

# Fostering Effective Learning Mindsets with Our Students...Beyond Content Learning

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# Session Map

I. The Notion of Learning Mindsets

II. Overview of Recent Faculty Discussion Series (“It’s Not What You’re Teaching; It’s What They’re Learning”)

III. Playing Around with Learning Mindsets (and Sharing Discussion Series Outcomes)

IV. Next Steps



## Learning Mindsets...

- ...the attitudes, values, and motivations a person demonstrates in learning situations.
- ...how a person understands the role of learner
- ...how a person views challenge and deals with adversity in learning situations
- ...the overall meaning of learning in a person's life
- ...whether a person views “intelligence” as an entity that is relatively fixed, or a capacity that can be incrementally developed

My *learning mindset* is the basic orientation I bring towards the act of learning, an attribute more fundamental than whether I'm a “visual” or “tactile” learner, what kind of study techniques I use when reading an assigned chapter, or the well-honed nature (or not!) of my time management skills