia, PA. Love and respect were what filled the air and vibrated through the giant amplifiers that were set up all along the two-mile stretch of the Benjamin Franklin Parkway. Love and respect were what I and the many, many others who attended the march were there to give and receive from one another.

It is true that I am a Caucasian woman writing about my day at the march, and all I can hope to communicate to skeptical readers is that I am not trying to create a marvelous episode of “White Person’s Adventures in Blackland”. I’d be much more comfortable if a woman of color who also attended the march were also asked to write, or would offer to write, about her interpretation of the Million Woman March, being that she is of the culture that was celebrated on that day.

I remember hearing about the Million Man March two years ago and feeling jealous only because there wasn’t a Million Woman March planned on the same day, because it was such a solid idea, such a long-needed event. (I was actually surprised to learn that it hadn’t happened already. I thought it was another reunion, like Woodstock ‘94.) Needless to say I jumped at the opportunity to attend the march last Saturday, and with no reservations, although many people who attended were experiencing some tension and anxiety: Would there be a racial upheaval? Would there be anti-white resistance? Would there be male-bashing? What would it be like to be around so many black people? Why are white people going at all? Why is some of the event promotion so open to whoever wants to show and some so exclusive to African-American women only? Is this a black-only thing?

My solution was that I would find out when I got there. I support women, period. I read, I listen, I do my best to learn about gender and race issues, and I would go to the march. My only fear was that there would be a racist counter-demonstration with the Klan at the helm and that they would try to ruin everything, but fortunately there was no such thing and the march was left to be the sublime celebration of sisterhood that it was.

What a good feeling filled the city that day! Everywhere I looked were warm brown faces, many tired from long pilgrimages by bus, train, car, plane, the hours and hours it took to arrive at their meeting point in the city. The subway was electric with the excitement of hundreds of African-American women and the occasional man and white person riding shoulder to shoulder, car to car, passing the strength in waves. Every smile and eye was a spark of anticipation; I don’t think it escaped a woman’s mind that she was about to spend her day with a million other women who would redefine Philadelphia “the city of sisterly love” for a day.

I’ve never felt so secure in the city before (I’m a native of the Philadelphia area), whether I’ve been with family or friends, day or night, and it doesn’t matter what city I’m in: New York, Rome, Seattle, Rochester; they’re all the same if I feel unsafe. What am I usually afraid of? Men. Sorry guys, it’s a sad reality. I am much more secure when the ratio of women to men is high, especially in an unfamiliar place, and whatever reasons or arguments exist to explain or counter this feeling didn’t matter on Saturday, because everywhere I looked were women, and it was time to

relax and enjoy! Old women, young women, women in traditional American wear and in traditional dress from various African and Caribbean cultures and religions, and the colors! (I pray here that I am not objectifying or exoticizing African-American women, but the reader must understand that the writer is a visual artist who in love with colors.) Rich purples, reds, and yellows coupled with the warm browns of skin on faces and hands; flowing fabrics heavy and light; some women dressed head to toe in white lacey fabrics and looked like human clouds; and the elaborate hats and hair...! OK, I realize that this is not about fashion, it’s about sisterhood, but I live in a predominantly white town where most happening color I see is navy blue, and hey—I got a little excited.

Famous women spoke at the march: Winnie Mandela and the daughters of Malcolm X and Betty Shabazz; Maya Angelou was also slated to speak but unfortunately fell ill. I wasn’t able to hear Winnie Mandela, partly because the sound system was slightly awry for a part of the march and partly because it was difficult to understand exactly who was coming on stage to talk; but what I did hear loudly and repeatedly out of every amplifier set up along the parkway was the following: “Love and respect your sisters!” “Love and respect each other!” “We have to come together!” It was so wonderful, like the city was being besieged by a new political party, the Love, Respect, and Unity Party. It was great. It was fabulous. I felt safe. The people around me were welcoming.

I didn’t run into any resistance for being white and attending the march, although the two white men who attended the march on the RIT bus were admonished by black women. A friend, also white, and I were questioned rather abruptly by one woman who wanted to know if we were having a good time and if we learned anything. Racially provoked question? I don’t know. Even if it was, so what? I’m a white person attending a rally where people have been angry for hundreds of years because of what my color decided to do to their color. There’s bound to be some animosity there. And I got asked one question, boo hoo. Besides, the low showing of white people in support of African-American women was rather embarrassing. I don’t know who I’m more disappointed in; the women (support your gender, already!) or the men (support something other than yourselves!) Either way, white America probably didn’t do much to convince African-American women that we are remorseful or even aware of their pain that is caused specifically by us in this country.

