

The Coach's Corner (Nov. 28, 2006)

ANNCR: This is "The Coach's Corner" with RIT Tigers hockey coach Wayne Wilson. Here's WYSL 1040's J.C. DeLass.

DELASS: Coach, no games last weekend—what are some of the things the team's been working on in practice now to get ready for this big weekend?

WILSON: Well, what we did last week was we practiced Monday through Wednesday and worked on just a couple things, but kind of just let the guys just relax here a little bit after their exams and enjoy themselves. We gave them the weekend off and then we're back at it.

As we prepare for Holy Cross, they've got a great power play, they're a very quick team, so we are going to have to address things that they do very well. I think we're kind of a rejuvenated team here. We've got a lot of energy back. It's quite a drain as you go through the season and follow that up with exams. Mentally it's draining on you as well. So we're ready to go here this weekend.

DELASS: Two big games at home this weekend—Holy Cross may be your toughest opponent so far.

WILSON: Yeah, I would say so—I mean in conference anyways. Out of conference, we still played the Cornells and the Clarksons and St. Lawrences. So I think those games only help you prepare against the top-level teams in our conference. And we're looking forward to really kind of hosting Holy Cross and seeing where we are in the big picture. We're not in class session, so really there's nothing else really on their minds except for hockey, and that's also great when you're trying to focus in on one team.

ANNCR: RIT Tigers hockey all season long on your local sports leader WYSL 1040, and [wysl1040.com](http://wysl1040.com) on the Web.