Evaluation

Thank you for taking the time to personally evaluate the performance of our program. We appreciate your feedback. Please circle one answer for each of the following statements.

1. The program increased my knowledge of how healthier food choices can help control diabetes: Agree or Disagree

2. The program showed basic cooking techniques to improve the healthiness of the traditionally prepared meals. Agree or Disagree

3. The program increased my ability to prepare more healthful meals. Agree or Disagree

4. The program encouraged me to healthfully modify some of my existing recipes. Agree or Disagree

5. On a scale of 1-5, rate the following statement: overall, the program was informative and worthwhile.
   1 strongly agree
   2 agree
   3 neither agree or disagree
   4 disagree
   5 strongly disagree

6. Any additional comments: __________________________________________________________
   __________________________________________________________
   __________________________________________________________