Love and respect—that’s what I and every other human who made the decision to attend the Million Woman March set out to give and receive. We reserved the day of October 25, 1997, and saved and waited for that day. We traveled many hours with family, friends, and strangers; we met in the city of brotherly love with love and respect in mind, and when we got there, we celebrated all day. We celebrated sisterhood, brotherhood, humanity, respect, and love from the moment the sun came up, through the marching bands, through the women who spoke and the people who sang, straight through until the sun went down, and it was good. It was so very spiritually good.

GO ROACHES!

Unknown Players

The referee blows his black metal whistle. The basketball is inbound. Number six passes it to the point guard, number nine. Successfully, he dribbles the ball to half court. He finds an opening and throws the orange rock like a bullet to the hands of the 7'1" center. The center, with such grace, leaps in the air in slow motion and dunks the ball. When he returns back to the ground, his ankle lands the wrong way and is dislocated. Amid the gasps and yells, another important player calmly enters the court: the Athletic Training Team.

RIT has an athletic program. What is an athletic program without its trainers? Please don't attempt to answer. Along the basement tunnels that connect the Clark Gym and Pool with the Ice Rink sits the Athletic training office. The area is perfectly located: it's surrounded by sports activities: weight lifting rooms, changing rooms, coaches' office, an ice skating rink and so forth. The office is pretty cramped to accommodate trainers for so much, but no one complains.

The faculty consist of two full-time trainers, eight or nine student workers, and an intern hailing from Ithaca. The department is run by Diman Smith.

Diman Smith, who comes from a small town, Sinclairville, located in upstate New York, explains that his job is filled with stress. Part of the pressure comes from the athletes who always want to compete. Some of them are do not appreciate the long-time effect of playing while injured. Diman compensates for this by rationalizing with them and usually letting them decide for themselves; he leaves that responsibility to the players. Extra pressure also comes from Diman's interest in other people's lives; he usually goes home worrying whether or not he has given the right advice. This might seem ironic to some people, because in a stressful situation someone might quit, but this is one thing that motivates Diman.

"A good trainer has nothing to do," is a wise saying. Their job is 80% prevention, to make sure everything is checked each time a sport team goes out to play. The sports medicine program runs by a system. The first



thing is to make sure that the athletes get a physical and are healthy; the next is to keep an update report, to see how they're doing in life, classes, and anything else. Part of Diman's program is to start with a holistic approach. He gets a feeling of the athletes' background to get comfortable with them. Then he goes straight to the physical questions: where is the pain coming from? How many times do you exercise, and so on. Nine times out of ten, the answers will lead somewhere.

One thing about injuries: everyone who enters for an injury must get iced. It's a sort of ritual. The human skin is like plastic: when it's cold, it contracts, when heated, it expands. This gives the skin flexibility to heal from many bruises.

The Athletic Training Center believes in sports with a positive aspect. Education comes before athletic standards. Not only are the students coming out with cured limbs or a competitive spirit, they leave with morals and values to think about.

by Ironwill

“Who said rugby players are mean?” I say to myself as I sit and discuss the fall men’s rugby season with Worm, the meanest man in rugby. Actually, Dan Wright, who is the captain of this year’s rugby team, is a worthy man for the job.

The cockroaches have had six games this fall, including a scrimmage against U of R, which RIT won. Their overall record is three wins and three losses, including wins against Lemoyne and Niagara. That’s not at all bad, considering the hole that was left by the Roaches that graduated last year. “The rookies are doing a pretty good job of filling the void left by our seniors last year, and we’ve had some success this fall,” Worm said. Two of the three losses were incurred when RIT faced teams who contend competitively in division one, including Binghamton and Buffalo.

One of the strong players this season is junior Jay Aymerich, the leading scorer so far this year. Jay plays inside center and is impressing the competition with his overwhelming speed and power. As far as wingers, fly half Will McNeal is doing a great job

thus far. Jeff Bauer and Dan Wright are two of the most explosive “fat guys” that make up the pack.

The Roaches expect to contend for the league championship in the Empire Division this spring. The schedule for the spring season looks more promising and the Roaches are excited about their chances.

