

# Evaluation

*Thank you for taking the time to personally evaluate the performance of our program. We appreciate your feedback. Please circle one answer for each of the following statements.*

1. The shopping tour will help me make healthy food selections. *Agree or Disagree*

2. On a scale of 1-5, rate the following statement: the shopping tour increased my knowledge about purchasing healthier food **choices**.

*1 strongly agree*

*2 agree*

*3 neither agree or disagree*

*4 disagree*

*5 strongly disagree*

3. The program increased my knowledge of how healthier food choices can help control **diabetes**. *Agree or Disagree*

4. The program showed basic cooking techniques to improve the healthiness of the traditionally prepared meals. *Agree or Disagree*

5. The program increased my ability to prepare more healthful meals. *Agree or Disagree*

**6. On** a scale of 1-5, rate the following statement: overall, the program was informative and worthwhile.

*1 strongly agree*

*2 agree*

*3 neither agree or disagree*

*4 disagree*

*5 strongly disagree*

7. Any additional comments: \_\_\_\_\_

\_\_\_\_\_

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