The next, last home game of the fall season will be on November 18, on the field across the road from Ellingson Hall. The Roaches will face annual rival St. Bonaventure at 1:00 PM. Don’t miss this one—it should be very exciting, and refreshments will be served. Also, if any RIT students think they’re tough enough, call to join the men’s Rugby team in time for the spring season. For information, please contact Dan Wright at 424-8075.

by Mike DeSocio

photo by Michael Fagans



Men’s Club Volleyball

The men’s club volleyball team has begun practicing for the upcoming winter quarter season. This year, the team is taking a different approach on the season’s scheduling. Instead of a full year of obligation, the seasons are being broken up into quarters. This makes it easier for them to make a commitment that they will be able to stick to, because it involves shorter terms. Last year, the team was having some problems enduring a year-long team schedule due to outside obligations, such as co-ops and class schedules. Frank Nagi, the president and coach, said that it will put less of a sense of obligation on the players, and the shorter commitments will at least give the teams a short-term sense of stability from quarter to quarter. One of the main reasons for the structural changes within the club is that last year the season got cut short because of internal problems that the team had. There are two teams this year, both consisting of nine players.

This season, the teams will not be participating in inter-collegiate competition as they were last year. Back then, they were self-funded and had a rocky ending.

Now, there is a lighter air to the season, leaving room for a lot of fun for all involved. The teams are members of the United States Volleyball Association (USVBA), and will be playing against other club teams from the area.

If anyone is interested in playing club volleyball in the winter or spring, call or e-mail Frank at 247-0098 or CLUBVB@RIT.EDU. Practices are three or four times a week, including Saturdays.

by Mike DeSocio



- **Earn \$750-\$1500/WEEK** Raise all the money your group needs by sponsoring a VISA fund-raiser on your campus. No investment and very little time needed. There's no obligation, so why not call for information today.
Call 1-800-323-8454 x95
- **EARN \$500 or more** weekly stuffing envelopes at home. Send long SASE to: Country Living Shoppers, Dept. H6 251 N. Dunpont Hwy., Suet 117, Dover, DE 19901
- **HOMETYPISTS.PC.** users needed. \$45,000 income potential.
Call 1-800-513-4343 ext.B-1143
- **Small Business** in Henrietta needs help in computer setup. Must know DOS and DOS communication. Flexible hours.
- **Earn MONEY and FREE TRIPS!!!** Absolute Best SPRING BREAK Packages available!!! INDIVIDUALS, Student Organizations or Small Groups wanted!!! Call INTER-CAM PUS PROGRAMS at 1-800-327-6013 or <http://www.icpt.com>
- **EARN FREE TRIPS & CASH;** Class Travel needs students to promote Spring Break 1998! Sell 15 trips and travel free! Highly motivated students can earn a free trip & over \$10,000! Choose Cancun, Bahamas, Mazatlan, Jamaica, or Florida. North America's largest student tour operator. Call Now! 1-800-838-6411
- **VOLUNTEERS NEEDED:** HIV negative volunteers needed to participate in investigation AIDS Vaccine Research Studies. being conducted at Strong Memorial Hospital. Volunteers must be healthy and between 18-60 years of age. You will receive \$500-\$700 for your participation. For more information, call 273-AIDS

- **SEIZED CARS** from \$175. Porsches, Cadilacs, Chevys, BMW's, Corvettes. Also Jeeps 4WD's. Your area, Toll Free 1-800-218-9000 extA-7105 for current listings
- **GOV'T FORECLOSED** homes from pennies on the dollar. Delinquent Tax, Repo's REO's your area Toll Free 1-800218-9000 ext.A-7105 for current listings.
- **Now Hiring** full and part time all areas. Starting \$6.50 and up. Flexible hours, great benefits! Apply in person at Sam's Club 1600 MarketPlace Dr. Henrietta.
- **\$1000's Possible** Typing Part Time at home. Toll Free 1-800-218-9000 ext T-7105 for current listings.
- **The Reporter** is looking for good illustrators to do some work. You will get paid and published. Call 475-5633.

T a b A d s

- *Al* – You are so cool. Love the gang.
- *Hey Ben* – is it wet today? i think it's raw just how you like it.
- *Hey Sigma Alpha Mu*, When are we having our next social????! PS.- No Admission to the bathroom this time! Love I64 and Sisters :)

- *Steph* – Keep your chin up. You are doing a wonderful job + we love u. There is so much more to you!! Xi love + ours, YBS + YLS
- *Steph*, cheerup. Allison, get well. Toejam, shower seen. - O.D.
- *Alpha Xi Delta* is cooler than most. - O.D.
- *To my future roomie!* Thanks for all the great times we've had so far! Next time, let's go camping the "Keri" way with outhouses and hot pots! Hey Tara's living room table is our next conquest! Xi Love, Tanya
- *Alpha Xi Delta* – Forever Friends, Forever Sisters!! TFJ
- *Kim* – You're the best little sister I could have ever asked for! Thanks for the wonderful time on Big/Little! There are more memories to be made! Xi Love + Mine Always, YBS — TFJ
- *Odie* – We know you love us and we love you! Thanks again for all your help(and your moms) during parents weekend and all of the fun times! Love, Keri and Tanya
- DAVE: Party on buddy
- Dan: Had any whip cream lately!
- Amy: Well, he's looking in the wrong places. He has either lost his mind or his eyesight cause you are butt ugly. – Big Bertha
- ALICE: Happy Halloween and Happy Birthday. – Kav
- Hong: Happy Birthday mister slacker. – CAVEman
- Michelle: Happy Birthday. – EGO
- Jeremy: Walking the night away. – The NIGHT crew.
- SAM: Toronto is the place.

The nation's leading manufacturer of pager test equipment needs individuals to generate leads for equipment sales and technical training. Flexible hours, Mon-Sat. Call 716-924-4560 for interview. Ramsey Electronics, Victor, NY.

November 7 - November 14, 1997

Calendar

Friday, November 7

Talisman Movie: *The Lost World*; 7 & 9:30pm in Webb Aud. RIT Students/faulty/staff: \$2, Gen Public: \$3, Children under 12: \$1.

Cultural Spotlight/Emerging Artist Series:

CAB and The Center for Campus Life present the *Rochester Philharmonic Orchestra*, conducted by *Robert Bernhardt* plus a special performance by pianist *Christopher Johnson* in Ingle Aud. at 7:30pm; doors open at 6:45pm for general seating. Tickets, available November 3rd in the SAU Game Room or at the door are required for this *FREE* event.

Saturday, November 8

Talisman Movie: In Ingle Aud., see above for show details. Closed captioned 7pm only.

Tuesday, November 11

RIT Admissions FALL Open House: RIT Welcomes all visiting students and families

Friday, November 14

Talisman Movie: *Face Off*; 7 & 9:30pm in Ingle Aud. RIT Students/faulty/staff: \$2, Gen Public: \$3, Children under 12: \$1. Also showing Saturday, November 15. Closed captioned Saturday 7pm only.

*Good Luck On Exams
Have a safe and happy break*

Ongoing Events

Student Government: SG Senate Meetings are held Tuesdays from 12:30-2pm in the SAU 1829 Rm. Call 475-6076 for more information.

Senior Announcement: *Seniors* graduating through the end of winter quarter (97-2) can pick up a special Senior Night surprise gift in the Center for Campus Life. Quantities are limited.; first come first serve!! Call 475-7058 for more information.

Panara Theatre Presentation: The Panara Theatre presents the play *Blythe Spirit*. Playing November 7 and 8 from 8-10pm. Tickets available at the NTID Box Office; RIT students: \$5, all others: \$7. Contact Jim Orr at 475-6251 for more information.

Tiger Job Connection: The Co-op Office is pleased to offer a variety of new on-line services, including registration, resume, and on-campus interview information. Check them out when you are considering your next Co-op opportunity at www.rit.edu/EMCS/COOP

NTID Switzer Gallery Exhibition: The Switzer Gallery is proud to exhibit the stained glass work of **Sander Blondeel**, a deaf artist from Belgium. The exhibit runs through November 21st.

RIT Mediation Services is now recruiting student candidates. If you are interested or would like more information, contact Dorothy Brown at DJBCCL, or at x6171 or stop by the Center for Campus Life to pick up a Student Mediator Interest Form. Interest Forms must be returned no later than Nov. 21, 1997.

To publicize your event to the entire campus, send the name, date, location, time, contact person, phone number, and any other pertinent information to CalendarIT, Center for Campus Life, SAU, Room 2130, by 4:30 p.m. fourteen working days before the issue in which you would like it published. CalendarIT may edit descriptions due to space limitations. Events subject to change.

reporter

11.7.97

